Rural Human Services

College of Rural Alaska
Interior-Aleutians Campus  (907) 474-5440
Kuskokwim Campus  (907) 543-4500
Northwest Campus  (907) 443-5602
www.iac.uaf.edu/Rhs/

Certificate
Minimum Requirements for Certificate: 34 Credits

This one-year program facilitates development of strong and healthy rural Alaska Native individuals, families and communities. Developed for village-based human service providers preparing to be natural helpers/healers in their communities, the program provides entry-level training for village-based public, private and volunteer human service organizations.

Drawing extensively on resource people from the Native community, curriculum content and delivery reflects a strong multicultural orientation that validates, incorporates, and builds on Native values and principles.

Courses are offered through a series of four training sessions. Each session lasts three weeks. Students spend the time in intensive study at selected delivery sites. A practicum and electives round out the program.

Admission is open to all individuals employed by a regional Native health corporation or local entity providing delivery of village-based human services, or individuals recognized by their communities as natural helpers/healers. A high school diploma or GED and/or previous training or work experience in the delivery of village-based human services is recommended but not required.

UNDERGRADUATE PROGRAM

MAJOR
Rural Human Services—Certificate

1. Complete the certificate requirements (page 30). (As part of the certificate requirements, complete RHS 110 and 115.)
2. Complete the following courses:
   - RHS 120—Family Systems I* .......................................................... 2
   - RHS 130—Processes of Community Change .......................... 2
   - RHS 140—Alaska Native Values and Principles ...................... 1
   - RHS 150—Introduction to Rural Counseling* ......................... 2
   - RHS 220—Family Systems II* ...................................................... 2
   - RHS 250—Rural Counseling II* .................................................. 2
   - RHS 260—Addictions: Intervention and Treatment* ............. 2
   - RHS 265—Interpersonal Violence* ............................................ 2
   - RHS 275—Introduction to Mental Health Recovery ............... 2
   - RHS 285—Case Management* .................................................. 2
   - RHS 287—Rural Human Services Practicum ........................... 4
   - RHS 290—Grief and Healing* .................................................. 2
3. Minimum credits required .................................................. 34

* The Alcohol and Drug Abuse Certification Review Board has approved these courses toward certification or recertification of Substance Abuse Counselors in the state of Alaska.

Note: Students spend the time in intensive study at selected delivery sites.