CULINARY ARTS AND HOSPITALITY

Certificate; A.A.S. Degree
Minimum requirements for certificates: 30 credits; for degree: 60 credits.

The Culinary Arts and Hospitality Department prepares students for careers in this ever-expanding field. Graduates can seek employment in various food service operations or in management of restaurants, bakeries, hotels, hospitals, camps or any other facility that requires food service as part of its operation. Certificates in culinary arts or baking and pastry arts as well as an associate degree in culinary arts are offered.

Certificate Program — Culinary Arts
1. Complete the general university requirements (page 107).
2. Complete the certificate requirements. (See page 107. As part of the certificate requirements, CAH F256 is recommended to complete the computation requirement and CAH F255 is recommended to complete the human relations requirement.)
3. Complete the following:
   - CAH F101—Introduction to the Culinary Field ........................................ 1
   - CAH F140—Culinary I — Principles and Techniques ................................. 4
   - CAH F146—Introduction to Baking and Pastry ........................................ 4
   - CAH F150—Food Service Sanitation ...................................................... 2
4. Complete 10–13 credits from the following:
   - CAH F141—Culinary II — Stocks, Soups and Sauces ................................. 4
   - CAH F154—Food and Beverage Service ................................................. 2
   - CAH F160—Principles of Nutrition ....................................................... 2
   - CAH F170—Gourmet Cooking ............................................................... 2
   - CAH F172—Gourmet Asian Cooking ...................................................... 2
   - CAH F174—Vegetarian Cooking ............................................................ 2
   - CAH F175—Protein Fabrication .............................................................. 3
   - CAH F176—Heart-Healthy and Diabetic Cooking ..................................... 2
   - CAH F230—Menu Planning ................................................................... 1
   - CAH F242—Culinary III — Vegetables and Starches ................................. 2
   - CAH F243—Culinary IV — À la Carte Cookery ........................................ 4
   - CAH F248—Intermediate Baking and Pastry .......................................... 4
   - CAH F250—Garde-Manger .................................................................... 4
   - CAH F253—Storeroom Purchasing and Receiving .................................... 2
   - CAH F256—Restaurant and Hospitality Cost Management...................... 2
5. Minimum credits required ........................................................................ 30

Certificate Program — Baking and Pastry Arts
1. Complete the general university requirements (page 108).
2. Complete the certificate requirements. (See page 108. As part of the certificate requirements, CAH F256 is recommended to complete the computation requirement and CAH F255 is recommended to complete the human relations requirement.)
3. Complete the following:
   - CAH F101—Introduction to the Culinary Field ........................................ 1
   - CAH F140—Culinary I — Principles and Techniques ................................. 4
   - CAH F146—Introduction to Baking and Pastry ........................................ 4
   - CAH F150—Food Service Sanitation ...................................................... 2
   - CAH F248—Intermediate Baking and Pastry .......................................... 4
4. Choose 6–9 credits from the following:
   - CAH F171—Gourmet Baking ................................................................ 2
   - CAH F176—Heart-Healthy and Diabetic Cooking ..................................... 2
   - CAH F180—Artisan Breads .................................................................. 2
   - CAH F181—International Breads ............................................................ 2
   - CAH F230—Menu Planning ................................................................... 1
5. Minimum credits required ........................................................................ 30

Major — A.A.S. Degree
1. Complete the general university requirements (page 108).
2. Complete the A.A.S. degree requirements. (See page 108. As part of the degree requirement, CAH F255 is recommended to complete the human relations requirement.)
3. Complete the following program (major) requirements:*  
   - CAH F101—Introduction to the Culinary Field ........................................ 1
   - CAH F140—Culinary I — Principles and Techniques ................................. 4
   - CAH F141—Culinary II — Stocks, Soups and Sauces ................................. 4
   - CAH F146—Introduction to Baking and Pastry ........................................ 4
   - CAH F150—Food Service Sanitation ...................................................... 2
   - CAH F154—Food and Beverage Service ................................................. 2
   - CAH F160—Culinary Nutrition ................................................................. 2
   - CAH F175—Protein Fabrication ............................................................... 3
   - CAH F199—Culinary Arts Externship ..................................................... 2
   - CAH F230—Menu Planning ................................................................... 1
   - CAH F242—Culinary III — Vegetables and Starches ................................. 4
   - CAH F243—Culinary IV — À la Carte Cookery ........................................ 4
   - CAH F248—Intermediate Baking and Pastry .......................................... 4
   - CAH F250—Garde-Manger .................................................................... 4
   - CAH F253—Storeroom Purchasing and Receiving .................................... 2
   - CAH F256—Restaurant and Hospitality Cost Management...................... 2
4. Minimum credits required ........................................................................ 60

* Students must earn a C- grade or better in each course.
Certificate Requirements

Communication ........................................... 2-3 Credits

Complete one of the following:
- ENGL F111X—Introduction to Academic Writing (3)
- ABUS F170—Business English (3)
- ABUS F271—Business Communications (3)
- ENGL F211X—Academic Writing about Literature (3)
- ENGL F212—Business, Grant and Report Writing (3)
- ENGL F213X—Academic Writing about the Social and Natural Sciences (3)
- COMM F212X—Introduction to Interpersonal Communication (3)
- COMM F313X—Fundamentals of Oral Communication: Group Context (3)
- COMM F413X—Fundamentals of Oral Communication: Public Context (3)

* ENGL F212 does not fulfill the second half of the written communication requirement for the bachelor's degree.

Computation ........................................... 2-3 Credits

Complete one of the following:
- Any course at the F100-level or above in mathematical sciences (computer science, math or statistics) (3)
- ABUS F155—Business Math (3)
- DEV M F105—Intermediate Algebra (3)
- ECE F117—Math Skills for Early Childhood Educators (3)
- HLTH F116—Mathematics in Health Care (3)
- HUMS F117—Math Skills for Human Services (3)
- TTCH F131—Mathematics for the Trades (3)
- Other program-approved discipline-based computation course or discipline-based courses with embedded computation content (2-3)

Human Relations ........................................... 2-3 Credits

Complete one of the following:
- ANTH F100X/SOC F100X—Individual, Society and Culture (s) (3)
- ABUS F154—Human Relations (3)
- ANL F287—Teaching Methods for Alaska Native Languages (h) (3)
- ECE F104—Child Development: Prenatal, Infants and Toddlers (s) (3)
- ECE F107—Child Development II: Preschool and Primary Years (s) (3)
- ED/PSY F245—Child Development (s) (3)
- HLTH F106—Human Behavior in Health Care (s) (3)
- HUMS F120—Cultural Diversity in Human Services (3)
- RHS F110—Cross-Cultural Bridging Skills (1) AND RHS F115—Issues of Personal Development (2)
- Other program-approved discipline-based human relations or discipline-based courses with embedded human relations content (2-3)

Major specialty ........................................... at least 21 Credits

Electives to total ........................................... 30 Credits

Associate of Applied Science Requirements

Written Communication ........................................... 6 Credits

Complete one of the following:
- ENGL F111X—Introduction to Academic Writing (3)
- ABUS F171—Business Communications (3)
- ENGL F211X—Academic Writing about Literature (3)
- ENGL F212—Business, Grant and Report Writing (3)
- ENGL F213X—Academic Writing about the Social and Natural Sciences (3)
- ENGL F214X—Academic Writing about the Social and Natural Sciences (3)

* ENGL F212 does not fulfill the second half of the written communication requirement for the bachelor's degree.

Oral Communication ........................................... 3 Credits

Complete one of the following:
- COMM F212X—Introduction to Interpersonal Communication (3)
- COMM F313X—Fundamentals of Oral Communication: Group Context (3)
- COMM F413X—Fundamentals of Oral Communication: Public Context (3)

Computation ........................................... 3 Credits

Complete one of the following:
- Any course at the F100 level or above in mathematical sciences (computer science, math or statistics) (3)
- ABUS F155—Business Math (3)
- DEV M F105—Intermediate Algebra (3)
- ECE F117—Math Skills for Early Childhood Educators (3)
- HLTH F116—Mathematics in Health Care (3)
- HUMS F117—Math Skills for Human Services (3)
- TTCH F131—Mathematics for the Trades (3)
- Other program-approved discipline-based computation course or discipline-based courses with embedded computation content (3)

Human Relations ........................................... 3 Credits

Complete one of the following:
- ANTH F100X/SOC F100X—Individual, Society and Culture (s) (3)
- ABUS F154—Human Relations (3)
- ANL F287—Teaching Methods for Alaska Native Languages (h) (3)
- ECE F104—Child Development: Prenatal, Infants and Toddlers (s) (3)
- ECE F107—Child Development II: Preschool and Primary Years (s) (3)
- ED/PSY F245—Child Development (s) (3)
- HLTH F106—Human Behavior in Health Care (s) (3)
- HUMS F120—Cultural Diversity in Human Services (3)
- RHS F110—Cross-Cultural Bridging Skills (1) AND RHS F115—Issues of Personal Development (2)
- Other program-approved discipline-based human relations course or discipline-based course with embedded human relations content (3)

Major specialty ........................................... at least 30 Credits

Electives to total ........................................... 60 Credits

Minimum credits required for degree ........................................... 60 Credits