Welcome to the UAF
Student Recreation Center
Indoor Climbing Wall

---------------------------------RULES & REGULATIONS---------------------------------

1. BOULDERERS, ROPED CLIMBERS, AND BELAYERS MUST WEAR CERTIFICATION CARD
   Every person climbing and belaying must have completed the climbing wall safety orientation. The climber's cert card must be visible to climbing staff at all times. Climbers without cards will be asked to either take the safety orientation or leave the climbing wall. Climbing facility staff has the right to revoke your climbing privileges.

2. BE AWARE OF YOUR SURROUNDINGS
   We are in a climbing gym, which means it’s also a falling gym. Be aware and stay out of the “swing zones”. This is where roped climbers will swing when they fall, and also where boulderers will land when they fall. Standing under climbers and/or route setters means gear may also fall on you.

3. BOULDER BELOW THE YELLOW LINE ONLY
   Bouldering is allowed during all facility hours to those who have completed the safety orientation. No topping out on the ledge.

4. HARNESSES MUST BE COMMERCIALY MADE
   All harnesses must be commercially made by a reputable company, must be in good condition, and properly fit to the wearer. All buckles must be doubled back, and checked by both climber and belayer. Harnesses are available for check-out at the SRC front desk.

5. CLIMBERS MUST TIE IN WITH A REWOVEN FIGURE-8
   Climbers must tie a rewoven figure-8 knot directly to their harness. No locking carabiners or bowlines allowed. Rewoven figure-8 knots must have appropriate tail, and be checked by belayer.

6. BELAYERS MUST USE THE PROVIDED GRI-GRI STATIONS
   Belay devices must be attached to the harness of the belayer by means of a locking carabiner. Only DRAW belay devices are allowed at the wall.

7. CLIMB WITHIN YOUR “CONE” TO AVOID A SWING
   Be sure that the route you choose to follow ends at the anchor of the rope you are using. You may start 5 to 8 feet to the side, but as you climb higher, you must be below the anchor to avoid a hard swing. Do not climb above top-rope anchors, same principle.

8. DO NOT CLIMB BELOW OTHER CLIMBERS
   Upper climber has right of way. Likewise do not stand under climbers or route setters. Setting equipment or climbers falling on you will hurt.

9. LEAD CLIMBING IS NOT ALLOWED
   Lead climbing is only allowed when a lead climbing instructor is supervising. Mock-lead climbing, where a climber, belayed at a top rope station, drags a second rope to simulate lead climbing, is permissible.

10. DRY TOOLING WITH ICE TOOLS IS NOT ALLOWED
    Ice tools and crampons damage indoor climbing surfaces. You may use DRY ICE tools that use a rubber loop to hook the holds.
11. NO FINGERS IN BOLT HANGERS
Bolt hangers are for carabiners only, they may seriously injure your fingers.

12. KEEP YOUR CHALK CONTAINED
Chalk on the floor and in the air makes for a dirty and unhealthy gym environment.

13. TIE ROPES BACK
When finished using a rope, tie it back to the ground anchor. This keeps it out of the way of other climbers and keeps it in reach for the next climbers.

14. RESPECT CLIMBING GEAR
Don't step on ropes. Don’t leave gear on the floor. Keep climbers on a tight belay. Lower the climber slowly.

15. NO FOOD OR BEVERAGES ALLOWED
Water bottles are permissible.

16. MINORS REQUIRE SUPERVISION
Climbers under the age of 18 must have a risk waiver signed by a legal guardian and must be supervised by a certified climber. No person under 14 is allowed to belay without staff backup and permission.

17. NO CURSING OR LOUD OFFENSIVE LANGUAGE
You will be asked to leave the gym.

18. NO BARE FEET
The SRC requires that shoes be worn throughout the facility and the climbing gym is no exception. No one wants their hands to smell like your feet.

19. DO NOT BLEED ON THE WALL
Get a Band-Aid or duct tape. Seriously that’s gross dude.

20. PLEASE WEAR A SHIRT
It’s not that hot in here. Besides, the SRC requires that you do.

21. REMOVE JEWELRY BEFORE CLIMBING
Rings, loose fitting jewelry and hoop earrings are prohibited. Large earrings and necklaces can get stuck in a belay device, and rings may seriously injure fingers.

22. DO NOT ALTER TAPED ROUTES
Respect the efforts and training goals of others by leaving taped routes as they are found. Rotating or removing marked holds undermines the energies of hardworking volunteers. Take a route setting clinic to make your own routes.

23. NO ALCOHOL, DRUGS OR TOBACCO
Zero tolerance.

24. TAKE YOUR TRASH WITH YOU
Zero tolerance.

Failure to abide by these rules will cause revocation of climbing wall, and possibly SRC use privileges. Revocation may be from (1) week up to indefinitely, depending on severity and recurrence of infractions.