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| 10:30–11:45 a.m.            | • Welcome from UAF Chancellor Dana Thomas  
• Longevity Awards presentation | Schaible Auditorium                                        |
| 11:45 a.m.–1 p.m.          | Lunch (Registration required)                                          | Wood Center buffet at the Alaska Grill                    |
| On your own                 | Centennial trivia tour                                                 | Start in third floor Signers’ Hall                        |
| 1 - 2 p.m.; 2:15 - 3:15 p.m.| Campus tours                                                          | Meet at first floor Signers’ Hall                         |
| 12:30 – 7 p.m.             | Open UAF Student Recreation Center                                     | Bring your PolarExpress card and clean shoes!             |
| 3:30 - 4:30 p.m.           | Chancellor’s Ice Cream & Sherbet Social                                | Outside of the Engineering Building                       |

**SESSION I  1-2 P.M.**

**It’s the Bees Knees!: Beekeeping in the Interior**
Grue 202
Come learn about beekeeping in Fairbanks. This interactive presentation will provide an overview of the equipment and tools needed, how to care for a hive, as well as the advantages & challenges Fairbanks beekeepers face. Session will be led by Ginne Kinne and Lillian Anderson-Misel.

**Grow It & Eat It**
Grue 205
Gain tips for growing vegetables, herbs and even edible flowers. Learn what you can grow from seed right now, and what transplants you might need to buy. We will focus on vegetables that grow well in Fairbanks and, if time allows, on fruits you can grow here. This session will be led by Emily Reiter.

**When Your Job is Like Riding a Bike...But the Bike is On Fire...and Everything is On Fire!**
Grue 206
With UAF’s budget shortages, employees are asked to take on more responsibilities daily. Cam Wohlford will share his tips to juggle multiple projects, so you can keep your head above water…and not on fire.

**The Speed of Trust: An Overview**
Grue 208
Learn the basic principles outlined in Stephen M.R. Covey’s 2006 book *The Speed of Trust*. This session will be led by Keli Hite-McGee.

**WordPress Basics & Practical Application**
Grue 301
Learn WordPress basics and the steps to create your own WordPress site, while practicing tips to update materials, load correctly sized images and prepping your work for accessibility. This session will be led by Janene McMahan.

**Yoga Basic**
SRC
Just what it sounds like! This active class will provide some yoga basics to improve overall mood, physique and peace of mind. Marsha Munsell will lead the session.

**SESSION II  2:15-3:15 P.M.**

**Security for Humans**
Grue 202
Things you can start doing today to increase your security awareness at home, at the office and on the go. This session will be lead by Jeannette Okinczyc.

**Take Control of Your Feed: Getting the Most out of Facebook & Instagram**
Grue 205
Spend an hour with the UAF social media administrator learning how to improve your Facebook experience. Whether it’s wondering why you see the ads you do or why you don’t see more from the people you are closest to then come to this session.

**Advanced Excel Topics**
Grue 206
A review of advanced Excel tips & tricks to help employees gain efficiencies in daily tasks. Jason Theis will lead the session.

**Epigenetics: Unlocking Your Genetic Potential**
Grue 208
Discover the fascinating world of epigenetics with Dr. Jade Robins, N.D. from the Alaska Center for Natural Medicine. Dr. Robins will draw key connections between your environment and the expression of your personal genome. Learn how your environment (diet, exercise, stress levels, sleep patterns, etc.) can turn on and off your genes throughout your life.

**Why Did We Get a New Big Blue Dish?**
Grue 301
A visible landmark for more than 25 years, the large dish atop the Elvey Building was replaced by a new big blue dish. Learn why the dish was replaced and what it means for the Alaska Satellite Facility, the Geophysical Institute and university at large. A representative from ASF will lead this session.

**Zumba Fitness**
SRC
Come join the Zumba fun and let the rhythms of salsa, merengue, cumbia, reggae and more whisk you away! One-hour, non-stop shimmy and shaking for all. Reina Hastings will lead this session.

*Session offered in Google Hangouts*