CONNECT TO SOMETHING BIG AT FRED MEYER THIS SUMMER!

Big ideas. Big dreams. Big opportunity.

At Fred Meyer, we’re so much more than a grocery store. We’re a friendly team working together to feed families and communities every day. If you are looking for a competitive, structured Internship Program, we got you covered. **Apply today @ FMINTERNS@FREDMEYER.COM.** Last day to submit Resumes > 3/25/2016

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**Pay & Minimum Qualification Needed @ Fred Meyer**

- Competitive pay > $15/hour
- Junior Standing, 3.0 GPA or above, Eligible to work in U.S
- Customer Service experience desired
- Weekly paychecks (your money when you need it)
- 40 Hour work week during the Internship
- Hourly Job Opportunities Available during your Senior Year
- Flexible schedule (more than just 9 to 5)
  - And you’ll know your schedule two weeks in advance
  - Take Summer Classes while doing an Internship

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**Opportunity @ Fred Meyer**

- Promotions and advancement (this is just the beginning for you)
  - Two-thirds of our leaders started out working in a store
- Training, coaching, mentoring (we see your potential)
- Education discounts at select universities
- Tuition Reimbursement
- WAFC Reimbursement/Partner
- Interview for a permanent position at the end of the Internship
Health & Wellness @ Fred Meyer after your Internship

- Opportunity for health care benefits (your health & wellness is important to us)
  - Medical, prescription, dental and vision
  - Part-time associates are eligible after one year of service and work an average of at least 28 hours a week
    - Dental and Vision (only) available after one year of service and work an average of 20 hours a week
  - Full-time associates (hired with the expectation of working 30 or more hours per week) are eligible after the first of the month following 60 days of service and work an average of at least 30 hours a week (for you and your dependents)
- Income replacement benefits (support when you need it most)
  - Life Insurance and Disability pay
  - Part-time associates eligible after one year and work an average of at least 28 hours a week
  - Full-time associates eligible after 60 days and work an average of at least 30 hours a week
- Receive special rates to LA Fitness locations including reduced monthly fees and $0 to sign-up
- Associates and their families receive special discounts to Weight Watchers

Future @ Fred Meyer

- Company funded pension plan and opportunity to enroll in a 401(k)
  - Subject to eligibility, vesting and other requirements according to the specific plan
- Own a piece of the company with as little as $5 a paycheck with the Kroger Stock Purchase Plan (and we’ll pay the broker fees!)

Perks @ Fred Meyer

- Discounts, other perks (you get more than a paycheck)
  - 10% off all Corporate brands like Private Selection, Simple Truth, Wise Owl (P$$t), Home Sense, Big K, Bakery Fresh, Kroger brand and much more!
  - Special weekly “Silent Sales” for Associates
  - Cell phone discounts at AT&T, I-Wireless, Sprint, T-Mobile and Verizon
  - Computer and software discounts at Apple, Dell, HP, Lenovo and PCM/Sarcom
  - Jewelry discount at Fred Meyer Jewelers and Littman Jewelers
  - Floral discount at Kroger.com

Community @ Fred Meyer

- Be a part of a team (together we’ll make a difference)
- Be a part of something bigger (serve your community)
  - Honoring Our Heroes, proud to support veterans and their families
  - Bringing Hope to the Table, donating millions of meals to those in need
  - Sharing Courage, we support women’s health initiatives
  - Local Pacific Northwest Community Involvement, we are proud of our community