CROSS-CULTURAL COUNSELING  
COUN F660/PSY F661 (3 Credits)  
Summer 2013, M, T, W  
5:15-7:45, 717 Gruening

Instructor: Joni Simpson, M. Ed., L. P. C.  
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907-460-6634 (Phone and Text)  
Twitter JoniSimpson@SchoolCareer

Call-In-Number: 800-570-3591    PIN: 4061795

Course Description  
The purpose of the Cross-Cultural Counseling course is to provide the students with opportunities to develop counseling skills necessary for becoming an effective practitioner with individuals culturally different from themselves.

Student Learning Objectives  
This course is designed to:

- Sensitize students to their own level of ethnic/cultural identity development.
- Help students explore their own assumptions, values, and biases about human behavior, and to gain an understanding of how these factors affect their definitions of what constitutes normal-abnormal behavior.
- Help students become more comfortable with differences that exist between themselves and individuals who differ in terms of gender, ethnicity, culture, or belief systems.
- Help students communicate more effectively both verbally and nonverbally with culturally different individuals by being able to generate a wide variety of responses.
- Help students identify their level of competence for providing counseling services to the culturally different, and to recognize their professional obligation for learning more about issues impacting various populations.
- Help students develop a more thorough understanding, appreciation, and respect for ethnic/cultural differences.

Required Texts  


Course Evaluation/Requirements

1. **Class Participation:** Attendance and participation in class is required. It is expected that students will come to class prepared—completed readings and assignments and ready to participate in class discussions. Students must notify the instructor prior to the class session if they will not be able to attend. Absence does not relieve a student from the responsibility of completing all assignments prior to the due date, or for material presented in a missed class session. For any missed class, you will be expected to turn in a word-processed summary of the reading material with additional thought regarding the topic discussed. Late assignments will not be accepted without prior approval from the instructor. Additionally, be very mindful that all personal information shared in class should be kept confidential.

2. **Written Papers and Presentations:** All papers need to be typed, double-spaced, and include a list of references where applicable. Papers are expected to be well written, well thought out, and be grammatically correct. Unless stated otherwise, writing should conform to APA style, including citations and references.

   **Journal Critique:** One journal critique will be required during this course. You need to do a critical review of a journal article relevant to cross-cultural counseling (reading should be from a scholarly professional counseling journal). Students are expected to read, analyze, react and report about their articles. First, summarize the key points of the article. Be sure to include any relevant information regarding design, methodology, significant findings, and conclusions. Next include your own critique of the article—how is this article significant to the field of counseling, to this course, and to you personally. In addition to proper referencing of the article, a copy of the journal article is to be attached. Papers should be approximately 2-3 pages. Students will be expected to discuss their article with the class. **Due June 3rd**

   **Personal Perspective Paper:** The purpose of this paper is to have you examine your development as an ethnic and cultural being. Your task is to openly explore your attitudes, beliefs, values, thoughts and actions in relation to self and others both with and outside your ethnic group. You may draw upon a model for Minority or White Identity Development. The paper is to be approximately 6-8 pages in length. **Due June 10th.**

   **Reaction Paper:** The class will be reading Reimer’s book *Counseling the Inupiat Eskimo* and will be discussing the contents in relation to the counseling issues of specific Alaskan populations. Students should write an analysis of the book discussing specific cultural dimensions involved in counseling this population (history, values, techniques, etc.) and various theoretical implications to the field of counseling. The paper is to be approximately 6-8 pages in length. **Due June 19th.**
Specific Cultural Paper and Presentation: During this class we will be exploring specific cultures and appropriate counseling strategies. You will sign up to teach the class on a chosen cultural group. Topics to be covered in your lesson and paper are: 1. Characteristics and Strengths 2. Specific challenges and 3. Implications for clinical practice. Your paper needs to reflect concepts covered in your presentation, however, both should contain additional information. The presentation must include a PowerPoint or Prezi. The paper is to be approximately 10-12 pages in length and the presentation should be 45 minutes to 1 hour. Paper due July 3, by midnight.

3. Final Exam:
The exam will be a take home exam. Exam will be posted on BlackBoard by June 19th. Exam is due no later than midnight July 3rd.

Grading
Grades will be based on the following:

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<tr>
<th>Component</th>
<th>Points</th>
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<tr>
<td>Class Participation</td>
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<tr>
<td>Specific Cultural Project Paper</td>
<td>100</td>
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<tr>
<td>Specific Cultural Project Paper</td>
<td>50</td>
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<tr>
<td>Personal Perspective Paper</td>
<td>100</td>
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<tr>
<td>Journal Critique</td>
<td>50</td>
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<td>Book Reaction Paper</td>
<td>100</td>
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<td>Final Exam</td>
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<td><strong>Total</strong></td>
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Grading Scale

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<tr>
<th>Percentage Range</th>
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<tr>
<td>93%-100%</td>
<td>A</td>
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<tr>
<td>85%-92%</td>
<td>B</td>
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<tr>
<td>77%-84%</td>
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A grade of D or lower on any assignment will need to be redone until a grade of C or better is achieved. Grading rubrics will be provided for all assignments.

Calendar and Topics to be Discussed

May 28
- Course Overview
- Sue & Sue Chapters 1-3: Conceptual Dimensions
- Micro Chapter 1

- Sue & Sue Chapters 4-6: Political and Practice
- Micro Chapter 2
May 29  
Sue & Sue Chapters 7-10: Practice Dimensions  
Micro Chapter 3

June 3  
**Journal Critique and Presentation Due**

June 4  
Sue & Sue Chapters 11-12: Identity Development  
Micro Chapter 4

June 5  
Sue & Sue Chapter 13-14: African Americans  
Micro Chapter 5

June 10  
Sue & Sue Chapter 17: Hispanic and Latino Americans  
Micro Chapter 6  
**Personal Perspective Paper Due**

June 11  
Sue & Sue Chapter 15: American Indians/Alaska Natives  
Micro Chapter 7

June 12  
Sue & Sue Chapter 16: Asian Americans  
Micro Chapter 8

June 17  
Sue & Sue Chapters 18: Individuals of Multiracial Descent  
Micro Chapter 9

June 18  
Sue & Sue Chapter 19 & 20: Arab Americans & Jewish Americans  
Micro Chapter 10

June 19  
Sue & Sue Chapter 21: Immigrants and Refugees  
Micro Chapter 11  
**Reaction Paper to Reimer: Counseling the Inupiat Eskimo due**

June 24  
Sue & Sue Chapter 22: Counseling Sexual Minorities  
Micro Chapter 12

July 25  
Sue & Sue Chapter 23: Counseling Older Adults

July 26  
Sue & Sue Chapter 24: Counseling Women

July 1  
Sue & Sue Chapter 25: Counseling People with Disabilities

July 2  
Sue & Sue Chapter 26: Counseling People of Poverty

July 3  
**Final Exam Due**
**Course Policies**

Students are required to obtain a university-issued username for use of email and Blackboard. If the university server is not your primary email address, you are expected to set it up so that all emails are forwarded from the university server account. Additionally, students are required to access Blackboard regularly for announcements, documents, and other postings.

An incomplete grade (I) will be assigned only if two conditions have been met. First, the student must have completed the majority of course work, written assignments, presentations, and examinations, and earned a grade of “C” or better. Normally, a grade of “I” will be given only when there has been participation until at least the last three weeks of the semester. Second, documented evidence must be submitted to substantiate the fact that course completion was prevented because of personal problems, such as a medical or family emergency. Fail to complete the course, whether due to negligence or indifference, will result in a grade of “F: unless there has been an official course withdrawal. If an “I” is assigned, completion of all course work is the responsibility of the student. All course work must be completed within one year following the semester that the “I” was given.

Students must abide by academic integrity standards as outlined in the Student Code of Conduct found in the UAF Catalog: Academic and Regulations Chapter. The UAF Code of Conduct can be found online at http://www.uaf.edu/catalog/current/academics/regs3.html#Student_Conduct. In this course if it is found that a student has knowingly plagiarized they may receive a failing grade for the course. Remember to use proper citation to avoid plagiarism.

Plagiarism is representing someone else’s ideas and work as your own. Plagiarism includes not only copying verbatim, but also rephrasing the ideas of another without properly acknowledging the source. As they prepare and submit work to meet course requirements, whether a draft or a final version of a paper or project, students must take great care to distinguish their own ideas and language from information derived from sources. Sources include published primary and secondary materials, electronic media, and information and opinions gained directly from other people. (Capella University Learner Handbook, 2006, p. 14)

**Support Services**

Writing support services are available on the UAF Campus in the Writing Center, located in 801 Gruening Guilding, or can be reached at 907-474-5314 or 800-478-5246. The website address is http://www.uaf.edu/English/writingcenter/

**Disability Services:**
The Office of Disability Services (ODS) implements the Americans with Disabilities Act (ADA), and ensures that UAF students have equal access to the campus and course materials. Disability Services, a part of UAF’s Center for Health and Counseling, provides the academic accommodations to enrolled students who are identified as being eligible for services. The faculty of the Counseling Program makes every effort to work in conjunction with ODS to provide the necessary accommodations for all identified students enrolled in our courses. If you believe you are eligible, please contact Disability Services on the UAF campus at 208 Whitaker, 907-474-5655, fyds@uaf.edu, or visit http://www.uaf.edu/chc/disability.htm on the web or contact a student affairs staff person at your nearest local campus.