JUST/HUMS 125

Introduction to Addictive Processes

Summer, 2015

3 Credits

**Please note that there are specific deadlines (dates) for discussion boards, assignments and exams to be completed. Failure to complete these items by the specified deadline will result in zero credit for that item.**

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Office Hrs: By Appointment (**Primary means of contact during the summer is via e-mail**) 

Course Description

Study from the Disease Concept/Bio-Psycho-Social model of addiction, with an emphasis on addiction in relation to mind/mood altering substances.

Student Learning Outcomes

- Students will demonstrate an understanding of the Disease Concept of Addiction
- Students will identify the symptomology related to the illness of Chemical Dependency.
- Students will demonstrate an understanding of the common drugs of abuse, along with the basic Pharmacology of those drugs.
- Students will gain an appreciation of the Chemically Dependent Denial System and related ego defenses.
- Students will gain familiarity with the Evaluation and Assessment process.
- Students will recognize the similarities among/between a variety of addictive behaviors.
- Identify the basic steps in the Intervention process
- Understand the basic concepts of the 12 Step Model and Support Groups
- Recognize the challenges in working with Dual Disorders

Course Grading
Exam 1= 80 Points
Exam 2= 80 Points
Exam 3 = 80 Points

Audio Class Attendance: 120 Points 12 Audio Sessions @ 10 pts. each

Discussion Board = 60 Points (10 pts. each)
Assignments = 120 Points (10 pts. each)

Total: 540 Points possible

490--540 Pts. = A
440--489 Pts. = B
385--439 Pts. = C
340--384 Pts. = D
Less than 340 Pts. = F

Exams
Exams will be primarily in a multiple choice format (with some additional true/false) and are posted under Course Documents. Each exam consists of (40) multiple choice questions worth (2) points each. The exams are NOT cumulative in nature, and will be based on Text Readings, Lecture materials and Audio Files. Students can refer to their text and course documents to assist with the exams. Exams must be completed by a specific date; failure to complete a given exam by the due date will result in a score of zero for that particular exam.

Discussion Board
There is a discussion board question which corresponds to the second week of each module. Each student is required to post a minimum of (3) postings (comments) to the board each week, completing their initial response to the discussion question, along with responding to (2) of their fellow students' posts. When responding to a fellow student, please indicate the student you are responding to by name. Each discussion board is worth (10) points, with specific dates for each board noted. Discussions will typically run from Monday morning through Wednesday evenings. **Please note the discussion board evaluation tool or "rubric" which is found at the bottom of your Syllabus.** "A"= 9-10 pts.; "B"= 7-8 pts.; "C"= 5-6 pts. "D"= less than 5 pts. I would encourage everyone to post their comments early in the discussion period, rather than sitting back and waiting until the last day.

Text

Method of Instruction
The course is conducted as a combination web-based course, utilizing posted Lecture materials, Assignments, and Discussion Boards through Blackboard, **along with a once per week audio session with the instructor** (Tuesdays, 6—8:00 p.m.) The teleconference number and access code will be provided to registered students prior to the first audio meeting on May 26th.

Course Activities
Our course consists of a total of (6) Modules, with each covering a 2-week period. Each Module contains (2) assignments with a given due date. To submit your assignments, click on the assignment "Assignment 1", etc., and you will be provided with a text submission option to complete your assignment, or if you wish, you can attach a word document. In many cases students prefer this option. This function allows students to submit their assignments, make comments about the assignment and attach files to complete the assignment. You are also given the option to save an assignment or submit the assignment.

**Please note that the SUBMIT BUTTON must be selected in order to send the assignment to the Instructor.** **Once an assignment has been scored, the student can go back and click on "My Grades" function, review the assigned points and see instructor feedback.** **Please do not send assignments via e-mail, instead use the assignment function described above. If you will be attaching a document when using this function, PLEASE USE A WORD DOCUMENT AS YOUR ATTACHMENT.**

In terms of managing the course, it would be helpful to you to first read the Text material (Chapters), then the Lecture or Web links under Course Documents. (additional links are found under each lesson). Once these are completed for each lesson you are on, go to the Assignments (complete and forward to instructor). The Instructor will make all efforts to review and score assignments within 24—48 hrs.

As noted earlier, there is a Discussion Board question posted for specific weeks. All students must respond by Wednesday, 10:00 p.m. of that particular discussion period. (discussion periods will run from Mon.—Wed., 10:00p.m.) Students should plan on posting at least (3) responses for each discussion question; one original response to the question, along with responding to (2) of your classmates responses. PLEASE AVOID WAITING UNTIL THE LAST DAY/FINAL HOURS TO RESPOND TO QUESTIONS; IF YOU DO, YOUR RESPONSES WILL MOST LIKELY NOT BE READ BY FELLOW STUDENTS, AND YOU MISS OUT ON THE LEARNING PROCESS. It is hoped that a dialogue can be developed between the students on these particular questions. The instructor will play an active role in these discussions as well, "stirring the pot".

COURSE SCHEDULE:

**AUDIO SESSION DATES** Every Tuesday, 6:00—8:00 p.m. (May 26th) (June 2, 9,16, 23,30) (July 7, 14, 21, 28) (August 4, 11)
MODULE 1: (May 25—June 7)
Defining Addiction/Scope of the Problem
Medical Model of Addiction/Cycle of Addiction/Psycho-Social Models
Reading: Chapters 1, 2, 25,

MODULE 2: (June 8---21)
Denial System/Chemically Dependent Belief System, Psych/Physical Dependency
Reading: Chapter 26, NIDA Link, (go to Web Links button) Notes on Psychological Dependency

MODULE 3: Screening/Evaluation/Intervention (June 22---July 5)
Reading: Chapter 27,28

MODULE 4: (July 6--19)
Introduction to Pharmacology/Alcohol
Reading: Chapters 3,4,5

MODULE 5: (July 20--Aug. 2)
Cocaine and Amphetamines
Reading: Chapters 8,9

MODULE 6: (Aug. 3--14)
Opiates/Dual-Diagnosis/Support Groups
Reading: Chps. 11, 24, 34

**A note on course Progress**
Please again note that you can certainly work ahead in the course as noted in the initial course announcement, but there are specific deadlines for each discussion item and assignment. Failure to complete the discussion board and/or assignment by the posted date will result in receiving no credit (zero) for that particular item. The instructor reserves the right to complete a faculty-initiated withdrawal of those students who fail to make adequate progress in the course. If you are having difficulties, it is best to contact the instructor as soon as possible.

**ACADEMIC INTEGRITY**
Please note that UAF requires all students to conduct themselves honestly and responsibly. The University may initiate disciplinary actions and impose sanctions against any student found committing or attempting to commit cheating, plagiarism or other forms of academic dishonesty.

UAF Disability Services: For students requiring an accommodation or for information on Disability Services, please contact the office at (907) 474-5655 or www.uaf.edu/disability.

Technical Support: Students requiring technical support can contact the UAF Help Desk at (907) 474-6564, or helpdesk@uaf.edu

**Web Browser: Firefox seems to be the most effective browser to use with the Blackboard platform. You should also plan to have the latest version of Java by going to java.com**