Frequently Asked Questions (FAQ) About HUMS

How can Distance Education help me reach my educational goals?

Rural and extended campus students may complete an associate of applied science degree (AAS) in Human Services (HUMS) without moving to a main campus location. All 63 credit hours required for the degree are available by a statewide distance delivery system. All you need is a phone, computer and internet connection. Practicum placements will be coordinated locally unless you wish to experience a different location and agency.

Mission Statement:
In the field of Human Services we learn from each other by bridging Traditional and Western knowledge to strengthen the helping profession.

Call Us, We Can Help!
(888) 474-5207 or (907) 474-5207
uaf-iacinfo@alaska.edu~ www.uaf.edu/iac

Registration ~ Financial Aid
Advising ~ Technical Support
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For More Information:
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Human Services (HUMS)

About HUMS

Students in the Human Services program receive skills-based training within a foundation of theory. After completing foundation courses, students select an area of concentration from the following:

- Addictions counseling
- Behavioral health
- Interdisciplinary concentration.

Students learn interviewing and assessment, case management, crisis intervention, group counseling techniques and other specific skills needed within their concentration area.

Associate Requirements

1. **15 semester credits must be earned at UAF**

2. **General Requirements**
   - Communication 9 credits
   - Computation 3 credits
   - Human Relations 3 credits

3. **Major specialty** 27 credits
   - HUMS 101: Intro HUMS (3)
   - HUMS 102: Standards and Practices (2)
   - HUMS 120: Cultural Diversity in Human Services (3)
   - HUMS 125: Intro to Addictive Processes (3)
   - HUMS 202: Standards and Practices II (1)
   - HUMS 215: Individual Interviewing (3)
   - HUMS 232: Human Services Practicum I (3)
   - HUMS 233: Humans Services Practicum II (3)
   - HUMS 301: Ethics in Human Services (3)
   - PSY 101: Introduction to Psychology (3)

4. **Concentration Area**
   - Advisor approved concentration area 19-21 credits
   - Addictions Counseling
   - Behavioral Health
   - Interdisciplinary Concentration

   Credits total for AAS 63 credits

Educational Pathways

**Vision Statement:**
Improving lives and communities through dynamic instruction and learned competencies.

HUMS is part of a UAF educational pipeline where students can complete a HUMS AAS and then begin working on their social work degree.

The program prepares students for entry-level positions in human services agencies. Persons with a strong desire to help others, a sincere respect for mankind and a commitment to their own Personal growth may find this field rewarding.

Students who complete an addictions concentration are eligible for certification as chemical dependency counselors or technicians through the Alaska Commission for Behavioral Health Certification (ACBHC).