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TREES AND SHRUBS FOR INTERIOR ALASKA LANDSCAPES by Patricia S. Holloway

The backbone of any landscape, whether in a home garden or a public landscape, is its trees and shrubs. The choices available to homeowners and businesses in interior, Alaska are small, due in part to the necessity for extreme hardiness, and also to the lack of commercial sources. Below is a list of reliable trees and shrubs that are worth growing in Interior landscapes. Many other trees and shrubs are worth testing but may be hard to find or may have had limited testing in Alaska. Refer to *Georgeson Botanical Note* No 2 for a complete list of landscape plant materials.

TREES

- Alberta Spruce (*Picea glauca* var. *Albertiana*) Botanists note that the Interior white spruce is classified as var. *Albertiana*, but the Alberta spruce available commercially is strikingly different from our local tree. Alberta spruce has large, stiff needles that resemble Colorado blue spruce in color and form. Branches are more widely spaced around the trunk and are stiffly angled rather than softly drooping of our native plants. Plants grow to 30 feet or more and make excellent specimen trees.
- Apples (*Malus* sp.) -many, many cultivars of apples have been grown in Interior, Alaska, and the most reliable cultivars are a Canadian group whose name begins with Nor-: 'Norland', 'Norcue', Norson' etc. These apple trees are hardy but are rarely planted as ornamentals because of the damage caused by moose. These trees require serious protection from moose such as a fence in order to maintain any size. They are best grown in orchards where they can be surrounded by an electrified fence.
- Amur chokecherry (*Prunus maackii*)- a mid-sized tree similar to European birdcherry. Clusters of white flowers bloom in late May or early June. Purple fruits ripen in late August. Fruit is not as abundant or as messy as the birdcherry. The most important ornamental feature of this plant is its copper-colored bark. It really stands out, especially in winter.
- **Black spruce** (*Picea mariana*)- native tree to 30 feet, not the most ornamental tree but useful on cold, north-facing slopes. Cones are small rosettes of scales and may persist for years on the tree. This tree rarely has a good form for landscaping.
- Chokecherry (*Prunus virginiana*) Small shrubby tree excellent for small yards. Clusters of white flowers bloom in late May or early June, very fragrant. Reddish purple edible fruit ripens in August. This species is better for fruit processing than the European birdcherry because of juicier fruit. Two cultivars with burgundy foliage, 'Canada Red' and 'Shubert' are excellent small landscape trees; foliage is a great contrast to the ubiquitous green. Purchase trees in late summer to make sure the foliage will become burgundy. Plants tend to sucker especially when young and may be difficult to keep as single stem.
- Crabapples (Malus species and hybrids, Malus baccata, Malus columbiana)- Beautiful small trees with very large white flowers in June and green to reddish fruit in August. Size and color of fruit varies significantly in seedlings. The species, Malus baccata, is the hardiest crabapple. 'Wien' is a large-fruited selection made by the late John Holm in Fairbanks. Many other cultivars are available, and their success depends on site. They all require a warm site with full sun. 'Dolgo', 'Trailman' and 'Columbia' crabapples all have succeeded at certain locations in interior, Alaska, but they are susceptible to winter injury. The trees are small with stiff branches that are susceptible to breakage from snow loads. Moose love to eat them. They can be pruned into a very stiff hedge.
- European Bird Cherry (*Prunus padus*)- the premier "exotic" ornamental for interior Alaska gardens. A fairly large, rounded tree, nearly as wide as tall when fully mature. Plants flower in late May or June, very fragrant. The purple fruit is ripe in August and attracts birds, especially robins. The plant has stiff branches and is susceptible to breakage from snow loads. Large older branches may die back requiring serious pruning. Older plants tend to sucker from the base making annual pruning a necessity. The fruit makes great jelly and wine. Attracts grayish birdcherry aphids that can deform leaves in some years. This plant is often sold as chokecherry. Do not confuse with the true chokecherry, *Prunus virginiana*.
- Larch or Tamarack (*Larix laricina* and *Larix sibirica*) The native larch (*L. laricina*) is a medium-sized tree to 60 feet in height. It is a deciduous conifer with blue-green foliage. It grows in muskegs throughout interior Alaska and is often difficult to establish on drier sites. It is difficult to find local trees with good form and color. Far more ornamental is the Siberian larch (*L. sibirica*) which is a very large tree to more than 100 feet in height. Growth is more robust with longer straighter branches and trunk. Both species have needles that turn a brilliant gold in autumn. Both species also are susceptible to defoliation by the larch sawfly.
- **Lodgepole pine** (*Pinus contorta* var *latifolia*)- one of the few nonnative conifers that grows well in interior, Alaska. Seed source is very important to the success of this plant, so buy from a local nursery rather than a mail order source. Plants in the Fairbanks area that grow well came from seed sources in Yukon Territory. The tree has an open branching pattern, especially when

planted in shaded areas. The needles are susceptible to sunscald in early spring (needles turn red and die).

- **Douglas Spiraea** (*Spiraea Douglasii*) and **Billiard Spiraea** (*Spiraea x billiardii*) Beautiful upright bushes to 5 feet covered with dense spikes of pink flowers nearly all summer. These shrubs have been grown in the Fairbanks area for more than 30 years. They are closely related and are often mislabeled in the nursery. Both are hardy. They sucker slowly, but are easily manageable by pruning or transplanting.
- **Dwarf birch** (Betula nana) **and shrub or resin birch** (*B. glandulosa*) Dwarf birch is a low, spreading shrub to 3 feet in height. Few commercial sources are available, but it readily grown from seed collected from the wild. It has small rounded, toothed leaves and gland-covered branches. The resin birch (*B. glandulosa*) is a similar shrubby plant but much larger, reaching 10 feet on good sites. The flowers and fruit are not very ornamental, but the glossy green leaves appear very early in spring, and fall color can range from yellow to a brilliant scarlet/yellow. Moose will prune the branches in winter. Both species hybridize readily.
- **European Dwarf Cherry** (*Prunus fruticosa*). An attractive three to four-foot shrub that bears small, edible tart cherries when mature. The fruit is yellow when immature, turning light red when ripe in late August. The plant bears small white flowers in May or early June. The plant makes an attractive low hedge, but it spreads by suckering.
- False spiraea (Sorbaria sorbifolia)-a longtime favorite shrub in ornamental landscapes in the Interior. The plant grows to 4 1/2 feet and produces plumes of creamy white flowers. The finely-dissected compound leaves are quite ornamental and make great additions to cut flower arrangements. This plant is very easy to grow, but suckers readily. This plant is great for very large areas where it can spread easily. It can also be confined to smaller areas by mowing. Florists use the foliage and flowers in cut flower arrangements.
- Green alder (*Alnus incana*) and Mountain alder (*Alnus crispa*)- both alder species are large shrubs that can be pruned heavily into multi-stemmed trees. They make good screens and hold soils on steep banks and waste areas. They are nitrogen-fixing shrubs, good for poor soils. When pruned they can be quite attractive. Plants grow to about 15 feet and are thickly covered with large, toothed light green leaves. Flowering is very early, often before the leaves appear. Late in the season, small cones appear that attract lots of birds. The plants sucker prolifically and can form large thickets.
- **Highbush cranberry** (*Viburnum edule*) few commercial sources of this native shrub are available, but plants are easily propagated by root and stem cuttings. Although the plants are usually 3-4 feet tall in cultivated situations, they can often reach 12 feet on good sites. The plants are open and leggy in shady spots, but get more compact and leafy in full sun. Clusters of white flowers appear in June, and red, edible fruit mature in late August. Fruit is attractive to birds.
- Honeysuckle two main types of honeysuckles are grown in Interior, Alaska: Sweetberry honeysuckle (Lonicera caerulea) and Tatarian honeysuckle (Lonicera tatarica). The Tatarian honeysuckle is a longtime favorite of Fairbanks gardeners. It is an upright shrub to 5 feet in height with fragrant pink to white flowers in June and red or yellow fruit in August. It suffers branch dieback only in the most severe winters. It makes a great hedge or specimen plant. Several named cultivars have been grown in protected locations but are not as hardy as the species. They include 'Arnold Red' and 'Zabellii', both with dark red flowers. The sweetberry honeysuckle has blue-green foliage, small trumpet-shaped yellow flowers and blue fruit in August. This species has reddish stems with interesting spines beneath the buds. The cultivar 'Edulis' has sweeter-tasting fruit than the species and makes a great jam. It also makes a great hedge or barrier.
- Juniper (Juniperus horizontalis and Juniperus communis) both species are native to Alaska, but many cultivars are also available. Many low-growing junipers do well in Alaska gardens. They need ample snow cover in the Interior to prevent needle browning. Juniperus horizontalis (creeping juniper) is a low-growing species that has a lot of variation in form. Some cultivars are creepers that rarely get more than 6 inches tall such as the Blue Rug juniper ('Wiltonii'). Other cultivars are also low, spreading plants but the branches are more upright such as 'Bar Harbor' and 'Yukon Belle'. These plants may reach 12-18 inches in height. The native Juniperus communis (common juniper) forms upright, sprawling bushes that reach 3 feet in height and may reach 10 feet in diameter. Both species are slow to grow, but the common juniper is the slowest. Common juniper is also difficult to propagate, so it is not often sold in commercial nurseries unless it is harvested from wild stands. Both shrubs are evergreen and provide welcome color when snow melts in spring.
- **Labrador tea** (*Ledum palustre*) a small native shrub that grows well in woodland and shady gardens. Creamy white flowers appear in June, and seed pods are brown. The plant tends to get leggy as it gets older since leaves are retained only on the younger wood. Yearly pruning will promote bushier, more compact plants. This species requires moist, acid soils.
- Lilacs (Syringa villosa and other hybrids) the hardiest lilac is the villosa lilac also called rough or late lilac. This plant may be seen all over the Fairbanks area and can attain an impressive size. One multi-stemmed bush in downtown Fairbanks was taller than a two-story house! This bush can form dense screens or can be pruned to just a few stems to form a treelike growth habit. Fragrant flowers are normally lavender, but some plants may have white flowers. Smaller hardy lilacs are hybrids of Villosa lilac and other species. The most successful are the **Preston hybrids** including 'James MacFarlane' and 'Royalty'. The plants are smaller and the pink to reddish blooms are not as fragrant as villosa, but they are a fine group for hedges, specimen plantings and windbreaks. Two other groups of lilacs are sold in the Interior; Korean lilacs (Syringa oblata i.e. 'Assessissippi', 'Pocahontas' and Common lilac (Syringa vulgaris). These groups are not as hardy and are susceptible to severe winter injury in many locations. If in doubt, start with villosa!
- Mountain ash (Sorbus aucuparia, European mountain ash, S. scopulina, Greene's mountain ash). Mountain ash is the premier street tree of Anchorage. The European Mountain Ash is used so much, it should be adopted as the official city tree! This species is marginally hardy in interior Alaska and is best grown as a multi-stemmed shrub. Severe dieback is common, but

the plant normally recovers by sending up an abundance of shoots from the crown. Green's mountain ash is native to Alaska and is hardier than the European shrub. It is more difficult to find in the nurseries, however. Both plants have finely-dissected compound leaves and large clusters of creamy white flowers in June. The orange to red fruit appears in August and is a favorite of winter birds.

- Mugho pine (*Pinus mugo mughus*, *Pinus mugo* and *Pinus mugo pumilo*) Mugho pine or mugo pine is a very popular evergreen shrub. The species *P. mugo*, called Swiss mountain pine, grows to 36 feet in the Lower 48, but is kept short by heavy snow loads in interior Alaska. Because of this, it is difficult to distinguish this species from the form *mughus*, which is slower growing and only about 5 feet tall. The form *pumilo* is a dwarf, compact, slowly spreading shrub, best used in rock gardens. Mugo pine is susceptible to winter injury from sunscald, especially any branch that sticks up above the snow. They are best maintained as a low, sprawling evergreen in locations where snow is ample. The benefit from annual candle pruning to prevent a leggy, open, sprawling habit.
- **Ninebark** (*Physocarpus monogynus*)- a medium-sized shrub to 5 feet tall with stiff outward spreading branches and light brown peeling bark. The flowers are small white clusters that bloom from late May through August. Fruit are clusters of brown capsules that persist in winter. The plant is very hardy and a good ornamental for home and commercial landscapes.
- **Peking cotoneaster** (*Cotoneaster acutifolia*) a nice, medium-sized shrub with glossy green leaves that turn deep red to scarlet in fall. Flowers are tiny and fruit is a blue-black berry. The thin, arching branches tolerate severe snow loads. Occasionally, branches will be winter killed, but damage is usually slight. This shrub can be pruned into a medium-sized hedge.
- **Pin cherry** (*Prunus pennsylvanica*) a large tree in the lower 48, this plant produces a small shrub to about 8 feet tall with gracefully arching branches. The branches are covered with cascades of white flowers in spring and brilliant light red fruit in August. Some plants produce edible fruit that is great for jelly and wine. Plants sucker and will spread into lawn areas.
- **Redosier dogwood** (*Cornus sericea*) a native bush to 6 feet tall (taller in shady areas). White flower clusters appear in June followed by white berries. The young stems are bright red and have great winter interest. This plant suckers very slowly, forming large rounded thickets. It is an excellent shrub for large areas and can be pruned into a hedge.
- Roses (Rosa sp.) Hardy roses are not common in Interior, Alaska, but there are a few roses that can add a lot to ornamental landscapes. The hardiest is, of course our wild rose, Rosa acicularis. It works well in meadows and woodland gardens but spreads rapidly and blooms only once in June. It can be disfigured late in the season by orange-colored rust diseases. The Turkestan or rugosa rose (Rosa rugosa, sometimes called Sitka rose) is very hardy, but it needs annual pruning to remove dead canes. Rugosa roses have large single rose pink to white flowers that are very fragrant. They begin blooming in late June and continue until frost. The very large hips are quite ornamental. The cultivars "Therese Bugnet' and 'Hansa' are old-time favorite rugosa types. Another old timer is Altai Scotch Rose (Rosa spinosissima 'Altaica') which has double white flowers. The foliage is finer than the rugosa roses, and the plants are taller. Rugosas usually are 3 feet tall, whereas Altai Scotch can reach 5 feet or more. Three other hybrid roses that have proven hardy are 'Lac LaNonne', 'Lac Majeau' and 'Killwinning'. 'Lac LaNonne' has single pink flowers with an incredible fragrance that bloom once in June. Foliage is scarlet in fall. 'Lac Majeau' has double white flowers that are pale pink in bud and pure white when open. It blooms from mid summer until frost. 'Killwinning' is a single blooming white rose. All of these shrub roses spread by suckers and can take over a garden if not constantly pruned. Another group of roses worth testing is the Explorer Series from Canada. Cultivars such as 'William Baffin' have passed short-term trials in the Fairbanks area.
- Saskatoon (Amelanchier alnifolia)-an upright shrub to 12 feet tall. The native plants are highly variable and produce gray-green foliage, large clusters of white flowers in June, and small blue/black fruit in August. Several cultivars bred in Canada, most notably 'Smoky', have very large, tasty fruit and a better growth form than the native plant. This plant is very much under utilized in ornamental landscapes. The foliage is sometimes skeletonized by sawfly larvae.
- **Siberian Pea shrub** (*Caragana arborescens*) tall shrub to 15 feet with finely dissected compound leaves, bright yellow flowers and long brown "pea" pods that explode open when seeds are ripe. This plant is an old reliable shrub for specimen plantings and hedges. Not much bothers this shrub except for moose. It rarely show signs of winter injury, but will bend or break with heavy snow loads. It is excellent as a screen or windbreak.
- Silverberry (Elaeagnus commutata) a small native shrub to 12 feet that is noted mostly for its silvery foliage. The branches on older trees are rather sparse and open, so it is best planted with other shrubs. Tiny trumpet-shaped yellow blooms appear in June and emit one of the strongest fragrances of any plant (some people find it objectionable). The plant is covered with silvery fruit all winter. This plant spreads by suckers, especially in soils that are continually disturbed. If you dig up some suckers, the root prunings left in the ground will all sprout.
- **Upright Spiraea** (*Spiraea chamaedryfolia*) Tall upright shrub with winged branches. This shrub is covered with white clusters of flowers in June and brown seed pods in September. It is similar to the Vanhoutte spiraea except taller and without the arching, drooping branch pattern. It is more difficult to find in nurseries than other spiraeas.
- Vanhoutte spiraea (*Spiraea x vanhouttei*)- an old time shrub that may be seen around many homes in the older parts of Fairbanks. It has beautiful arching branches that, in June, are covered with flat clusters of white flowers. The seed pods are persistent and brown, but not very showy. It may be sheared into a hedge, but then the graceful arching cascades of white flowers is lost.