# It's About Thyme

This bed was designed by Barb Fay and planted by Sue Logue. It is planted with ten different varieties of thyme surrounding a sun-dial. The following varieties are planted:

Caraway Spice Creeping Lemon

English
French
Golden Lemon
Lime
Nutmeg

Orange Spice Silver

Wooly



## 2002 Herb Garden Tours

with

Barb Fay

and

Nancy Klammer

6:30 - 7:30PM

June 24

July 8

July 22

Aug. 12

Aug. 26

Meet fellow herb enthusiasts.
Look at different aspects of herb gardening with special activities each week. This may evolve into a local herbgardening society!
Fee: \$5 members, \$10 others (Please pay at the gate)

### HISTORY OF HERB GARDENS

The word "herb" has been used for centuries to describe plants with medicinal, culinary, aromatic and other useful properties. The making of special gardens in which herbs are grown has a long history. Obviously, such gardens gathered useful plants together for convenience but there is a tradition of making decorative features out of these plantings as well.

From the earliest records, herbs have been associated with religion. In ancient Persia, the enclosed garden with scented and healing plants provided sanctuary or "paradise" for meditation. European monastery gardens followed the tradition of peaceful retreats sheltered from the outside world in which narrow paths divided beds that held powerful medicinal herbs.

The study of plants and their medicinal uses spread to scholarly institutions where patterned herb gardens displayed plants for study by botanists, physicians and artists. The first of these was at the University of Padua in Italy in 1545. By the end of the 17th century there were "psychic" gardens throughout Europe.

Colonial explorers brought back different species and more and more herbs were added to the collections. Settlers took plants and these gardening traditions with them to the New World and traditional European-style herb gardens sprang up throughout North America. The first botanical herb garden in North America was created near Philadelphia in 1728.

The great revival of interest in herb gardens today combines elements from all of the traditions mentioned above.

# GEORGESON Botanical Garden





Planted and Maintained by Volunteers

Barbara Fay, Coordinator



#### Kitchen Herbs

This bed was designed by Barb Fay and planted by Melissa Parker. All of the herbs were selected for their culinary uses either in flavoring or garnishing food. The following are planted: Genovese Basil Magical Michael Basil Purple Ruffles Basil Sweet Dani Basil Curled Chervil Chives Santo Leaf Coriander Fernleaf Dill Lemon Verbena Magnus Lovage Gem Marigolds Sweet Marjoram Greek Oregano Italian Parslev Moss Curled Parsley Arp Rosemary Pineapple Sage Melon Sage Purple Sage Garden Sage Lemon Savory Summer Savory French Tarragon Golden Lemon Thyme English Thyme

## Herbal Teas/Edible Flowers

This bed was designed and planted by Joanne Klumb. All of the herbs and flowers were selected for their usefulness in teas or having flowers that can be eaten. The following are planted: Anise Hyssop Calendula Lemon Verbena Chamomile Lemon Balm **Sweet Cicely** Gem Marigolds Sweet Woodruff Orange Spice Mint Cocomint Lime Mint

#### **Bath Herbs**

This bed was designed and planted by Carol Woodall. All of the herbs and flowers were selected for their usefulness in the bath. The following are planted and their effect on the skin is noted:

Calendula – nourishing
Chamomile – stimulating
Lady's Mantle – healing
Lavender – relaxing
Parsley – soothing
Pineapple Mint – calming
Rose – cleansing
Rosemary – rejuvenating
Yarrow – astringent

## **Wedding Herbs**

This bed was designed and planted by Nancy Klammer. All of the herbs and flowers were selected for their significance in weddings. The following are planted and their meaning in the language of herbs and flowers is noted: Baby's Breath - gentleness Basil - good wishes Gomphrena - undying affection Ivy - friendship Lavender - loyalty Lemon Verbena - enchantment Mint - warmth Myrtle - love and peace Pansy - happiness Pearly Everlasting - remembrance Rose - love Rosemary - fidelity Sage - long life, good health Southernwood - perseverance Sweet Woodruff - eternal rejoicing Thyme - courage Violets - faithfulness, sweetness Yarrow - lasting love



