History of Herb Garden

The word "herb" has been used for centuries to describe plants with medicinal, culinary, aromatic and other useful properties. The making of special gardens in which herbs are grown has a long history. Obviously, such gardens gathered useful plants together for convenience but there is a tradition of making decorative features out of these plantings as well.

From the earliest records, herbs have been associated with religion. In ancient Persia, the enclosed garden with scented and healing plants provided sanctuary or "paradise" for meditation. European monastery gardens followed the tradition of peaceful retreats sheltered from the outside world in which narrow paths divided beds that held powerful medicinal herbs.

The study of plants and their medicinal uses spread to scholarly institutions where patterned herb gardens displayed plants for study by botanists, physicians and artists. The first of these was at the University of Padua in Italy in 1545. By the end of the 17th century there were "psychic" gardens throughout Europe.

Colonial explorers brought back different species and more and more herbs were added to the collections. Settlers took plants and these gardening traditions with them to the New World and traditional European-style herb gardens sprang up throughout North America. The first botanical herb garden in North America was created near Philadelphia in 1728.

The great revival of interest in herb gardens today combines elements from all of the traditions mentioned above.

The Herb Bunch

The Herb Bunch is an organized group of local herb enthusiasts who meet monthly on the 3rd Thursday from 6:30 to 8:30 PM for fun, educational programs throughout the year. They design, plant and maintain the herb beds at the GBG.

Dues: \$10 / year. For member info:

contact Dee King at 488-7692

Herb Garden Tour -

July 20, 2006 at 7:00PM. Call Dee for reservations.

Dorothy Joan Truran left her spiritual energy to those who love her on October 30, 1992. Dot was born in New York State October 30, 1943. After Peace Corps training, she came to Alaska in 1966. She loved the natural beauty of Alaska. Dot spent a great deal of time hiking the trails and canoeing the lakes and rivers around Fairbanks and Denali National Park. She was especially fond of music, gardening, problem solving, building outdoor structures and being a student of life. She was an example of lifetime loving and learning.

She was employed at the U.S.O., Presbyterian Hospitality Rehabilitation Association, and State of Alaska Division of Social Services. She did work for the State setting up services in villages for people with developmental disabilities. Dot served as Director of the Governor's Council for Developmental Disabilities.

Dot loved people. Her life exemplified her commitment to tolerance and acceptance of all. She was an advocate for equality of opportunity. Through her work with FRA and the Governor's Council, she was able to influence and begin programs that helped integrate people in to mainstream life throughout the State of Alaska.

Dot gave her love and nurturing to friends, family, plants and projects. Her enthusiasm for life, her engaging smile, her kindness and thoughtfulness will be forever remembered by her friends, family and colleagues.

"sing, laugh and tell funny stories"

Do



University of Alaska Fairbanks School of Natural Resources and Agricultural Sciences



Dorothy Truran Memorial Herb Garden 2006

"The Herb Bunch"
Volunteers
Barbara Fay, Coordinator

Bird, Butterfly and Bee Garden

This bed was designed by Emily Reiter and George Wilson who also donated all the plants. Plants were chosen for contrast, diversity and their ability to attract birds, bees, butterflies and other wildlife. Plants are not hardy in interior Alaska.

Butterfly Bush, Silver (Buddleia nivea)

Butterfly Bush, Showy (Asclepias speciosa)

Butterfly Weed 'Gay Butterflies' (Asclepias tuberosa)

Germander, Cat (*Teucrium marum*)

Germander, Dwarf 'Prostratum' (Teucrium chamaedrys)

Germander, Silver (Teucrium lucidrys)

Honeysuckle, Tatarian 'Honeyrose' (Lonicera tatarica)

Honeysuckle, Wedded (Lonicera conjugialis)

Joe-Pye Weed 'Little Joe' (Eupatorium purpureum)

Lavender Garden

This bed was designed by Olga Cook, Heather Robertson and Maggie Waite. These herbs that are known for their wonderful scents:

Lavender 'Hidcote' (Lavendula x angustifolia)

Lavender 'Lady' (Lavendula angustifolia)

Lavender 'Munstead Dwarf' (Lavendula angustifolia)

Lavender 'Provence Blue' (Lavendula x intermedia)

Lavender 'Steochas' (Lavendula sp.)

Thyme, Creeping (*Thymus sp.*)

Thyme, Woolly (Thymus pseudolanuginosus)

French Kitchen Garden

This bed was designed by Marilyn Akselin, Gretchen Kerndt. Dee King and Maureen Schaake:

Basil 'Genovese' (Ocimum basillicum)

Chervil, Curled 'Crispum' (Anthricus cerfolium)

Cicely, Sweet (Myrrhis odorata)

Parsley, Italian (Petroselinum crispum neapolitanum)

Purslane, French 'Large Leaf' (*Portulaca oleracea sativa*)

Rosemary (Rosmarinus officinalis)

Savory, Summer (Satureja hortensis)

Sorell, French 'Nobel' (Rumex spp.)

Thyme, French Summer (Thymus vulgaris)

Edible Flower Garden

This section was designed by Barbara Fay, Celeste Holm, Moira Nutter, and Barbara Rondine.

Anise Hyssop (Agastache foeniculum)

Arugula 'Roquette' (Eruca vesicaria)

Bachelor's Button (Centaurea cyanus)

Bean, Scarlet Runner (Phaseolus coccineus)

Borage (Borago officinalis)

Broccoli, 'Small Miracle' (Brassica oleracea)

Burnet, Salad (Sanguisorba minor)

Calendula 'Bon Bon Bright Yellow' (*Calendula officinialis*)

Chives (Allium schoenoprasum)

Chryanthemum 'Shungiku Edible' (*Chryanthemum coronarium*)

Clove Pink 'Grenadin' (Dianthus caryophyllus)

Italian Bugloss (Anchusa azurea)

Marigold, Signet 'Lemon Gem' (Tagetes tenuifolia)

Marigold, Signet 'Orange Gem' (Tagetes tenuifolia)

Rose 'Hansa' (Rosa sp.)

Savory 'Midget' (Satureja hortensis)

Perennial Herbs and Native Plants

This bed was planned by Marsha Munsell, Barbara Fay, and GBG Staff. It contains:

Bedstraw, Northern (Galium boreale)

Cecily, Sweet (Myrrhis odorata)

Chives (Allium schoenoprasum)

Chives, Chinese Garlic (Allium tuberosum)

Chocolate Lily (Fritillaria camschatcensis)

Currant, Black (*Ribes nigrum*)

Kinnikinnik (Arctostaphylos uva-ursi)

Labrador Tea (*Ledum palustre*)

Lingonberry (Vaccinium vitis-idaa)

Lovage (Levisticum officinalis)

Mountain Ash, Green's (Sorbus scopulina)

Roseroot (Rhodiola rosea)

Saskatoon 'Smokey' (Amelanchier alnifolia)

Stinkweed (Artemisia tilesii)

 ${\it Tarragon}~(Artemisia~dracunculus)$

Onion, Altai (Allium altaicum)

Onion, Senescets (*Allium senescens*) Onion, Welsh 'Gribovski' (*Allium fistulosum*)

Strawberry, Wild (*Fragaria virginiana*)

Yarrow (Achillea millefolium)

Heirloom Herbs

This bed was designed by Virginia L. Damron and Phyllis Haggland. These plants were selected from a listing of plants grown in the Tanana Valley in the early 1900s in honor of the centennial of the UAF agriculture program.

Chervil, Flat Leaf 'Comstock Feree' (*Anthriscus cerefolium*)

Chives (*Allium schoenoprasum*)

Cress, Curled Garden 'Crispum' (Lepidium sativum)

Dill 'Fernleaf' (Anethum graveolens)

Dill 'Mammoth' (Anethum graveolens)

Endive 'Tres Fine Maraichere' (Cichoorium endiva)

Horehound (Marrubium vulgare)

Horseradish (Armoracia rusticana)

Lettuce, Looseleaf 'Black Seeded Simpson' (*Lactuca sativa*)

Lettuce, Looseleaf 'Green Deer Tongue' (Lactuca sativa)

Lettuce, Looseleaf 'Red Sails' (Lactuca sativa)

Lettuce, Romaine 'Cimmaron Red' (Lactuca sativa)

Lettuce, Romaine 'Forellenschluss' (Lactuca sativa)

Lettuce, Butterhead 'Four Seasons' (Lactuca sativa)

Lettuce, Butterhead 'Slow Bolting' (Lactuca sativa)

Lettuce, miner's lettuce (*Claytonia perfoliata*)

Parsley 'Hamburg Rooted' (*Petroselinum crispum tuberosum*)

Parsley, Italian (Petroselinum crispum neapolitanum)

Parsley, Moss Curled (Petroselinum crispum crispum)

Peppermint (*Mentha x piperita*)

Marjoram, Sweet Knotted 'Comstock Feree'

(Origanum majorana)

Rosemary (Rosmarinus officinalis)

Sage, Broadleaf (Salvia officinalis)

Savory, Summer (*Satureja hortenis*) Spearmint (*Mentha spicata*)

Thyme 'Broadleaf' (Thymus vulgaris)

