

# RURAL HUMAN SERVICES

College of Rural and Community Development  
Statewide Programs 907-474-5440  
Chukchi Campus 907-442-3400  
Interior-Aleutians Campus 907-474-5440  
Kuskokwim Campus 907-543-4500  
Northwest Campus 907-443-2201  
[www.uaf.edu/rhs/](http://www.uaf.edu/rhs/)

## Certificate

Minimum Requirements for Certificate: 32 Credits

The rural human services programs are designed to develop strong and healthy rural Alaska Native individuals, families and communities. They provide entry-level training for students preparing for careers as natural helpers/healers in village-based public, private and volunteer human service organizations. The curriculum draws extensively on resource people from the Native community and reflects a strong multicultural orientation that validates, incorporates and builds on Native values and principles.

The certificate program is a concentrated course of study focused on rural behavioral health services. Both the Alaska Division of Behavioral Health and the Alaska Native Tribal Health Consortium are currently developing and defining competencies and credentials for Alaska behavioral health care workers.

The certificate program provides additional credentials for service providers who work in related fields and would like additional training in rural behavioral health services. Providers who may want such training could include health aides, family service workers, correctional workers and teachers. Courses are presented as a series of four intensive three-week training sessions at selected delivery sites. A practicum and electives round out the program.

Admission is open to anyone employed by a regional Native health corporation or local entity providing village-based human services, or to individuals recognized by their communities as natural helpers/healers. A high school diploma or GED and/or previous training or work experience in the delivery of village-based human services are recommended but not required.

This degree program is delivered collaboratively within the UA system.

## Certificate Program

1. Complete the general university requirements (page 93).
  2. Complete the certificate requirements. (See page 95. As part of the certificate requirements, complete RHS F110 and F115 for the human relations requirement. The communication and computation courses must be completed from the certificate requirements.)
  3. Complete the following courses:
 

|                                                  |   |
|--------------------------------------------------|---|
| RHS F120—Family Systems I*                       | 2 |
| RHS F130—Processes of Community Change           | 2 |
| RHS F140—Alaska Native Values and Principles     | 1 |
| RHS F150—Introduction to Rural Counseling*       | 2 |
| RHS F220—Family Systems II*                      | 2 |
| RHS F250—Rural Counseling II*                    | 2 |
| RHS F260—Addictions: Intervention and Treatment* | 2 |
| RHS F265—Interpersonal Violence*                 | 2 |
| RHS F275—Introduction to Mental Health Recovery  | 2 |
| RHS F285—Case Management*                        | 2 |
| RHS F287—Rural Human Services Practicum          | 4 |
| RHS F290—Grief and Healing*                      | 2 |
  4. Minimum credits required 32
- \* The Alcohol and Drug Abuse Certification review board has approved these courses toward certification or recertification of Substance Abuse Counselors in the state of Alaska.

Note: Students spend time in intensive study at selected delivery sites.

**All degrees (e.g. Certificate, A.A., A.A.S., A.S., etc) require additional courses. Refer to specific degree and program requirements.**

## Certificate Requirements

### COMMUNICATION (2-3)

**Complete one of the following:**

|                 |         |       |
|-----------------|---------|-------|
| ENGL F111X..... | (3)     | _____ |
| ABUS F170 ..... | (3)     | _____ |
| ABUS F271 ..... | (3)     | _____ |
| ENGL F211X..... | (3)     | _____ |
| ENGL F212 ..... | (3)     | _____ |
| ENGL F213X..... | (3)     | _____ |
| COMM F131X..... | (3)     | _____ |
| COMM F141X..... | (3)     | _____ |
| DEVS F104 ..... | (1 – 3) | _____ |
| DEVS F105 ..... | (3)     | _____ |

*Other program-approved discipline-based communication course or discipline-based courses with embedded communication content. (2 – 3)*

\* ENGL F212 does not fulfill the second half of the written communication requirement for the bachelor's degree.

### COMPUTATION (2-3)

**Complete one of the following:**

|                                                                                                            |     |       |
|------------------------------------------------------------------------------------------------------------|-----|-------|
| Any course at the F100-level or above in mathematical sciences (computer science, math or statistics)..... | (3) | _____ |
| ABUS F155 .....                                                                                            | (3) | _____ |
| DEVM F105.....                                                                                             | (3) | _____ |
| ECE F117 .....                                                                                             | (3) | _____ |
| HLTH F116 .....                                                                                            | (3) | _____ |
| HUMS F117.....                                                                                             | (3) | _____ |
| PRT F155.....                                                                                              | (3) | _____ |
| TTCH F131 .....                                                                                            | (3) | _____ |

*Other program-approved discipline-based computation course or discipline-based courses with embedded computation content. (2 – 3)*

### HUMAN RELATIONS (2-3)

**Complete one of the following:**

|                            |     |       |
|----------------------------|-----|-------|
| ANTH F100X/SOC F100X ..... | (3) | _____ |
| ABUS F154 .....            | (3) | _____ |
| ANL F287 .....             | (3) | _____ |
| ECE F245 .....             | (3) | _____ |
| ED/PSY F245 .....          | (3) | _____ |
| HLTH F106 .....            | (3) | _____ |
| HUMS F120.....             | (3) | _____ |
| RHS F110 .....             | (1) | _____ |
| AND RHS F115 .....         | (2) | _____ |

*Other program-approved discipline-based human relations course or discipline-based courses with embedded human relations content. (2 – 3)*

**MAJOR SPECIALTY CREDITS (minimum)..... 21**

**Minimum credits for required certificate..... 30**

## Associate of Applied Science Requirements

### COMMUNICATION (9)

|                 |     |       |
|-----------------|-----|-------|
| ENGL F111X..... | (3) | _____ |
|-----------------|-----|-------|

**Complete one of the following:**

|                 |     |       |
|-----------------|-----|-------|
| ABUS F271 ..... | (3) | _____ |
| ENGL F211X..... | (3) | _____ |
| ENGL F212 ..... | (3) | _____ |
| ENGL F213X..... | (3) | _____ |

\* ENGL F212 does not fulfill the second half of the written communication requirement for the bachelor's degree.

**Complete one of the following:**

|                 |     |       |
|-----------------|-----|-------|
| COMM F131X..... | (3) | _____ |
| COMM F141X..... | (3) | _____ |

### COMPUTATION (3)

**Complete one of the following:**

|                                                                                                            |     |       |
|------------------------------------------------------------------------------------------------------------|-----|-------|
| Any course at the F100-level or above in mathematical sciences (computer science, math or statistics)..... | (3) | _____ |
| ABUS F155 .....                                                                                            | (3) | _____ |
| DEVM F105.....                                                                                             | (3) | _____ |
| ECE F117 .....                                                                                             | (3) | _____ |
| HLTH F116 .....                                                                                            | (3) | _____ |
| HUMS F117.....                                                                                             | (3) | _____ |
| PRT F155.....                                                                                              | (3) | _____ |
| TTCH F131 .....                                                                                            | (3) | _____ |

*Other program-approved discipline-based computation course or discipline-based courses with embedded computation content. (3)*

### HUMAN RELATIONS (2-3)

**Complete one of the following:**

|                            |     |       |
|----------------------------|-----|-------|
| ANTH F100X/SOC F100X ..... | (3) | _____ |
| ABUS F154 .....            | (3) | _____ |
| ANL F287 .....             | (3) | _____ |
| ECE F245 .....             | (3) | _____ |
| ED/PSY F245 .....          | (3) | _____ |
| HLTH F106 .....            | (3) | _____ |
| HUMS F120.....             | (3) | _____ |
| RHS F110 .....             | (1) | _____ |
| AND RHS F115 .....         | (2) | _____ |

*Other program-approved discipline-based human relations course or discipline-based courses with embedded human relations content. (3)*

**MAJOR SPECIALTY CREDITS (minimum)..... 30**

**Minimum credits required for degree ..... 60**



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