

RURAL HUMAN SERVICES

College of Rural and Community Development
Statewide Programs 907-474-5440
Chukchi Campus 907-442-3400
Interior-Aleutians Campus 907-474-5440
Kuskokwim Campus 907-543-4500
Northwest Campus 907-443-2201
www.uaf.edu/rhs/

Certificate

Minimum Requirements for Certificate: 32 credits

The rural human services programs are designed to develop strong and healthy rural Alaska Native individuals, families and communities. They provide entry-level training for students preparing for careers as natural helpers/healers in village-based public, private and volunteer human service organizations. The curriculum draws extensively on resource people from the Native community and reflects a strong multicultural orientation that validates, incorporates and builds on Native values and principles.

The certificate program is a concentrated course of study focused on rural behavioral health services. Both the Alaska Division of Behavioral Health and the Alaska Native Tribal Health Consortium are currently developing and defining competencies and credentials for Alaska behavioral health care workers.

The certificate program provides additional credentials for service providers who work in related fields and would like additional training in rural behavioral health services. Providers who may want such training could include health aides, family service workers, correctional workers and teachers. Courses are presented as a series of four intensive three-week training sessions at selected delivery sites. A practicum and electives round out the program.

Admission is open to anyone employed by a regional Native health corporation or local entity providing village-based human services, or to individuals recognized by their communities as natural helpers/healers. A high school diploma or GED and/or previous training or work experience in the delivery of village-based human services are recommended but not required.

This degree program is delivered collaboratively within the UA system.

Certificate Program

1. Complete the general university requirements (page 95).
 2. Complete the certificate requirements. (See page 97. As part of the certificate requirements, complete RHS F110 and F115 for the human relations requirement. The communication and computation courses must be completed from the certificate requirements.)
 3. Complete the following:

RHS F120—Family Systems I*	2
RHS F130—Processes of Community Change	2
RHS F140—Alaska Native Values and Principles	1
RHS F150—Introduction to Rural Counseling*	2
RHS F220—Family Systems II*	2
RHS F250—Rural Counseling II*	2
RHS F260—Addictions: Intervention and Treatment*	2
RHS F265—Interpersonal Violence*	2
RHS F275—Introduction to Recovery and Mental Illness	2
RHS F285—Case Management*	2
RHS F287—Rural Human Services Practicum	4
RHS F290—Grief and Healing*	2
 4. Minimum credits required 32
- * The Alcohol and Drug Abuse Certification review board has approved these courses toward certification or recertification of Substance Abuse Counselors in the state of Alaska.

Note: Students spend time in intensive study at selected delivery sites.

Certificate Requirements

Communication 2 – 3 Credits

Complete one of the following:

- ENGL F111X—Introduction to Academic Writing.....(3)
- ABUS F170—Business English.....(3)
- ABUS F271—Business Communications(3)
- ENGL F211X—Academic Writing about Literature.....(3)
- ENGL F212—Business, Grant and Report Writing*(3)
- ENGL F213X—Academic Writing about the Social and Natural Sciences(3)
- COMM F131X—Fundamentals of Oral Communication: Group Context(3)
- COMM F141X—Fundamentals of Oral Communication: Public Context.....(3)
or successful completion of competency test
- DEVS F104—University Communications..... (1 – 3)
- DEVS F105—Intensive Reading Development(3)
- Other program-approved discipline-based communication course or
discipline-based courses with embedded communication content..... (2 – 3)

* ENGL F212 does not fulfill the second half of the written communication requirement for the bachelor's degree.

Computation 2 – 3 Credits

Complete one of the following:

- Any course at the F100-level or above in mathematical sciences
(computer science, math or statistics).(3)
- ABUS F155—Business Math.....(3)
- DEVM F105—Intermediate Algebra(3)
- ECE F117—Math Skills for Early Childhood Educators.....(3)
- HLTH F116—Mathematics in Health Care(3)
- HUMS F117—Math Skills for Human Services(3)
- TTCH F131—Mathematics for the Trades(3)
- Other program-approved discipline-based computation course or
discipline-based courses with embedded computation content. (2 – 3)

Human Relations 2 – 3 Credits

Complete one of the following:

- ANTH F100X/SOC F100X—Individual, Society and Culture(s)(3)
- ABUS F154—Human Relations(3)
- ANL F287—Teaching Methods for Alaska Native Languages (h).....(3)
- ECE F104—Child Development: Prenatal, Infants and Toddlers (s)(3)
- ECE F107—Child Development II: Preschool and Primary Years (s)(3)
- ED/PSY F245—Child Development (s)(3)
- HLTH F106—Human Behavior in Health Care (s).....(3)
- HUMS F120—Cultural Diversity in Human Services.....(3)
- RHS F110—Cross-Cultural Bridging Skills (1) AND
RHS F115—Issues of Personal Development(2)
- Other program-approved discipline-based human relations or
discipline-based courses with embedded human relations content. (2 – 3)

Major specialty at least 21 Credits

Electives to total 30 Credits

Associate of Applied Science Requirements

Written Communication 6 Credits

- ENGL F111X—Introduction to Academic Writing.....(3)

Complete one of the following:

- ABUS F271—Business Communications(3)
- ENGL F211X—Academic Writing about Literature.....(3)
- ENGL F212—Business, Grant and Report Writing*(3)
- ENGL F213X—Academic Writing about the Social and Natural Sciences(3)

* ENGL F212 does not fulfill the second half of the written communication requirement for the bachelor's degree.

Oral Communication 3 Credits

Complete one of the following:

- COMM F131X—Fundamentals of Oral Communication: Group Context(3)
- COMM F141X—Fundamentals of Oral Communication: Public Context.....(3)
or successful completion of competency test

Computation 3 Credits

Complete one of the following:

- Any course at the F100-level or above in mathematical sciences
(computer science, math or statistics).(3)
- ABUS F155—Business Math.....(3)
- DEVM F105—Intermediate Algebra(3)
- ECE F117—Math Skills for Early Childhood Educators.....(3)
- HLTH F116—Mathematics in Health Care(3)
- HUMS F117—Math Skills for Human Services(3)
- TTCH F131—Mathematics for the Trades(3)
- Other program-approved discipline-based computation course or
discipline-based courses with embedded computation content. (3)

Human Relations 3 Credits

Complete one of the following:

- ANTH F100X/SOC F100X—Individual, Society and Culture (s)(3)
- ABUS F154—Human Relations(3)
- ANL F287—Teaching Methods for Alaska Native Languages (h).....(3)
- ECE F104—Child Development: Prenatal, Infants and Toddlers (s)(3)
- ECE F107—Child Development II: Preschool and Primary Years (s)(3)
- ED/PSY F245—Childhood Development (s)(3)
- HLTH F106—Human Behavior in Health Care (s)(3)
- HUMS F120—Cultural Diversity in Human Services.....(3)
- RHS F110—Cross-Cultural Bridging Skills (1) AND
RHS F115—Issues of Personal Development(2)
- Other program-approved discipline-based human relations course or
discipline-based courses with embedded human relations content. (3)

Major specialty at least 30 Credits

Electives to total 60 Credits

Minimum credits required for degree 60 Credits