



Tanana District 4-H News



COOPERATIVE EXTENSION SERVICE

Cooperative Extension Service • Tanana District Office • P.O. Box 758155 • Fairbanks, Alaska 99775-8155 • 907-474-1530

4-H: Your first class at UAF!



2024 National 4-H Summit — Alaska Style! 4-H members and volunteer leaders from around the nation gathered in Fairbanks, Feb. 28-March 1, to network, learn new things and make new friends. Here, some of the 170 participants from 15 different states gather around the 4-H clover ice carving in front of the Westmark Fairbanks Hotel & Conference Center. For more on the event, see page 6. Alaska 4-H Summit participant photos

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April

- 2 Livestock Committee meeting, 6:30 p.m.
- 6 Public Presentation/Demonstration Day
- 8 Horse Council meeting, 6:30 p.m.
- 9 Leaders Council meeting, 6:30 p.m.
- 12-13...State 4-H Horse Contest, Palmer
- 16 Market Livestock Participant meeting, 7 p.m.
- 19-21...State 4-H Shooting Sports Leader Training, Palmer
- 20 Steer Showmanship Clinic, 1 p.m.
- 25 New Leader training, 6:30 p.m.

May

- 2 Youth Quality Assurance Class for 4-H, 4 p.m.
- 2-4 State 4-H Livestock Contest. Fairbanks
- 7 Livestock Committee meeting, 6:30 p.m.
- 12 Happy Mother's Day!
- 13 Horse Council meeting, 6:30 p.m.
- 14 Leaders Council meeting, 6:30 p.m.
- 15 Leaders Council Travel Scholarship applications due
- 27 Memorial Day (UAF campus/ 4-H office closed)





Marla's Roundup



OK, I know I always talk about the weather, but this is just crazy. I did things the other day that I normally don't do for another month or two. I love the weather — don't get me wrong — I am just a bit concerned about a drier summer or a harsher winter to come. But I love the warm weather already.

So much is happening in the next two months. We have the Public Presentation/ Demonstration Day and the State Horse Contest in Mat-Su as well as hosting the State Livestock Contest (see flyers inside). A lot of opportunities for our youth. I hope they will get involved in at least one of these things.

There are also a couple of training sessions for you as leaders. Check inside for shooting sports, livestock contests, and then a new leader training on April 25. We had a great event with the Alaska Summit. There were 170 participants from 15 different states. People were so excited to be here and learn and share their knowledge with others and make new friends. Big shout out to the team for organizing and putting it on.

Summer is almost here, so get prepared, because if you think you're busy now, it is about to get busier. You are all awesome and I sure do appreciate each and every one of you.

Marla Louder 



Kadee Liddell photo.



Amour de' Cheval 4-H Club

Local farrier, Josh Bisette, talks to Amour de' Cheval 4-H Club members about hoof health, life as a farrier, how to set yourself up for success as a farrier, and demonstrated how to trim a hoof.





Public Presentation/Demonstration Day

April 6

It is almost here and I hope you are prepared. If you haven't done so, you need to get registered now as the deadline is March 29. Contact Ronda at 907-474-2450 or rlboswell@alaska.edu to get signed up. The big day is April 6.



State Horse Contest

April 12-13

The Mat-Su District will host the state horse contest this year. The dates will be April 12 and 13. So, you horse kids save the date and start studying. There will be horse bowl, horse judging, hippology, demonstrations and public speeches. I am so excited to have another one and to go to Palmer and I hope you are too. So, start studying and working as a team as I am looking forward to seeing you all.



Market Livestock Participant Meeting

April 16

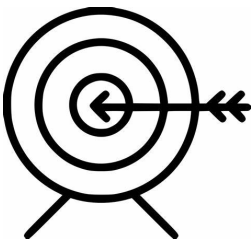
If you or your youth are doing a market livestock project and did not make the Feb. 17 meeting, then they must attend the April 16 meeting at 7 p.m. or they will not be allowed to continue the project. So, make sure you get it on your calendar now.



State Shooting Sports Leader Training

April 19-21

Shooting sports leader training will be held in Palmer April 19-21. Friday will feature Western Heritage; Saturday, pistol, rifle and hunting skills; and Sunday, shotgun and archery. To attend, you must be an up-to-date leader by time of training. You will only be able to do one discipline per day and registration is \$75 per discipline. Registration includes a leader manual and lunch. All classes are 8 a.m.-4 p.m. each day. To find out more, contact Todd Williver at stwilliver@alaska.edu. To register, go to this link: <https://4h.zsuite.org/event-registrations/27080>



National Volunteer Week

April 21-27

THANK YOU TO ALL OUR WONDERFUL VOLUNTEERS! You are my and the 4-H program's rock that keeps it rolling. I hope you all know how much I appreciate you and what you do. You truly do make a difference in the lives of our youth. Like you, my time is getting limited with a grant that I picked up recently. Although I won't be able to cook for you this year, I still want to show my appreciation so please stop by the office for a little something that you can use at your own convenience. Thank you again for all you do!

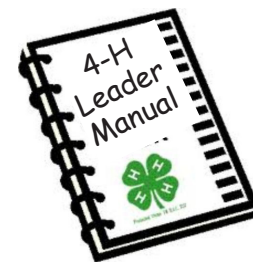


See page 4 for more cool stuff to do!



**New Leader Training
April 25**

I will be hosting a new leader training in April. It is not mandatory, but it would be good for new leaders within the past five years or so to attend. Or it could be a great refresher for you. It will be held April 25 at 6:30 p.m. in room 108. We will cover simple things like meeting planning, district requirements, etc. I will have a resource manual for you to take home. I hope to see you there.



**State Livestock Contest — May 2-4
Learning Sessions — April 3, 9, 15, 17**

See page 5 for contest schedule of events, registration, informational session topics and schedule, and more! The event takes place in Fairbanks this year.

**Leaders Council Travel Scholarships
Applications due May 15**

Youth and Leader Educational Scholarship applications are due May. 15 for events July 1-Sept. 30. The Tanana District 4-H Leaders Council established the Youth and Leader Educational Scholarship Program to provide funds for youth and leaders to help them attend events that will further their leadership skills and project knowledge. It is not intended to replace other funding sources or to be a full scholarship for the event. For all the details and forms, visit <https://www.uaf.edu/ces/4-h/quick-links/district-directory/fairbanks-tanana-district/forms.php>.



**Camp Counselors, It's Time
Applications due June 2**

Inside the newsletter you will find the application to be a camp counselor for Cloverbud Camp, scheduled for July 15-17. I would hope that many of you who were counselors last year will return again and also a few new ones. Any questions, please give Marla a shout at 907-474-2427 or mklowder@alaska.edu. Deadline for applications is June 2.

**Cloverbud Camp Dates Are Set
July 15-17**

Summer is fast approaching and we want everyone to be aware of our camp dates for this year so you can get them in your calendars. There will be no Junior Jamboree this year; however, Cloverbud Camp will still happen. Cloverbud Camp will be July 15-17. We haven't started the planning on this one yet, but soon will. I know it will be a fun and exciting camp as it always is. So, if you have young youth who would be eligible to attend this camp (ages 5-7), watch the upcoming newsletter for registration.



2024 Livestock Possession Dates

Don't forget the following dates if you checked on the agreement that you are raising one of these animals for market.



- Feeder Steer** – born on or after Dec. 1 and in possession by April 15.
- Lamb** – born on or after Jan. 1 and in possession by May 1.
- Swine** – born on or after Jan. 1 and in possession by May 1.
- Goat** – born on or after Jan. 1 and in possession by May 1.
- Turkey** – hatched on or after March 15 and in possession by April 15.
- Goose** – hatched on or after March 1 and in possession by April 15.
- Ducks** -- hatched on or after May 1 and in possession by June 8.
- Chickens** – hatched on or after May 23 and in possession by June 6.
- Rabbits** – born after May 8 and in possession by July 1.

* Be sure to also review the 2024 Market Livestock Update for upcoming important dates/events to remember. Turn/scroll to page 7.

ALASKA STATE 4-H LIVESTOCK CONTEST 2024

Schedule of Events

Thur. May 2nd

5 pm Ice Breaker Activity & YOCA

Fri. May 3rd

9 am Contest Kick-off & Art Check-In

10 Livestock Judging

3 pm Skill-a-Thon

Sat. May 4th

9 am Public Speaking

Noon Quiz Bowl

Dinner Awards

Contest Date:
May 3rd - 4th
2024
Tanana District

Register on your Z-Suites page under events tab!

Contact Cassy Rankin with questions! 907.398.3588

crankin4@alaska.edu

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Alaska State 4-H Livestock Contest Series

- Learn about the contest segments!
- Get to know other 4-H'ers!
- Ask questions about this year's contest!
- Come to one or all sessions!



Dates and Sessions:

- Wed. April 3, 5-6 pm: What is Livestock Judging?
- Tues. April 9, 5-6 pm: What is Skill-a-Thon?
- Mon. April 15, 5-6 pm: What is Quiz Bowl?
- Wed. April 17, 5-6 pm: Livestock Contest Q&A



Open to all 4-H'ers, leaders, coaches, and parents! If currently enrolled, please register on your Z-Suites account under Events tab. If not enrolled, contact Cassandra Rankin before noon on the day of session for the meeting link.

crankin4@alaska.edu

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SUMMIT RECAP: A BIG SUCCESS! A BIG THANK YOU!



Members of the summit planning committee pause for “reflection” around the 4-H clover ice sculpture, commemorating the national gathering of members and volunteer leaders in Alaska. Alaska 4-H Summit participant photo



We had a great time and made many new friends at the Alaska 4-H Summit, Feb. 28-March 1, which was hosted by Tanana District 4-H. We had 170 attendees from 15 different states. It was so awesome to see people connecting and learning. Many of the people I shuttled back to the airport asked when it would happen again because they enjoyed it so much. I told them it was their turn to host.

A shout out to Jan Hanscom, Patsy Perkins, Priscilla Rice, Kaitlynne Rice, Michaela Anderson, Shana Eager, Maria Terch, Bill and Pam Eisle, Patty Miller and Jenny Jordan for making it happen. It was a big task and you all rose to it.

I also want to thank 17 Mile Homemakers for the 44 dozen cookies they baked and donated, as well as everyone else who donated baked goods for the hospitality room. Also, thanks go out to the Golden Heart Greeters, who helped fill in at many different places and who stuffed the bags the week before.

To all the businesses that donated items for the hospitality room and the silent auction, thank you for your generosity. It was a great event and I feel very blessed to have been a part of it.



Alaska 4-H Summit participants had an opportunity to tour farms in Delta Junction area. Eve Karczmarczyk photo



2024 MARKET LIVESTOCK UPDATE

Guidelines according to the state veterinarian, Dr. Robert Gerlach



IMPORTANT TO NOTE!

For each vaccine listed, be sure to note whether it is SUGGESTED or REQUIRED for your animal. If the vaccine is required, proof that it was administered must be submitted on entry day.

Proof consists of the following:

- Name of vaccine
- Expiration date: Vaccine shall not be expired when administered.
- Manufacturer
- Date vaccine administered
- Lot number
- Who administered vaccine

Vaccinations — Suggested or Required?

Cattle, Feeder Beef and Bison

IBR-Bovine rhinotracheitis — *required*
BVD-Bovine virus diarrhea — *required*
PI-3-Parainfluenza 3 — *required*
Wart vaccine — *suggested*

Reindeer

Clostridial, 7-way — *required*
Respiratory, 3-way — *required*
IBR, BVD, PI3 — *required*

Sheep and Goats

CDT-clostridium perfringens type D & tetanus — *suggested*

Swine

Erysipelas — *required* (consistent with manufacturer's recommendations)



Things the veterinarian will look for on delivery day: warts, enlarged external lymph nodes (especially on sheep and goats), infectious or contagious diseases (including external parasites), clinical signs of dermatitis (ringworm) and evidence of castration, when applicable.

You should have the animal in the best physical shape prior to going to the fair. This includes providing good nutrition, vaccinations and parasite control. These precautions will enable the animal to have a strong immune system and avoid getting ill when they are exposed to the other animals

and the stress of being away from home and at the fair.

Important Dates to Remember!

Feb. 17: Mandatory Market Livestock Participant Meeting, 10 a.m., at 4-H office. Parent or guardian must attend. Must attend one of these meetings on Feb. 17 at 10 a.m. or other meeting on April 16 at 7 p.m.

April 16: Mandatory Market Livestock Participant Meeting, 7 p.m., at 4-H office. Parent or guardian must attend. Must attend this meeting if you did not attend the other meeting on Feb. 17.

April 28-May 6: Weigh-in Week, Large Animals. Beginning weights of all large animal market projects (finished beef, feeder steer, swine, sheep and goat) must be turned in to 4-H office along with full-body, close-up picture of animal, date picture taken and 4-H tag number.

May 3: Organized Weigh-in, Large Animals, 4-8 p.m., at Tanana Valley State Fairgrounds, for those who wish to weigh their animals. Tagging and photos also to be available.

Date TBD: Committee-sponsored Livestock Showmanship Clinic.

July 1: Check on any medicated feeds and all medications for withdrawal dates for all market animals.

July 7-15: Weigh-in Week, Small Animals. Beginning weights of all small animal market projects (tur-

keys, geese, ducks, chickens, rabbits and cavy) must be turned in to 4-H office along with full-body, close-up picture of animal, date picture taken and 4-H band number (tattoo number for rabbits).

July 12: Organized Weigh-in, Turkeys, Geese and Ducks, 6-7 p.m., at Tanana Valley Fairgrounds, for those who wish to weigh their animals. Banding and photos also to be available.

July 20: Entry Day, 1-6 p.m. at Lergen Barn. Buyer contacts and record books due.

July 22: Barn Set-up Day; potluck when work done, 5 p.m.

July 25: Delivery of Animals to Fair. 2-8 p.m. *Remember, there will be a vet check before animals can be brought into the barns.*

July 26: Mandatory Barn Meeting, 11 a.m.

July 26: Official Fair Weigh-in, noon-2 p.m.

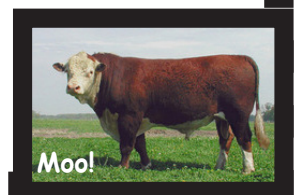
Aug. 2: Mandatory Barn Meeting, 11 a.m.

Aug. 4: Animal Pick-up Day and Barn Clean-up, 7 a.m.

Aug. 18: Small animals delivered to buyer unless other arrangements with buyer are made.

Sept. 10: Record books turned in to 4-H leader/FFA advisor in order to be eligible for a market project next year.

Questions? Contact Marla Lowder at 907-474-2450 or mklowder@alaska.edu.



Revised November 2023



HEY, 4-H'ERS!

Be sure to **"LIKE"** Tanana District 4-H and Alaska 4-H on Facebook. You'll find some **AWESOME** information on these pages!



LEADERS COUNCIL MONTHLY MEETINGS!

All leaders are invited to the Leaders Council meetings held the second Tuesday of each month at 6:30 p.m.

We hope to see your smiling face soon!

SCHEDULE OF MONTHLY COUNCIL MEETINGS

Leaders, don't forget you are invited to attend any of the following monthly meetings. Most meetings have gone face-to-face now, but the Zoom option is still available, if preferred. If you need the Zoom link, contact the Extension office or one of the council members.

Leaders Council meetings — Second Tuesday of the month at 6:30 p.m.

Livestock Committee meetings — First Tuesday of the month at 6:30 p.m. in February, April, May, September, October and November and then as needed.

Horse Council meetings — Second Monday of the month at 6:30 p.m. September through May..

Zoom Reminder — We still have a Zoom account set up that you can use for club meetings, if it is available. Please contact Ronda or Marla through email to sign up for it. We will share the link with you to share with your club members. We ask that you only use it for the date and time you sign up for as others may be using it before or after you. Thank you for your cooperation with this.



GOT A GOOD IDEA?

The leaders council is looking for the next **FUN** activity to sponsor.

Submit your **AWESOME** suggestions to one of the officers or to Marla.

We need your **CREATIVITY!**

What can 4-H do for me?



Who do I contact?

If you have any questions about 4-H, please contact your local 4-H Office at 907-474-2427 or any of the 2023-24 Leaders Council officers:

- President** — Priscilla Rice
plmrice.ak@gmail.com
- Vice President** — Malena Dote
malenadote@gmail.com
- Secretary** — Sarah Curwen
akhatchling@gmail.com
- Treasurer** — Patsy Perkins
patsyjperkins@hotmail.com

4-H Camp Counselor JOB DESCRIPTION

DUTIES:

1. Be responsible for health, welfare and safety of campers.
2. Supervise cabin group during nonscheduled time.
3. Supervise all duties of cabin group, such as KP, cleaning showers, bathrooms, cabin, etc.
4. Carry out duties as assigned by director or other adult staff.
5. Assist with and participate in the discovery group learning phase of the program.
6. Take part in planning evening recreation activities, campfires, etc.
7. Be in your cabin each night at "quiet time."

RESPONSIBILITIES:

1. Be enthusiastically involved in camp.
2. Be familiar with the objectives of camp.
3. Establish and maintain a rapport with your cabin group.
4. Get to know each camper.
5. Encourage camper participation in activities and educational programs.
6. Promote respect for Twin Bears camp facility and natural surroundings.
7. Keep camper morale high.
8. Lead by being a good example.
9. Deal with discipline and report serious problems to director.
10. Show NO favoritism.
11. Contact the director or nurse at first signs of injury, illness or irregularities with campers or self.
12. Maintain good sense of humor; do not lose temper.
13. See that both you and your cabin group get enough sleep.
14. Maintain communications with staff.
15. Be responsible for keeping cabin clean and orderly.



4-H Camp Counselor APPLICATION

There is required counselor training: Dates and times will be identified prior to each camp session.

- Qualifications:
1. Must be willing to follow all rules and behavioral recommendations.
 2. Must have completed 8th grade and above for Junior Jamboree Camp.*
 3. Must have completed 6th grade and above for Cloverbud Camp.*
 4. Must enjoy working with younger kids
 5. It is preferred, but not mandatory, that counselors are enrolled 4-H members.
 6. Must be able to attend all training sessions and camp.**

**Exceptions are determined on a case-by-case interview.*

***If you cannot attend the training sessions, you must schedule an appointment with Marla Lowder to cover the material.*

Name _____ Grade just completed _____

Address _____ City _____

State/ZIP _____ Phone _____

List any camps and the years you attended as a camper: _____

List all prior experience(s) you have been a counselor, year(s) or experience, name of camp(s), special duties, etc.: _____

List Expiration Dates

Do you have an up-to-date Red Cross First Aid Card? _____ CPR Card? _____

Have you passed Red Cross Lifesaving? _____ Jr. _____ Sr. _____ WSI _____

List your hobbies and interests: _____

List two people as references:

1. _____ Phone _____

2. _____ Phone _____

(Application continues on next page!)

4-H Camp Counselor (APPLICATION CONT'D)

Check all areas you have experience in:

- | | | |
|--|---------------------------------------|------------------------------------|
| <input type="checkbox"/> Group games | <input type="checkbox"/> Hikes | <input type="checkbox"/> Canoeing |
| <input type="checkbox"/> Crafts | <input type="checkbox"/> Skits | <input type="checkbox"/> Drama |
| <input type="checkbox"/> Singing | <input type="checkbox"/> Sports | <input type="checkbox"/> Archery |
| <input type="checkbox"/> Outdoor cooking | <input type="checkbox"/> Nature study | <input type="checkbox"/> Campfires |

Explain briefly your experience (include place, time period, year, etc.) as a learner and teacher in areas checked and any other areas that might be helpful in a camp or learning setting:

Write a short essay on why you want to be a counselor (include leadership experience, cooperative learning experiences, teaching experiences, etc.):

Return application to:

**UAF Cooperative Extension Service
 Tanana District 4-H Program
 P.O. Box 758155
 Fairbanks, AK 99775-8155**

**Fax: 474-6885
 Phone: 474-2427**

4-H Camp Counselor SELF-EVALUATION (GOOD AT – OK – LOUSY)

*“What you DO speaks so loudly that I cannot hear what you say.”
~ Ralph Waldo Emerson*

NAME: _____

	GOOD AT	OK	LOUSY
1. <u>GOOD HEALTH AND VITALITY</u>			
A. Energy to last a whole day with 10-12 campers.			
B. Good eating habits.			
C. Will make sure campers/counselors get enough sleep.			
2. <u>ACCEPTABLE TO OTHERS</u>			
A. Dress to look nice yet practical.			
B. Clean in body and mind.			
C. Courteous, mannerly and friendly.			
D. Sense of humor, justice and fun.			
E. Cooperation (with directors, campers, counselors).			
3. <u>ADAPTABLE TO CAMP LIFE</u>			
A. Love children — all types.			
B. Capacity to accept responsibility and to work as a member of the group.			
C. Ability to be at home in the out-of-doors.			
D. Ability to teach skills.			
E. Understand the needs of campers; places their needs ahead of personal desires during camp.			

(Self-Evaluation continues on next page!)

4-H Camp Counselor (SELF-EVALUATION CONT'D)

4. EMOTIONAL MATURITY

- A. Good moral character and integrity.
- B. Accept suggestions and carry them out.
- C. Do not have emotional outbursts (anger, tears, etc.).
- D. Do not get homesick.
- E. Follow through and don't have to be reminded.
- F. Stand by convictions — not misguided by others.
- G. Ability to be “father/mother” for a week and “deal” with a cabin-full of campers.
- H. Know when I am “beyond my depth” and consult with adult staff.
- I. Have high standards in regard to coeducational activities and maintains them.

GOOD AT	OK	LOUSY

5. RESOURCES

- A. Conversation — use and encourage clean language and show high respect for all in words and deeds.
- B. Games — can teach several for camp age group.
- C. Crafts — interested in learning skills and helping campers achieve.
- D. Nature lore — knowledge of and interest in nature.
- E. Athletics — skill in at least one camp sport.
- F. Music — can lead group singing, sing while others are leading and encourage campers to sing.

Oh, snap!



WANTED!

YOUR 4-H CLUB PHOTOS!

We want to see all the **AWESOME** things your club is doing!

A picture is worth a thousand words!
Each month in the Tanana District 4-H News, we would like to **HIGHLIGHT** a club activity.

To submit a photo for consideration, please verify the following information **BEFORE** sharing it with us:

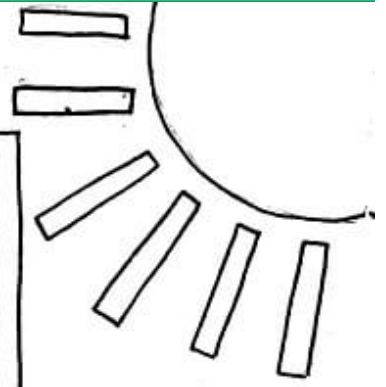
- ✿ Each youth featured in photo must be in active status in the ZSuite 4-H enrollment program.
- ✿ Each youth must have an approved Media and Information Release Statement in the ZSuite 4-H enrollment program.
- ✿ Non-4-H members may not be in the photo, unless written permission is received by a parent or guardian.
- ✿ Each youth must be identified by both first and last name.
- ✿ If we choose to identify youth in a cutline or story, only first names are used.
- ✿ Be sure to include the photographer's first and last name, too, for credit!
- ✿ HINT: We like action shots — showing your club members doing things!

Email your photo to both rlboswell@alaska.edu and mklowder@alaska.edu along with the above information. We cannot guarantee publishing all photos, but we will do our best!
Thank you for sharing!

L O O KING FORWARD TO SEEING YOU!



APRIL



SHOWERS

bring MAY

flowers



PARTING



SHOT!

Are YOU my mommy?
A curious calf greets an
Alaska 4-H Summit visitor on
a farm tour in Delta Junction.



Eve Karczmarczyk photo



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