



Tanana District 4-H News



Cooperative Extension Service • Tanana District Office • P.O. Box 758155 • Fairbanks, Alaska 99775-8155 • 907-474-1530

COMMUNITY SERVICE SPOTLIGHT

4-H: Your first class at UAF!



Members of the Amour de Cheval 4-H Club met Feb. 26, 2022, to make no-sew blankets for the women's shelter at the Interior Alaska Center for Non-Violent Living. Displaying their beautiful creations are Annika, Addison, Alicia and Celisa. Nice handiwork and thank you for your donations! For more photos by club leader Kadee Liddell, see page 7.

What's Inside

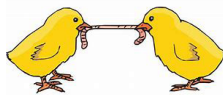
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April

- 4..... Teen Club meeting, 6 p.m.
- 5..... Livestock Council meeting, 6:30 p.m.
- 11..... Horse Council meeting, 6:30 p.m.
- 12..... Leaders Council meeting, 6:30 p.m.
- 16..... Public Presentation/ Demonstration Day
- 17..... Happy Easter Eggs!
- 18..... Teen Club meeting, 6 p.m.
- 19..... Market Livestock Participants Meeting, 6 p.m.
- 21..... Teen Club meeting, 6 p.m.
- 22..... Earth Day
- 29-30...State Horse Contest

May

- 2..... Teen Club meeting, 6 p.m.
- 3..... Livestock Council meeting, 6:30 p.m.
- 6..... Camp Counselor Applications due for Junior Jamboree
- 8..... Happy Mother's Day!
- 9..... Horse Council meeting, 6:30 p.m.
- 10..... Leaders Council meeting, 6:30 p.m.
- 16..... Teen Club meeting, 6 p.m.
- 30..... Memorial Day (UAF Campus/4-H Office closed)





Marla's Roundup



I am so humbled to be sitting here writing this column. We all hear life can change in the blink of an eye — but until you experience it — you really don't understand it. Not a day goes by that I don't think how lucky I am to be here and to experience the things that I get to. It will probably fade over the years, but I am going to try not to let it. With that said, please let your family know how much you appreciate them and how much you love them every day as you don't know when it will be the last. I am grateful that I get to experience each day, and although I may grumble about the snow and worries of break up and all the water, I am truthfully thankful to be here to mumble.

For those of you who don't know, I was in a pretty serious car accident the first of February and walked away with a minor concussion. With that said, thank you to those who reached out and to those of you who kept the program going while I was, and still am, recovering. Every week shows progress towards recovery. I appreciate Ronda in the office who has taken the brunt of the work for our wonderful program and I hope you all have been patient with her as she answers to our whole office and not just 4-H. We are truly blessed to have her.

With that said, there is so much coming in the next few months as we run into spring and summer activities. Please be sure to read the whole newsletter and see what you may want to participate in or help with. We are going to try and have camps again this summer and it will take teens to be camp counselors to make it happen, so please encourage your teens to apply to be counselors.

Livestock and horse programs have many things in the making, that I am told. Some will be in here, others will be on the listserv so be sure to keep an eye on it.

We are so excited to be moving past COVID-19 a little more and the ability to start doing some things again. Please keep an eye on the UAF page and our COVID 4-H page to keep up to date with what is happening. One day, we won't have to talk about it and I hope it is soon.

For now, until I see you, have a great time and take care of yourself and know how much you are appreciated.

Marla Louder 

**Yee-haw!
Marla's back in
the saddle!**



**Welcome back!
We missed your smile!
Giddy-up!**

Some GOOD NEWS for 4-H from Marla!

COVID-19 Update

Things are starting to look up, folks! Keep up to date with current guidelines at the CDC website and our state 4-H web page at www.alaska4h.org/covid-current-phase-c.

The biggest thing is we have moved into color phases based on the community statistics. They are green, yellow and orange for masking requirements. Green and yellow indicate masks are optional and orange means they are required. You can find the color status of our community on the UAF home page and it is updated every Friday. AND, we no longer have restrictions on numbers in a classroom! Yahoo!

As always, reach out if you have questions.

SPRING IS HERE!

Check out these exciting things to do!

APRIL 16 — Public Presentation/Demonstration Day

Start getting ready and preparing for it as the big day will be here before you know it. Please email Marla (as Ronda will be on leave) the name, age of youth as of Aug. 15, 2021, type of presentation and title of presentation. This information is requested by **April 8** so Marla will have time to set the schedule and find enough judges.

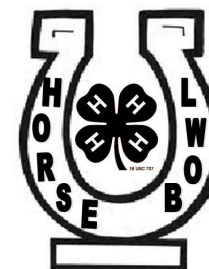


APRIL 19 — Market Livestock Participants Meeting

If your youth is doing a market livestock project and did not attend the meeting in February, you must attend the meeting on April 19 at 6 p.m. So, make sure you get it on your calendar. We are asking for those who are first year to the program to attend in person and those who have done it before to do it online by Zoom. You will need to register so we know who will be there and so we can get you the paperwork if you are doing it by Zoom. Please register with Tanja Bryan at 907-378-1757 or Marla Lowder at 907-474-2427 or mklowder@alaska.edu.

APRIL 29-30 — State Horse Contest in Fairbanks!

Our district will host the state horse contest this year. The dates are going to be April 29 and 30. So, you horse kids save the date and start studying. There will be horse bowl, horse judging, hippology, demonstrations and public speeches. It has been three years since we had one, so we will be excited to do it again this year. Registration can be found on the state horse 4-H web page or your leader should have them.



**LEADERS
COUNCIL
MONTHLY
MEETINGS!**

All leaders are invited to the Leaders Council meetings held the second Tuesday of each month at 6:30 p.m. Meetings are currently are held via Zoom — please contact the Extension office if you need the link.

We hope to see your smiling face on screen soon!



HEY, 4-H'ERS!

Be sure to "LIKE" Tanana District 4-H and Alaska 4-H on Facebook. You'll find some **AWESOME** information on these pages!

SUMMER FUN UNDER THE MIDNIGHT SUN!

Calling all campers!

JUNE 27-30 — Junior Jamboree

Summer is fast approaching and we want everyone to be aware that we will be having our summer camps this year. Following are the dates of our camps so you can get them on your calendars. Junior Jamboree is set for June 27- 30 and it always promises to be a good time! I am looking for teens to help plan it and help me set a theme. So, if you have a youth who is 14 or older who would be interested, please have them reach out to me.



JULY 18-20 — Cloverbud Camp

Cloverbud Camp is not far behind on July 18-20. We haven't started planning this one yet, but soon will. I know it will be a fun and exciting camp as it always is. So, if you have youth who want to attend one of these camps, watch the listserv for more information or the June-July newsletter as things start to unfold.

WANTED: Camp Counselors

Inside the newsletter, you will find the application to be a camp counselor for either Junior Jamboree or Cloverbud Camp (see pages 9-13). I would hope that many of you will consider being one and apply. Any questions, please give Marla a call at 907-474-2427. Deadlines for applications are May 6 for Junior Jamboree and June 3 for Cloverbud Camp.



GOT A GOOD IDEA?

The leader's council is looking for the next **FUN** activity to sponsor.

Submit your **AWESOME** suggestions to one of the officers or to Marla.

We need your **CREATIVITY!**

What can 4-H do for me?

Who do I contact?



If you have any questions about 4-H, please contact your local 4-H Office at 907-474-2427 or any of the 2021-22 Leaders Council officers:

- President — Tessa Miller**
rodighiero@hotmail.com
- Vice President — Dani Markham**
rosacreekranch@gmail.com
- Secretary — Lisa Harlow**
lisaharlow06@gmail.com
- Treasurer — Patsy Perkins**
patsyjperkins@hotmail.com



Let's Meet Up!

COUNCIL MEETINGS — Come Zoom with us!

Leaders, don't forget you are invited to attend any of the following monthly meetings currently being held on Zoom. It is our standard Zoom number. If you need it, contact the Extension office or one of the council members.

Leaders Council meetings — Second Tuesday of the month at 6:30 p.m.

Livestock Council meetings — First Tuesday of the month at 6:30 p.m. in February, April, May, September, October and November and then as needed.

Horse Council meetings — Second Monday of the month at 6:30 p.m. September through May.

CLUB MEETINGS — There's a Zoom account for you!

Remember that we have a Zoom account set up that you can use for club meetings, if it is available. Please contact Ronda or Marla through email to sign up for it. We will share the link with you to share with your club members. We ask that you only use it for the date and time you sign up for as others may be using it before or after you. Thank you for your cooperation with this.



Ronda's Registration Roundup

Ronda has been really busy trying to keep up with everyone, so thank you to those of you who have gotten everything completed. If not, please get those registrations done.

For youth, go into your ZSuite account and re-enroll and pay your dues. One cannot be complete without the other.

For leaders, you need to re-enroll and do your trainings. Check out the great step-by-step process at this page: www.alaska4h.org/volunteer-requirements. You will also find the links to the trainings on this page. It is pretty handy. The only thing that is not on there is a requirement to read through the Alaska 4-H Mitigation Plan page and send us an email saying you have read, understand and will adhere to the guidelines set forth on it. If you need help with anything, feel free to contact Ronda at 907-474-2450 or rlboswell@alaska.edu.

Also, please be sure to thank Ronda for all her hard work in keeping this all straight and being on top of things with all of you.



Need a Helping Hand with Leader Trainings? We are here for YOU!

If you are having trouble getting those trainings done, please let me know so I can help you with them. Also, if there is something that you feel you or the district needs a training on, let me know so I can get things organized and either do the training or find someone to do it.

I want to help you all be the best leaders you can be and to be successful in leading our future leaders ... our youth.

~ Marla





CALLING ALL CLOVERBUDS!

There's a **NEW** club in town just for **YOU!**

All youth ages 5-7 are invited to join the fun!
There will be a variety of things covered in the club
based on its participants' interests.



If you know someone who has youth ages 5-7
who would like to participate, please contact Marla Lowder at
907-474-2427 or mklowder@alaska.edu.

COME JOIN THE FUN!



~ SPOTLIGHT ON ~ COMMUNITY SERVICE PROJECT

Thank you,
Amour de Cheval!



2022 Livestock Possession Dates

Don't forget the following dates if you checked on the agreement that you are raising one of these animals for market:

- Feeder Steer** — born on or after Dec. 1 and in possession by April 15
- Lamb** — born on or after Jan. 1 and in possession by May 1
- Swine** — born on or after Jan. 1 and in possession by May 1
- Goat** — born on or after Jan. 1 and in possession by May 1
- Turkey** — hatched on or after March 15 and in possession by April 15
- Goose** — hatched on or after March 15 and in possession by April 15
- Ducks** — hatched on or after May 25 and in possession by June 8
- Chickens** — hatched on or after May 23 and in possession by June 6
- Rabbits** — born on or after May 8 and in possession by July 1



* Be sure to also review the 2022 Market Livestock Update for upcoming important dates/events to remember. Turn/scroll to page 8.

2022 MARKET LIVESTOCK UPDATE

Guidelines according to the state veterinarian, Dr. Robert Gerlach



IMPORTANT TO NOTE!

For each vaccine listed, be sure to note whether it is **SUGGESTED** or **REQUIRED** for your animal. If the vaccine is required, proof that it was administered must be submitted on entry day.

Proof consists of the following:

- Name of vaccine
- Expiration date: Vaccine shall not be expired when administered.
- Manufacturer
- Date vaccine administered
- Lot number
- Who administered vaccine

Vaccinations — Suggested or Required?

Cattle, Feeder Beef and Bison

IBR-Bovine rhinotracheitis — *required*
BVD-Bovine virus diarrhea — *required*
PI-3-Parainfluenza 3 — *required*
Wart vaccine — *suggested*

Reindeer

Clostridial, 7-way — *required*
Respiratory, 3-way — *required*
IBR, BVD, PI3 — *required*

Sheep and Goats

CDT-clostridium perfringens type D & tetanus — *suggested*

Swine

Erysipelas — *required* (consistent with manufacturer's recommendations)



Things the veterinarian will look for on delivery day: warts, enlarged external lymph nodes (especially on sheep and goats), infectious or contagious diseases (including external parasites), clinical signs of dermatitis (ringworm) and evidence of castration, when applicable.

You should have the animal in the best physical shape prior to going to the fair. This includes providing good nutrition, vaccinations and parasite control. These precautions will enable the animal to have a strong immune system and avoid getting ill when they are exposed to the other animals and the stress of being away from home and at the fair.

Important Dates to Remember!

April 19: Mandatory Market Livestock Participant Meeting, 7 p.m., at 4-H office. Parent or guardian must attend. Must attend this meeting if you did not attend the other meeting on Feb. 19.

May 1-9: Weigh-in Week, Large Animals. Beginning weights of all large animal market projects (finished beef, feeder steer, swine, sheep and goat) must be turned in to 4-H office along with full-body, close-up picture of animal, date picture taken and 4-H tag number.

May 6: Organized Weigh-in, Large Animals, 4-8 p.m., at Tanana Valley State Fairgrounds, for those who wish to weigh their animals. Tagging and photos also to be available.

Date TBD: Mandatory Livestock Showmanship Clinic. Large livestock is Saturday and poultry, rabbits and covies are Sunday.

July 1: Check on any medicated feeds and all medications for withdrawal dates for all market animals.

July 3-11: Weigh-in Week, Small Animals. Beginning weights of all small animal market projects (turkeys, geese, ducks, chickens, rabbits and covies) must be turned in to 4-H office along with full-body, close-

up picture of animal, date picture taken and 4-H band number (tattoo number for rabbits).

July 8: Organized Weigh-in, Turkeys, Geese and Ducks, 6-7 p.m., at Tanana Valley Fairgrounds, for those who wish to weigh their animals. Banding and photos also to be available.

July 23: Entry Day, 1-6 p.m. at Largen Barn. Buyer contacts and record books due.

July 25: Barn Set-up Day; potluck when work done, 5 p.m.

July 28: Delivery of Animals to Fair. Small animals, 2-8 p.m., and large animals, 4-8 p.m. *Remember, there will be a vet check before animals can be brought into the barns.*

July 29: Mandatory Barn Meeting, 11 a.m.

July 29: Official Fair Weigh-in, noon-2 p.m.

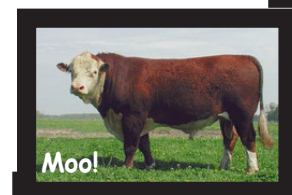
Aug. 5: Mandatory Barn Meeting, 11 a.m.

Aug. 7: Animal Pick-up Day and Barn Clean-up, 7 a.m.

Aug. 21: Small animals delivered to buyer unless other arrangements with buyer are made.

Sept. 10: Record books turned in to 4-H leader/FFA advisor in order to be eligible for a market project next year.

Questions? Contact Marla Lowder at 474-2450 or mklowder@alaska.edu.



Revised November 2021

4-H Camp Counselor JOB DESCRIPTION

DUTIES:

1. Be responsible for health, welfare and safety of campers.
2. Supervise cabin group during nonscheduled time.
3. Supervise all duties of cabin group, such as KP, cleaning showers, bathrooms, cabin, etc.
4. Carry out duties as assigned by director or other adult staff.
5. Assist with and participate in the discovery group learning phase of the program.
6. Take part in planning evening recreation activities, campfires, etc.
7. Be in your cabin each night at "quiet time."

RESPONSIBILITIES:

1. Be enthusiastically involved in camp.
2. Be familiar with the objectives of camp.
3. Establish and maintain a rapport with your cabin group.
4. Get to know each camper.
5. Encourage camper participation in activities and educational programs.
6. Promote respect for Twin Bears camp facility and natural surroundings.
7. Keep camper morale high.
8. Lead by being a good example.
9. Deal with discipline and report serious problems to director.
10. Show NO favoritism.
11. Contact the director or nurse at first signs of injury, illness or irregularities with campers or self.
12. Maintain good sense of humor; do not lose temper.
13. See that both you and your cabin group get enough sleep.
14. Maintain communications with staff.
15. Be responsible for keeping cabin clean and orderly.



4-H Camp Counselor APPLICATION

There is required counselor training: Dates and times will be identified prior to each camp session.

- Qualifications:
1. Must be willing to follow all rules and behavioral recommendations.
 2. Must have completed 8th grade and above for Junior Jamboree Camp.*
 3. Must have completed 6th grade and above for Cloverbud Camp.*
 4. Must enjoy working with younger kids
 5. It is preferred, but not mandatory, that counselors are enrolled 4-H members.
 6. Must be able to attend all training sessions and camp.**

**Exceptions are determined on a case-by-case interview.*

***If you cannot attend the training sessions, you must schedule an appointment with Marla Lowder to cover the material.*

Name _____ Grade just completed _____

Address _____ City _____

State/ZIP _____ Phone _____

List any camps and the years you attended as a camper: _____

List all prior experience(s) you have been a counselor, year(s) or experience, name of camp(s), special duties, etc.: _____

List Expiration Dates

Do you have an up-to-date Red Cross First Aid Card? _____ CPR Card? _____

Have you passed Red Cross Lifesaving? _____ Jr. _____ Sr. _____ WSI _____

List your hobbies and interests: _____

List two people as references:

1. _____ Phone _____

2. _____ Phone _____

(Application continues on next page!)

4-H Camp Counselor (APPLICATION CONT'D)

Check all areas you have experience in:

- | | | |
|--|---------------------------------------|------------------------------------|
| <input type="checkbox"/> Group games | <input type="checkbox"/> Hikes | <input type="checkbox"/> Canoeing |
| <input type="checkbox"/> Crafts | <input type="checkbox"/> Skits | <input type="checkbox"/> Drama |
| <input type="checkbox"/> Singing | <input type="checkbox"/> Sports | <input type="checkbox"/> Archery |
| <input type="checkbox"/> Outdoor cooking | <input type="checkbox"/> Nature study | <input type="checkbox"/> Campfires |

Explain briefly your experience (include place, time period, year, etc.) as a learner and teacher in areas checked and any other areas that might be helpful in a camp or learning setting:

Write a short essay on why you want to be a counselor (include leadership experience, cooperative learning experiences, teaching experiences, etc.):

Return application to:

**UAF Cooperative Extension Service
 Tanana District 4-H Program
 P.O. Box 758155
 Fairbanks, AK 99775-8155**

**Fax: 474-6885
 Phone: 474-2427**

4-H Camp Counselor SELF-EVALUATION (GOOD AT – OK – LOUSY)

*“What you DO speaks so loudly that I cannot hear what you say.”
~ Ralph Waldo Emerson*

NAME: _____

	GOOD AT	OK	LOUSY
1. <u>GOOD HEALTH AND VITALITY</u>			
A. Energy to last a whole day with 10-12 campers.			
B. Good eating habits.			
C. Will make sure campers/counselors get enough sleep.			
2. <u>ACCEPTABLE TO OTHERS</u>			
A. Dress to look nice yet practical.			
B. Clean in body and mind.			
C. Courteous, mannerly and friendly.			
D. Sense of humor, justice and fun.			
E. Cooperation (with directors, campers, counselors).			
3. <u>ADAPTABLE TO CAMP LIFE</u>			
A. Love children — all types.			
B. Capacity to accept responsibility and to work as a member of the group.			
C. Ability to be at home in the out-of-doors.			
D. Ability to teach skills.			
E. Understand the needs of campers; places their needs ahead of personal desires during camp.			

(Self-Evaluation continues on next page!)

4-H Camp Counselor (SELF-EVALUATION CONT'D)

4. EMOTIONAL MATURITY

- A. Good moral character and integrity.
- B. Accept suggestions and carry them out.
- C. Do not have emotional outbursts (anger, tears, etc.).
- D. Do not get homesick.
- E. Follow through and don't have to be reminded.
- F. Stand by convictions — not misguided by others.
- G. Ability to be “father/mother” for a week and “deal” with a cabin-full of campers.
- H. Know when I am “beyond my depth” and consult with adult staff.
- I. Have high standards in regard to coeducational activities and maintains them.

5. RESOURCES

- A. Conversation — use and encourage clean language and show high respect for all in words and deeds.
- B. Games — can teach several for camp age group.
- C. Crafts — interested in learning skills and helping campers achieve.
- D. Nature lore — knowledge of and interest in nature.
- E. Athletics — skill in at least one camp sport.
- F. Music — can lead group singing, sing while others are leading and encourage campers to sing.

GOOD AT	OK	LOUSY

Oh, snap!

**WANTED!**

YOUR 4-H CLUB PHOTOS!

We want to see all the **AWESOME** things your club is doing!

A picture is worth a thousand words!
Each month in the Tanana District 4-H News, we would like to **HIGHLIGHT** a club activity.

To submit a photo for consideration, please verify the following information **BEFORE** sharing it with us:

- ✿ Each youth featured in photo must be in active status in the ZSuite 4-H enrollment program.
- ✿ Each youth must have an approved Media and Information Release Statement in the ZSuite 4-H enrollment program.
- ✿ Non-4-H members may not be in the photo, unless written permission is received by a parent or guardian.
- ✿ Each youth must be identified by both first and last name.
- ✿ If we choose to identify youth in a cutline or story, only first names are used.
- ✿ Be sure to include the photographer's first and last name, too, for credit!
- ✿ **HINT:** We like action shots — showing your club members doing things!

Email your photo to both rlboswell@alaska.edu and mklowder@alaska.edu along with the above information. We cannot guarantee publishing all photos, but we will do our best!
Thank you for sharing!

LOOKING FORWARD TO SEEING YOU!