Stacey is the Associate Director for Counseling and has been with UAF Student Health and Counseling since 2013. She received her Master’s Degree in Social Work from the University of Washington and obtained her clinical licensure shortly thereafter. Stacey has twenty years of experience working in the mental health field and is formally trained as a Cognitive Behavior Therapist with a specialty in Dialectical Behavior Therapy. She started her career working with incarcerated youth and young adults in Seattle, and later moved on to Harborview Medical Center's inpatient psychiatry. In 2009, Stacey relocated to Fairbanks where she worked with active duty members and their families on Eielson Air Force Base.

Believing that the relationship is a fundamental part of therapy, Stacey builds upon strengths and resilience to assist with change and achieving personal goals. She has experience with crisis intervention, mood disorders, anxiety, interpersonal relationships and adjustment concerns. Stacey is holistic in her approach, utilizing self-awareness and mindfulness as a foundation for practice.