



Carve A Snack

Explore carving different materials and create a fun snack!

Materials:

Cookie cutters, variety of healthy snack foods that can be easily sliced and carved (such as melon, apple, pear, avocado, cheese, cucumber, ham, bread, etc.)



Instructions:

Step 1: Prepare slices of snack foods in advance.

Step 2: Together with your child(ren), carve out shapes from the snacks with cookie cutters. Experiment with different shapes!

Step 3: Arrange snacks on a plate and enjoy!



Think and Discuss:

Which foods were easier to carve? Which foods were more challenging?

Artists carve many different materials, such as wood, antler, bone, ivory, and soapstone. Why might they prefer each material?



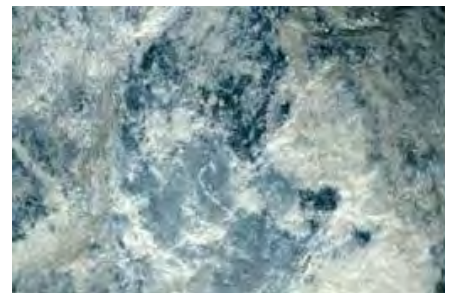
Wood.

Image: Snappygoat.com.



Moose Antler.

Image: Wikimedia Commons.



Soapstone.

Image: Wikimedia Commons.