Make a Shaky Instrument

Materials Needed:
Small recycled container of any kind (plastic bottle, cardboard roll or box, plastic easter egg), sturdy tape (masking tape, duct tape, packing tape), ¼ cup fill material of your choice (rice, dried lentils, or beans, or non-food items such as paper clips, beads, sand, or Legos). Optional: Items to decorate (tempera paint, construction paper and glue, stickers, markers, etc).

Instructions:

Caution: Supervise young children to prevent choking hazards!

Step 1: Prepare your recycled container: Tape one side of the container so only one side is still open, and tape any cracks in the container.

Step 2: Fill the bottom of your container with your choice of fill material. Experiment with the sounds of different materials!

Step 3: Close the top of the container. Tape to secure as needed.

Step 4: Decorate your shaky instrument with paint, construction paper, stickers, markers, ribbons, or anything else you have available.

You are ready to play your shaky instrument!