

Make a Shaky Instrument

Materials Needed:

Small recycled container of any kind (plastic bottle, cardboard roll or box, plastic easter egg), sturdy tape (masking tape, duct tape, packing tape), $\frac{1}{4}$ cup fill material of your choice (rice, dried lentils, or beans, or non-food items such as paper clips, beads, sand, or Legos). *Optional:* Items to decorate (tempera paint, construction paper and glue, stickers, markers, etc).

Instructions:

Caution: Supervise young children to prevent choking hazards!

Step 1: Prepare your recycled container: Tape one side of the container so only one side is still open, and tape any cracks in the container.

Step 2: Fill the bottom of your container with your choice of fill material. Experiment with the sounds of different materials!

Step 3: Close the top of the container. Tape to secure as needed.

Step 4: Decorate your shaky instrument with paint, construction paper, stickers, markers, ribbons, or anything else you have available.

You are ready to play your shaky instrument!



Adapt this craft to the supplies you have at home!

