

# TRAUMA-INFORMED PEDAGOGY: A PRACTICAL WORKSHOP

Sponsored by:

2020 Faculty Learning Community  
on Trauma-Informed Pedagogy

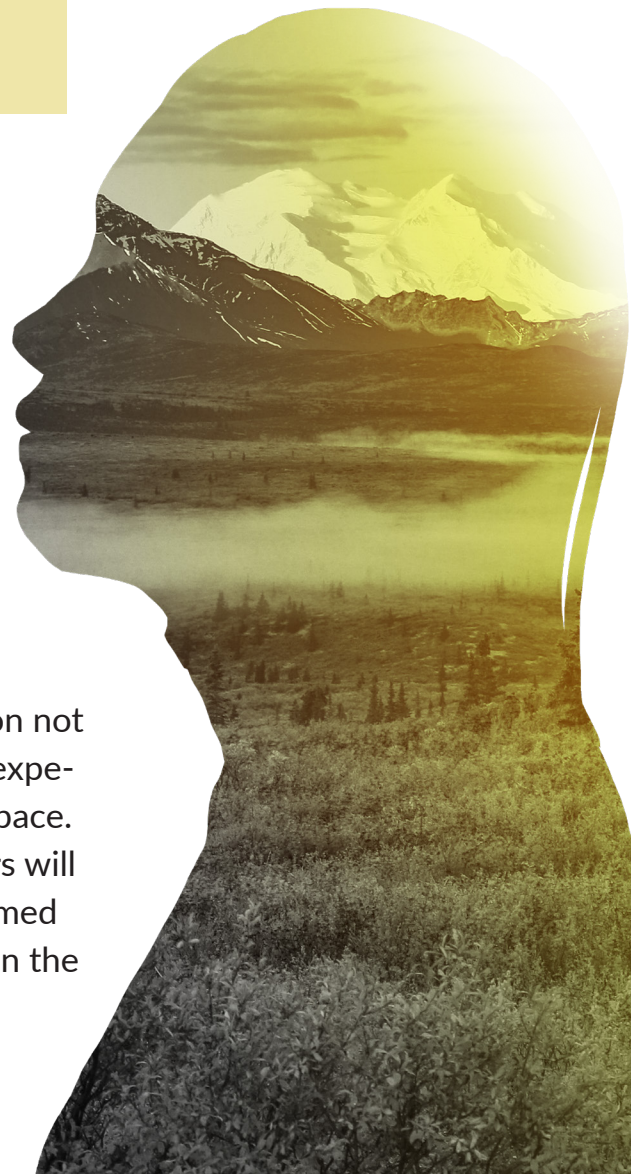
**NOVEMBER 17 + 19, 1-3PM  
WITH OPTIONAL Q&A 3-4PM**

This workshop will cover:

- Theory of trauma-informed practice
- Reframing common trauma responses
- Power, relationships, and intersectionality in trauma-informed pedagogy
- How to operationalize empowerment in education

**Reserve a seat for the workshop:  
[bit.ly/tip-UAF](https://bit.ly/tip-UAF)**

Trauma-informed pedagogy is an approach to teaching and learning that recognizes the whole person not just in and outside of the classroom, but through the experiences and challenges that may impact the learning space. In this workshop, certified trauma-informed facilitators will share research and theory that supports trauma-informed practice, including the ACEs study, trauma's impacts on the brain, Attachment and Trauma theory. Through praxis, participants will be invited to connect theory to method, exploring practical applications to higher-ed learning spaces.



Facilitated by:

Jody Hassel is a third generation Alaskan raised in the unceded territory of the Lower Tanana Dené Athabaskan people also known as Fairbanks. She holds a B.A. in Theatre Arts and an M.F.A. in Creative Writing. She is certified as an Experienced Registered Yoga Teacher (E-RYT) and is a licensed trainer of Trauma Center Trauma Sensitive Yoga (TCTSY) with the Center for Trauma and Embodiment in Boston. Jody has been teaching in classrooms in the FNSBSD and at UAF since 1995. As co-founder and Executive Director of Blossom House in Fairbanks, she and her colleagues work with people to create healthy strategies fostering effective action toward community wellness and resilience.

Linda Thai is an adjunct faculty member in the Social Work Department at the University of Alaska Fairbanks and specializes in trauma-informed care and compassion fatigue resilience skills; Mental health clinician at ND Systems, specializing in somatic therapies and trauma therapy. She assists internationally renowned psychiatrist and trauma expert, Dr. Bessel van der Kolk, with his private small group psychotherapy workshops aimed at healing attachment trauma.