

Improve Your Communication With Your Partner!

Contact Jessica at: (907) 799-6014

We are looking for heterosexual **couples who want to improve their communication** and who would like to take part in a 90 minute workshop.

If you and your partner are a heterosexual couple in a committed (not married) relationship, between the ages of 18-40, and want to improve your communication, **this is for YOU!**

The workshop leader is Jessica McKay, a licensed clinical social worker, who specializes in couple-based interventions. When you contact Jessica, you will complete a short screening over the phone to determine your eligibility. Once you qualify for the study, you will complete a couple of surveys (both alone and with your partner), take part in the workshop, and complete follow-up surveys.

When you complete the follow-up surveys, each couple will receive a \$25 gift card to Fred Meyer! This workshop is part of a dissertation research project. Please contact Jessica McKay with any questions you might have! (907) 799-6014 or jcmckay@alaska.edu

If you have questions or concerns about your rights as a research participant, you can contact the UAF Office of Research Integrity at 474-7800 (Fairbanks area) or [1-866-876-7800](tel:18668767800) (toll-free outside the Fairbanks area) or uaf-irb@alaska.edu.

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