



UAF Student Health & Counseling

THE WEDNESDAY GROUP

An 8-week open group for social support
and information

**JOIN US ON ZOOM
EVERY WEDNESDAY
FROM 12-1
UNTIL OCTOBER 7, 2020
EMAIL UAF-SH-CC@ALASKA.EDU
FOR ACCESS TO THE ZOOM LINK**

We know this school year looks and feels a bit different. We may be alone more often, but we don't have to be lonely! Join us every week to connect with fellow Nanooks for socializing and support.



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Counseling Center

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