This class will focus on skill building and personal leadership development in three common areas of the Outdoor Industry: Rock Climbing, whitewater/river activities and wilderness travel.

Spring, 2018

Instructors: Brandon Worthington, Mark Oldmixon
Office: Outdoor Adventures, Student Recreation Center
Office Hours: 12-5pm M-F
Classes: Mondays, 6-9pm (April 16 – May 21)
Field: May 24-June 6th
Phone: 907-474-6306
E-mail: Btworthington@alaska.edu or mtoldmixon@alaska.edu


**Class objective:** The goal of this course is for students to develop leadership and technical outdoor skills in three different areas of outdoor recreation: Outdoor Rock Climbing, Whitewater and river travel and wilderness travel. Some of the skills that will be developed are: Knots and rope handling, climbing anchors, rappelling, lead climbing, climbing group management, river navigation, river rescue concepts, down river equipment, wilderness camping, gps, map and compass navigation and backpacking. The primary class requirement is the field portion.

**Class requirements:** Each student must have a valid belay card prior to beginning of classes. Belay classes are held Tuesdays and Thursdays 630-8pm at the Student Recreation Center rock wall. The fee is waived for students in this class.

**Attendance:** required for all scheduled classes This course is an activity course and will be graded credit/no credit. More than one unexcused absence or failure to participate in the class trip will result in a grade of no credit.

**Fees** $400. The fee will cover transportation, logistic fees, and free Outdoor Program rental equipment for course related activities for the semester.

**Class Schedule:**

4/16 – Class overview, expectations and introductions. Syllabus. Overview of locations and activities. 1st assignment.

4/23 – UAF Climbing Gym: Climbing overview. 2nd assignment. 1st Assignment due.
4/30 – UAF Patty Pool: Rafts, Flip drills, Kayaks and river safety etc.

5/7 – Maps, compass and GPS and navigation activities.

5/14 – Trip budgeting, trip planning, expeditionary behavior

5/21 - Trip Prep, logistics, emergency action plans and risk management. 2nd Assignment due

May 24th – June 5th Required field portion and final of course.