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Introduction

The Drug-Free Schools and Communities Act Amendments of 1989 requires that each college and university receiving federal financial assistance provides annual information on drug and alcohol use and to promote healthy lifestyles and prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees. The alcohol and other drug (AOD) prevention program must include, at minimum, the following:

- 1. Annual Distribution of a document to all students and employees that includes:
 - Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees
 - b. A list of applicable legal sanctions under federal, state, or local laws for the unlawful possession or distribution of illicit drugs and alcohol
 - c. A description of the health risks associated with the abuse of alcohol or use of illicit drugs
 - d. A list of drug and alcohol programs (counseling, treatment, rehabilitation, and re-entry) that are available to employees or students
 - e. A clear statement that the University will impose disciplinary sanctions on students and employees for violations of the standards of conduct and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution
- 2. Completion of the biennial review by the University of its Drug and Alcohol Program that includes the following objectives:
 - a. To determine the effectiveness of, and to implement any needed changes to, the AOD prevention program
 - b. To ensure that campuses enforce the disciplinary sanctions for violating standards of conduct consistently
 - c. Recommendations for revising AOD programs and policy changes as needed.

A copy of the biennial review must remain on file and be available for inspection by the U.S. Department of Education. The University of Alaska Fairbanks is committed to maintaining an environment that supports the health and well-being of its community members, while discouraging the illicit use of drugs and alcohol. The University demonstrates this commitment through the intent of the document is to meet the legal requirements of conducting a biennial review and summarize the various activities and programs that occur on the UAF campus as they relate to drug and alcohol prevention during the past two academic years.

Biennial Review and Annual Notification Process

The biennial review covers two full academic years from July 2022 through June 2024. The review incorporates information collected from the Department of Residence Life, Office of Rights, Compliance and Accountability, Student Health and Counseling, Athletics, Human Resources, and Clery.

The biennial review is updated biennially on the Office of Rights, Compliance and Accountability's website at https://www.uaf.edu/orca/compliance/biennial-review.php.

To request past reports please contact the Office of Rights, Compliance and Accountability at uaf-orca@alaska.edu. Reports are kept on a 7-year basis per the University's records retention policy.

UAF distributes the Drug-Free Schools and Communities Notification once a semester to faculty, staff, and students via a broadcast email message. The notification provides a clear description of the University's standards of conduct regarding the use of alcohol and other drugs, which clearly prohibits the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as any part of any of its activities. The document describes disciplinary actions, legal sanctions, and the University's commitment to invoke them. It also lists the health risks associated with alcohol abuse and drug use, counseling services, self-help groups, and other rehabilitation resources.

History of Alcohol and Other Drugs at UAF

In 1965, UAF president Ernest Patty passed a campus-wide ban on alcohol. Campus prohibition lasted for 16 years until 1981 when it was lifted. Since then, policies and procedures have been continuously refined to promote and maintain a safe environment. Revised in December of 2022, the UAF Alcohol Beverage Policy (UAF Policy 05.12.001) requires compliance with state laws and sensitivity to the public's perception of the University when serving alcoholic beverages at events on campus, or at UAF events located off-campus.

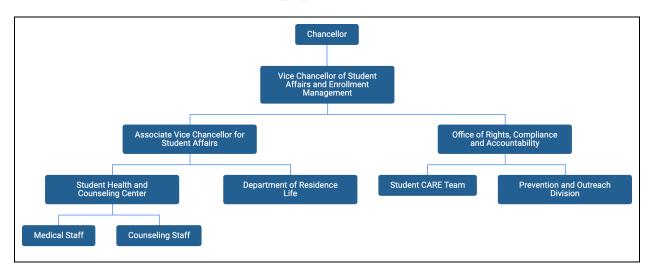
Ultimately, the sale and dispensing of alcoholic beverages is regulated by the State of Alaska Alcohol & Marijuana Control Office (AMCO). An AMCO permit is required when alcohol is served at a UAF-supported event. When a UAF-supported event on or off campus requires an AMCO permit, the permit application must be approved by the Contract Manager for Dining Services and Contract Operations.

Non-compliance can lead to arrest, and fines and are subject to the student code of conduct process. The UAF Police Department can terminate an event if the AMCO permit is not displayed, if alcohol is served by anyone that does not have an approved alcohol server education card, or if alcohol is served to anyone under the age of 21. The university can take additional actions as deemed necessary.

The University of Alaska Fairbanks maintains a tobacco and drug-free establishment.

Students of concern, including those who have been identified as using and/or abusing substances, are reported to the UAF Student CARE Team and appropriate campus partners for resources, intervention, and correction.

Description of Alcohol and Other Drug Prevention and Support



UAF Organizational Chart - Administrative Units That Provide Alcohol and Other Drug Prevention Programming and Support

- Chancellor
 - Vice Chancellor of Student Affairs and Enrollment Management
 - Associate Vice Chancellor for Student Affairs
 - Student Health and Counseling Center
 - Medical Staff
 - Counseling Staff
 - Department of Residence Life
 - Office of Rights, Compliance and Accountability
 - Student CARE Team
 - Prevention and Outreach Division

Office of Rights, Compliance and Accountability (ORCA):

Formerly the Center for Student Rights and Responsibilities and the Department of Equity and Compliance, this office is responsible for areas governing the reduction of harmful behaviors related to drug and alcohol abuse, in addition to concerning behaviors. ORCA partners with the departments and offices all across the university. The Director and Chief

Conduct Officer supervises, interprets, and enforces the student code of conduct with the assistance of student conduct administrators present in ORCA, and Residence Life.

Prevention and Outreach Division (ORCA POD):

ORCA POD (Prevention and Outreach Division) utilizes research-based strategies to address misconceptions which may impact behaviors, such as substance abuse, intimate partner violence, and stalking. It also aims to educate students and the broader university community about the warning signs of suicide and how to offer support. Additionally, ORCA POD provides education on bystander intervention, using the Green Dot Bystander Intervention Strategies Method, to UAF Troth Yeddha and other rural UAF campuses.

The division offers information, activities, and events designed to foster a healthy and safe campus environment, empowering students/staff to align their actions with positive, healthy attitudes and values. ORCA POD's mission is to provide prevention education, assessment, and appropriate referral services within the university setting.

ORCA POD Programming

ORCA POD delivers a range of initiatives aimed at reducing harmful behaviors and promoting overall well-being. These programs are designed to address pressing social and health-related issues like substance abuse, sexual assault, bystander intervention, and suicide prevention, all with the goal of preventing these problems before they arise.

Substance Abuse Prevention

ORCA POD's substance abuse prevention efforts educate individuals about the dangers of alcohol and drug abuse and promote healthy coping mechanisms. Targeting youth and vulnerable populations, these initiatives work to reduce the onset and prevalence of substance misuse through peer education, student and staff community groups like the "SoBear Lounge," and connections to recovery support networks on campus and within the broader community. ORCA POD has also partnered with the Department of Health & Social Services' Project HOPE to distribute opioid overdose prevention supplies.

Suicide Prevention

ORCA POD provides education on crisis intervention and access to mental health resources, helping individuals build a support network for those at risk. Programs

like Seize the Awkward (endorsed by the American Foundation for Suicide Prevention) and QPR (Question, Persuade, Refer) are central to ORCA POD's approach.

Through collaboration with rural campus schools, the Fairbanks North Star Borough, and local healthcare and social service providers, ORCA POD works to create a safer, healthier environment for all members of the university community.

Sexual Assault and Intimate Partner Violence Prevention

These programs raise awareness about consent, healthy relationships, and preventing sexual violence and intimate partner abuse. Through educational workshops, media campaigns, and policy changes across UAF campuses, ORCA POD fosters safer environments, empowering individuals with knowledge about reporting, available resources, and support systems.

Bystander Intervention

Bystander intervention programs equip individuals to recognize situations where someone may be at risk and provide the tools for safe intervention. This includes scenarios involving substance abuse, sexual assault, stalking, bullying, or other harmful situations. ORCA POD emphasizes community responsibility and proactive involvement in preventing violence and abuse through the Green Dot Bystander Intervention Strategy.

Student Health and Counseling Center (SHCC):

The Student Health and Counseling Center serves eligible students at UAF by providing general health care and laboratory services as well as mental health services. This includes after-hours counseling services for students who need immediate mental health care. In addition to these services, the clinic can also offer resources and referrals for students impacted by drug and/or alcohol use.

Suicide Prevention

Suicide prevention initiatives focus on identifying the warning signs of mental health crises and suicidal behavior, encouraging open conversations, and reducing the stigma around mental health.

TimelyCare

TimelyCare is a virtual medical and mental health care service that is available to any enrolled students at no cost 24/7, 365 days/year. It is offered as a supplement to

the extensive existing in-person and virtual services provided by the UAF Student Health and Counseling Center.

Residence Life:

Residence Life staff (including the Director, Associate Director, Area Coordinators, and Resident Directors) uphold community standards, enforce drug and alcohol policies, recognize students of concern, and act as an officer for compliance with substance-related sanctions resulting from student conduct outcomes. Residence Life staff creates a substance-free environment for students under 21 by providing floor plans and dorms that are designated for this population. Additionally, the Residence Life staff works to provide alternative activities that build community and promote substance-free experiences.

The Student CARE Team:

The purpose of the Student CARE Team (Crisis, Assessment, Response, Education) is to problem-solve student issues and to evaluate students of concern – with the goal of developing recommended options for early intervention. The team frequently assists students in crisis and provides support for students who may be experiencing substance use and/or abuse. Team members include UAF staff positions from diverse backgrounds and experiences who can effectively assist the student of concern. This team is made up of the following units, Office of Rights, Compliance and Accountability, Residence Life, University Police Department, University Fire Department, Office of the Provost, Faculty Representative, Rural Student Services, Office of the Bursar, Associate Vice Chancellor for Student Affairs, Center for Student Engagement, Disability Services, College of Indigenous Studies, Student Health and Counseling Center, and UAF Kuskokwim Campus.

Branch Campus Directors and Coordinators:

While not located on the main campus, the Directors and Coordinators of the various branch campuses housed under the University of Alaska Fairbanks are integral parts of the Alcohol and Drug prevention programs and policies, including enforcement for students engaging with the campus community online or at distance locations. All University policies apply on each of the UAF campuses and resources are available to all students, regardless of location.

Funding

The positions noted above are funded with a combination of general funds and auxiliary funds. In addition to the funding of positions, these same types of funding sources are utilized in student affairs to pay for student interventions and programming. The only exception is that students do receive a monetary fine for drug and alcohol violations which goes directly to pay for educational sanctions.

Policies Related to Alcohol and Other Drugs

UAF Residence Life Alcohol Policy

- Residents and guests are expected to follow state laws and University regulations related to alcohol use and possession. With the exception of legal dependents, residents and guests under 21 years of age may not be in the same room or apartment as an open container of alcohol. If a minor is present in an apartment, residents 21 and over can consume alcohol in their individual bedroom with the door closed.
- If alcohol is found in residential facilities, it is considered to be in the resident's possession. In all residential areas, any alcoholic beverages possessed in violation of UAF regulations will be confiscated and disposed of by Residence Life staff.
- Alcohol must be confined to individual rooms, suites, and apartments. The consumption of alcohol is not permitted in or on public and common areas, including hallways, lounges, lobbies, and porches.
- Displays of alcohol or alcohol containers are permitted for residents of legal age, as long as displays are not in public view (able to be viewed by someone outside the room or apartment or through a window). Underage residents or residents of substance-free halls may not display containers that once held alcohol.
- The sale of alcoholic beverages to a person by another individual on campus is prohibited.
- Use of common sources of alcohol, including but not limited to kegs, party balls, beer pong, trashcans, and punch bowls is prohibited.
- In order to transport alcohol into halls residents must live in that particular building, and not be perceptibly under the influence of alcohol.
- Neither alcohol possession nor intoxication are allowed in Bartlett Hall, Wickersham Hall, or Eileen Panigeo MacLean House regardless of resident age.

UAF Residence Life Drugs and Other Substances, Including Marijuana

The unauthorized use, manufacture, distribution, possession, or being under the influence of illegal drugs or other controlled substances in violation of local, state or federal law, Regents' Policy, University Regulation or MAU rules and procedures, is prohibited. Possession or use of marijuana or any other substance controlled pursuant to 21 U.S.C. 841 et seq. anywhere on university property is prohibited.

- It is a violation of the Student Code of Conduct and the Department of Residence Life policy to possess, distribute, or use any substance solely for the purpose of becoming intoxicated.
- Residents cannot store drugs, including marijuana, in personal vehicles while the vehicles are on campus.
- Paraphernalia is prohibited in Residence Life facilities.

Board of Regents Policy Chapter 09.02.020 Student Code of Conduct

R09.02.020. Student Code of Conduct

Disciplinary action may be initiated by the university and disciplinary sanctions imposed against any student or student organization found responsible for committing, attempting to commit, or intentionally assisting in the commission of any of the following categories of conduct prohibited by the Code.

The examples provided in this section constituting forms of conduct prohibited by the Code are not intended to define prohibited conduct in exhaustive terms, but rather to set forth examples to serve as guidelines for acceptable and unacceptable behavior.

14. Misuse of Alcohol

Examples include, but are not limited to:

 use, possession, manufacture, or distribution of alcoholic beverages in violation of local, state or federal law, Regents' Policy, University Regulation, or MAU rules and procedures.; or b. Engaging in any other category of prohibited conduct while under the influence of alcohol may constitute a violation of this category.

15. Misuse of Drugs or Other Intoxicants

Examples include, but are not limited to:

- a. use, possession, manufacture, distribution, or being under the influence of illegal drugs or other controlled substances in violation of local, state or federal law, Regents' Policy, University Regulation or MAU rules and procedures;
- b. abuse or misuse of prescription or over-the-counter medications, other chemical substances or other intoxicants;
- c. engaging in any other category of prohibited conduct while under the influence of legal drugs or other intoxicants may constitute a violation of this category; or
- d. use, possession, manufacture, distribution, or being under the influence of designer drugs.

UAF's Notice to Community Regarding Marijuana:

https://www.alaska.edu/counsel/files/Marijuana-Ballot-2-letter-UPDATED-5.10.18.pdf

Dear UA Students, Faculty and Staff:

As most of you know, Ballot Measure 2 regarding marijuana passed and went into effect February 24, 2015. Despite the changes in state law, it is critically important to understand that federal law regarding marijuana has not changed. While the federal government may or may not choose to prosecute violations of federal law regarding marijuana, it remains a federal crime, for example, to possess and use even small amounts of marijuana.

You also should be aware that Regent's Policy, University Regulation and Student Codes of Conduct related to marijuana are not required to change and are not likely to change. As a result, violating applicable Board of Regents Policy or University Regulation relating to illegal drugs, including marijuana, will continue to result in disciplinary action.

As a recipient of federal funds, UA has to comply with the Safe & Drug-Free Schools and Communities Act and the Drug-Free Workplace Act. These laws require among other things that UA maintain and enforce policies prohibiting the use of illegal drugs. Failure to comply with federal laws and regulations regarding marijuana would jeopardize UA's continued receipt of federal funds.

Also, under Federal regulations, certain University employees are subject to drug and alcohol testing because of the type of work they perform. Testing positive for marijuana is a violation of these regulations and will remain grounds for employment sanctions including termination, even if the marijuana use occurred outside of work hours and otherwise in accordance with state law.

Please review the following drug-related policies and information as applicable to your university status:

- Regents' Policy & University Regulation 04.02.040 Federal Drug-Free Workplace requirements;
- Regents' Policy & University Regulation 04.02.050 UA's Controlled Substance Testing program;
- Regents' Policy 05.12.104- prohibition of possession or use of marijuana on UA property;
- Regents' Policy & University Regulation 09.02.020C (15) student conduct involving illegal substances, including marijuana.

If you have any questions or concerns, please contact your Dean of Students or Human Resources office.

(General Counsel rev. 05/10/18)

UAF Policy 05.12.001 Alcohol Beverage Application

Policy Statement:

Serving alcoholic beverages at events on campus, or at UAF events located off campus, requires compliance with state laws. All persons who consume alcoholic beverages must do so in a legal and responsible manner.

Background and Justification:

The sale and dispensing of alcoholic beverages are regulated by the State of Alaska Alcohol and Marijuana Control Office (AMCO). A UAF Alcohol Beverage Application must be approved by the contracts manager for dining services and contract operations (DSCO)(as the Chancellor's designee) any time alcohol is available at UAF-supported events on or off

campus. In addition, an AMCO Permit is required when alcohol is served at a location not licensed to serve alcohol.

(see Appendix A for the application)

Kuskokwim Campus Zero Tolerance Drug and Alcohol Policy

All alcohol and illicit drugs are prohibited on the Kuskokwim Campus. The purpose of residence life is to provide students with a healthy and safe learning environment to promote the growth of the student as a person. Alcohol or drug use and abuse affect our mission, our overall atmosphere, and the personal well-being of all Sackett Hall residents and staff. The primary objectives of the Sackett Hall policy and procedures on Zero Tolerance Drug & Alcohol Policy are to educate concerning the use and effects of drugs and alcohol, to enable responsible decision–making, to promote responsible behavior and attitudes, to help individuals experiencing difficulties associated with the use of alcohol, and to promote a safe and healthy environment.

Students Under the Influence or Possession of Alcohol and/or Drugs

All dormitory residents, regardless of age, who are physically present on KuC property, including Sackett Hall, and found to be using or possessing alcohol or illicit drugs, will be considered to have violated the Zero Tolerance Policy. Dormitory residents exhibiting behavior indicative of alcohol or illicit drug possession or use will, at a minimum, be subject to the actions outlined under "KuC Drug and Alcohol Disciplinary Actions"

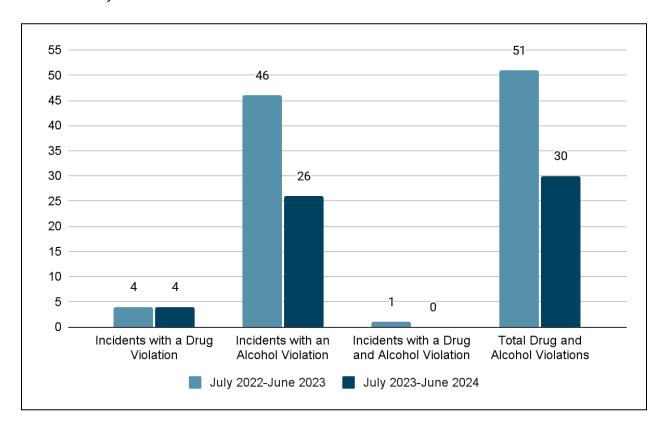
Marijuana

The possession of marijuana for any purpose is a violation of UAF policy. While the laws of the state have changed, UAF's policies regarding marijuana remain unchanged. Those suspected to be in violation of this policy will be documented and may face disciplinary action. While in University housing residents or guests will not possess or use, manufacture, purchase, sell, share, distribute, transport or be under the influence of marijuana, or knowingly be in the presence of illegal drugs/marijuana within the residence halls/apartments. Note: Possession of a medical marijuana license or prescription does not provide an exemption from this policy.

Alcohol and Drug Related Violations

Alcohol and Drug Violations Two-Year Comparison

The chart below shows a comparison of the number of alcohol or drug violations where a student was found responsible on the Troth Yeddha' campus between July 2022 – June 2023 and July 2023 – June 2024.



Academic Year	Incidents with a Drug Violation	Incidents with an Alcohol Violation	Incidents with a Drug and Alcohol Violation	Total Drug and Alcohol Violations
July 2022 - June 2023	4	46	1	51
July 2023 - June 2024	4	26	0	30

During the 2022-2023 academic year, there were 51 responsible drug and/or alcohol violations at UAF. During the 2023-2024 academic year, there were 30 responsible drug and/or alcohol violations at UAF.

In the last Biennial Review, we saw 65 responsible drug and/or alcohol violations during the 2020-2021 academic year and 38 responsible drug and/or alcohol violations during the 2021-2022 academic year.

We saw an increase in responsible alcohol and drug violations from the 2021-2022 academic year (38) to the 2022-2023 academic year (51). There was a decrease in the 2023-2024 academic year (30).

Healthy alternative programming to drinking was prioritized during the 2022 - 2023 academic year. Student Affairs worked to collaborate on large-scale events. Construction in the residence halls impacted the on-campus living population. Collaboration with Student Health and Counseling Center resulted in more impactful in-person sanctions. More awareness of the consequences of responsible findings.

Alcohol and Drug Violations by Type, Academic Year, and Term

Academic Year and Incident Type	Fall	Spring	Summer
AY 2022-2023 Alcohol-related incidents	23	24	0
AY 2022-2023 Drug-related incidents	3	1	0
AY 2023-2024 Alcohol-related incidents	17	9	0
AY 2023-2024 Drug-related incidents	3	1	0

Note: Only unique cases are reported in this data (i.e. if the student violated multiple alcohol sub-policies at the same time, they are only counted once. Although, if the individual violated alcohol and drug policies at one time, they are included in all datasets above.)

Disciplinary Procedures and Sanctions for Students and Employees

Students

Students found responsible for misuse of alcohol or other intoxicants or drugs will have disciplinary sanctions imposed. Additionally, student conduct violating federal, state, or local laws may be referred for prosecution. In determining appropriate University sanctions, a student's present and past disciplinary record, the nature of the offense, the severity of any damage, injury, or harm resulting from the prohibited behavior, and other factors relevant to the matter will be considered. The following list of sanctions is an illustrative rather than exhaustive list of disciplinary measures that may be taken by the University. The University reserves the right to create other reasonable sanctions or combine sanctions as it deems appropriate. Sanctions include:

- 1. <u>Warning</u> A written notice that the student is violating or has violated the Code, and that further misconduct may result in more severe disciplinary action.
- 2. <u>Probation</u> A written warning that includes the probability of more severe disciplinary sanctions if the student is found to be violating the Code during a specified probationary period.
- 3. <u>Denial of Benefits</u> Specific benefits may be denied to a student for a designated period of time.
- 4. <u>Restitution</u> A student may be required to reimburse the University or other victims related to the misconduct for damage to or misappropriation of property, or for reasonable expenses incurred.
- 5. <u>Discretionary Sanction</u> Discretionary sanctions include community service work or other uncompensated labor, educational classes, research papers, reflective essays, counseling, or other sanctions that may be seen as appropriate to the circumstances of a given matter. Costs incurred by the student in fulfilling a discretionary sanction will be the responsibility of the student.

- Restricted Access A student may be restricted from entering certain designated areas and/or facilities or from using specific equipment for a specified period of time.
- 7. <u>Suspension</u> The separation of the student from the University for a specified period of time, after which the student may be eligible to return. During the period of suspension, the student may be prohibited from participating in any activity authorized by the University and may be barred from all property owned or controlled by the University.
- 8. <u>Expulsion</u> Expulsion is considered to be the permanent separation of the student from the University. The student may be prohibited from participating in any activity authorized by the University and may be barred from property owned or controlled by the University.
- 9. <u>Group Sanctions</u> Student groups or organizations found to have violated provisions of the Code may be put on probation or sanctioned, which may include loss of University-related benefits and access to University facilities and University-held funds.

UA Amnesty Policy

This policy provides amnesty from minor policy violations, such as the misuse of alcohol, to students who may be hesitant to report student misconduct, such as sexual assault. This policy provides amnesty to individuals who help others in need, students who ask for help with addictive behaviors, and individuals who bring serious crimes to the University's attention. To review the full amnesty policy, please refer to BOR Policy and Regulations Chapter 09.02.

Sanction Matrix

The following tables outline specific sanctions for violations depending on substance use and level of offense. These charts are to be used as a basic guide as the University reserves the right to create other reasonable sanctions or combine sanctions as it deems appropriate. These guidelines are meant to help educate our campus community about the consequences of actions involving marijuana, alcohol, and other drugs. The guidelines provided help give direction to decision-makers when considering possible courses of action pertaining to policy violations. These guidelines will also provide transparency and

consistency throughout the process. Violations are evaluated on a fiscal year basis for this matrix, with discretion available depending on the nature of the violation.

	Sanction Matrix				
Violation	Level 1	Level 2	Level3	Level 4	
Use, possession, or purchase of alcohol under prohibited circumstances	Written Warning Educational Course (with fee) Restricted Access Level 1 Probation	Educational Course (with fee) Restricted Access Level 1 or Level 2 Probation Warning for Housing Eligibility	Educational Course (with fee) Restricted Access Level 2 Probation Referral to Prevention & Outreach Coordinator Housing Ineligibility Major Sanctions Warning	Restricted Access Housing Ineligibility Mandatory Treatment (Off-Campus) Suspension or Expulsion	
Supplying alcohol to underage person(s)	Restricted Access Level 2 Probation Housing Ineligibility Major Sanctions Warning	Restricted Access Housing Ineligibility Suspension	• Expulsion	• N/A	
Extreme alcohol intoxication posing a substantial risk to the health and well-being of self and/or others	Educational Course (with fee) Restricted Access Level 1 Probation	Educational Course (with fee) Restricted Access Level 2 Probation Referral to Prevention & Outreach Coordinator Housing Ineligibility Major Sanctions Warning	Restricted Access Housing Ineligibility Mandatory Treatment (Off-Campus) Suspension	• Expulsion	
Manufacture or sale of alcohol under prohibited circumstances	Educational Course (with fee) Restricted Access Level 2 Probation Housing Ineligibility Major Sanctions Warning	Restricted AccessSuspensionHousing Ineligibility	• Expulsion	• N/A	
Driving any motor vehicle while intoxicated or under the influence of unlawful drugs	Educational Course (with fee) Restricted Access Level 1 Probation Referral to Prevention & Outreach Coordinator	Restricted Access Level 2 Probation Referral to Prevention & Outreach Coordinator Housing Ineligibility Major Sanctions Warning	Suspension or Expulsion, if aggravating factors are present	• N/A	

Sanction Matrix				
Violation	Level 1 Level 2 Level3		Level 4	
Use or possession of marijuana or marijuana paraphernalia	 Written Warning Educational Course (with fee) Restricted Access Level 1 Probation 	Educational Course (with fee) Restricted Access Level 1 or Level 2 Probation Warning for Housing Eligibility	Educational Course (with fee) Restricted Access Level 2 Probation Referral to Prevention & Outreach Coordinator Housing Ineligibility Major Sanctions Warning	 Mandatory Treatment (Off-Campus) Suspension
Manufacture, sale, purchase, or distribution of marijuana or marijuana paraphernalia	Educational Course (with fee) Restricted Access Level 2 Probation Housing Ineligibility Major Sanctions Warning	Restricted AccessHousing IneligibilitySuspension	• Expulsion	• N/A
Use or possession of illegal drugs other than marijuana or controlled substances without an appropriate prescription	Educational Course (with fees) Restricted Access Level 2 Probation Warning for Housing Eligibility Major Sanctions Warning	Restricted AccessHousing IneligibilitySuspension	• Expulsion	• N/A
Extreme drug intoxication or abuse-related behavior posing a substantial risk to the health and well-being of self and/or others	Educational Course (with fee) Restricted Access Level 2 Probation Housing Ineligibility Major Sanctions Warning Suspension	• Expulsion	• N/A	• N/A
Manufacture, sale, purchase, or distribution of illegal drugs or controlled substances other than marijuana	 Restricted Access Housing Ineligibility Mandatory Treatment (Off-Campus) Suspension Expulsion 	• Expulsion	• N/A	• N/A
In all instances where the involved individual is under 21, their emergency contact will be notified by phone.				

Kuskokwim Campus (KuC) Drug and Alcohol Disciplinary Actions

This section reflects the minimum actions to be applied to alcohol and drug abuse-related incidents or student conduct or violence involving residential students. KuC has the authority to impose a higher level of judicial action depending upon the individual circumstances of the violation. Students violating the alcohol policy for a third time will automatically be evicted from housing. In cases of severe misconduct, eviction from Sackett Hall may be imposed for a first or second offense. Alcohol or drug or other incidents that violate city, state or federal law will be reported to the appropriate enforcement agency. KuC may disclose drug and alcohol violations committed by students less than 21 years of age to the student's parent or legal guardian (per FERPA).

For a <u>first time violation</u>, the following will occur:

- 1. The student will meet with the Sackett Hall Program Manager for a Conduct Meeting (see more on Conduct Meetings, pg. 39).
- 2. The student will meet with the KuC Counselor within one week of the violation.

For a <u>second time violation</u>:

The student will face possible removal from Sackett Hall. A committee, likely consisting of the Student Services Manager, Sackett Hall Program Manager and another representative (either faculty or staff) will review the violation and determine the student's housing status. The committee will review factors including, but not limited to, the student's present and past disciplinary record, known criminal background, the nature and severity of the offense and any resulting damage, injury or harm, and the student's willingness to comply with sanctions and to assume responsibility for their actions. If the review committee determines that the student can remain in Sackett Hall the following will occur:

- 1. The student will meet with the Sackett Hall Program Manager for a 2nd Conduct Meeting (see more on Conduct Meetings, pg. 39).
- The student will be placed on disciplinary probation (see more on Disciplinary Probation, pg. 42).
- 3. The student will meet with the KuC Counselor for a 2nd time and follow through on recommendations which may include meeting more often with the KuC Counselor or follow up with a local agency.

4. Failure to comply with any of the requirements listed above will result in a registration hold on the student's account.

If the review committee determines that the student be subject to immediate dormitory expulsion, the student will be given 24 hours to leave the dormitory from the date of the student's Conduct Meeting. The following will occur:

- 1. A report is filed in the student's permanent record.
- 2. A meeting will take place with the student, the Student Services Manager and Sackett Hall Program Manager, if applicable.

For a third time violation:

The student will be evicted from the dorm immediately. The student will be given 24 hours to leave the dormitory from the date of the student's conduct meeting. A report will be filed in the student's record regarding eviction from the dorm.

Employees

Violation of employee standards of conduct will result in corrective or disciplinary action per Board of Regents Policy and Union Collective Bargaining Agreements. Such actions may include, but are not limited to, the following which may be taken in any order as deemed appropriate by the University. HR should be contacted before any disciplinary action is taken.

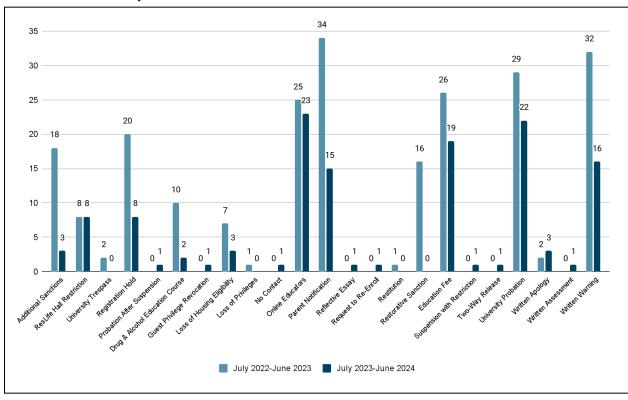
- Verbal Warning- A verbal warning is an oral statement or conversation initiated by a supervisor with an employee indicating a performance expectation has not met. As a part of the verbal warning the supervisor will clearly state to the employee what is expected moving forward.
- 2. <u>Written Reprimand</u>- A written reprimand describes the nature of the offense or deficiency, the method or methods of correction, and the probable action to be taken if the offense is repeated or the deficiency persists. The written reprimand will be placed in the employee's official personnel file and also state the employee's right to request administrative review of the action.
- 3. Written Notice of Intent to Take Corrective Action- If corrective action more formal than written reprimand is necessary, the supervisor will work with HR to notify the employee in writing of the action to be taken.

- 4. <u>Disciplinary Probation</u>- Any employee who fails to meet the performance standards or employment conditions of the supervisor may, at the discretion of the supervisor, be placed on disciplinary probation for a period not exceeding six months. Failure to meet the performance standards or employment conditions of the supervisor may result in termination of employment for cause.
- 5. <u>Investigatory Leave</u>- After review by UA Human Resources, a supervisor may place an employee on paid investigatory leave without prior written warning in order to review or investigate allegations of serious misconduct of a nature which, at the discretion of the university, requires removing the employee from the premises.
- 6. Suspension- Suspension without pay of not greater than 10 working days may be used in circumstances which the supervisor believes that by its use the employee will correct the employee's job related behavior or performance and where discharge appears unwarranted. The employee will be provided the reason for the suspension and the date and time to return to work in writing. The written notice will also state the employee's right to request administrative review of the action. A suspended employee will not receive holidays, wages, sick or annual leave accrual or other benefits based on hours worked during the leave period, but will continue to be covered by the applicable group insurance program.
- 7. Termination of Employment- Regular employees may be terminated from employment for cause. In the event of a decision to terminate an employee for cause, the supervisor will provide the employee a written statement of the reason for the planned action, a statement of the evidence supporting the reason for the planned action, and notice of the employee's right to request a hearing in accordance with the procedure set forth in university policy.
- 8. <u>Referral for prosecution</u>- The University may report and refer illegal activities to law enforcement for prosecution.

Alcohol and Drug Violation Sanctions and Consistency

Alcohol and Drug-Related Violation Sanctions

The chart below shows a comparison of the number of sanctions given to responsible alcohol and/or drug violations to a student on the Troth Yeddha' campus between July 2022 – June 2023 and July 2023 – June 2024.



Sanction Type	July 2022-June 2023	July 2023-June 2024
Additional Sanctions	18	3
ResLife Hall Restriction	8	8
University Trespass	2	0
Registration Hold	20	8
Probation After Suspension	0	1
Drug & Alcohol Education Course	10	2
Guest Privilege Revocation	0	1

Sanction Type	July 2022-June 2023	July 2023-June 2024
Loss of Housing Eligibility	7	3
Loss of Privileges	1	0
No Contact	0	1
Online Educators	25	23
Parent Notification	34	15
Reflective Essay	0	1
Request to Re-Enroll	0	1
Restitution	1	0
Restorative Sanction	16	0
Education Fee	26	19
Suspension with Restriction	0	1
Two-Way Release	0	1
University Probation	29	22
Written Apology	2	3
Written Assessment	0	1
Written Warning	32	16

During the 2022-2023 academic year, there were 231 sanctions given for the 51 responsible drug and/or alcohol violations at UAF. During the 2023-2024 academic year, there were 130 sanctions given for the 30 responsible drug and/or alcohol violations at UAF.

Sanction Numbers

The highlighted rows with asterisks are the sanctions that follow the sanction matrix.

Sanction	2022-2023	2023-2024
* Additional Sanctions	18	3
* Administrative Residence Life Hall Restriction - UA	8	8
* Administrative University Trespass	2	0
Dean of Students Registration Hold	20	8
* Disciplinary Probation After Suspension Re-Enrollment	0	1

Sanction	2022-2023	2023-2024
* Drug and Alcohol Awareness Skills Class	10	2
Guest Privilege Revocation	0	1
* Loss of Housing Eligibility - UA	7	3
Loss of Privileges	1	0
No Contact	0	1
* Online Educators	25	23
* Parent Notification	34	15
* Reflective Essay	0	1
* Request to Re-Enroll after Suspension	0	1
Restitution	1	0
* Restorative Sanction - UAF	16	0
* Substance Use Education Fee	26	19
* Suspension with Restriction	0	1
Two-Way Release	0	1
* University Probation - UA	29	22
Written Apology	2	3
Written Assessment Re: Suitability	0	1
* Written Warning	32	16

The goal of the student conduct process is to provide compassionate accountability through education and intervention. Ideally, the process will help students develop tools to use throughout their lives. We adapt the intervention approach to each unique circumstance and provide an opportunity for growth. We strive for fair and consistent practices for sanctioning. While a matrix exists that helps guide the conduct administrator, at times it is appropriate to deviate from the matrix to meet students where they are developmentally. This contributes to some of the variety within sanctions.

Drug and Alcohol Resources

Students

The University of Alaska offers numerous health education seminars, workshops, and events, and students are encouraged to participate. Treatment, personal counseling options, and campus resource information for our University of Alaska campus can be found below.

TimelyCare is offered as a supplement to the extensive existing in-person and virtual services offered by the UAF Student Health and Counseling Center. This is a no-cost service offered to enrolled students residing in the United States. These virtual mental health services are available 24/7, 365 days/year, and include immediate crisis care and up to 9 ongoing counseling sessions per academic year.

Employees

Employees experiencing substance abuse-related issues are strongly encouraged to seek confidential counseling services. The ComPsych Employee Assistance Program is a free service provided for employees, spouses/FIPs, dependents, and anyone living in the employee's home. It offers a wide variety of counseling, referral, and consultation services that are completely confidential. The program can be accessed 24/7 by contacting ComPsych's toll-free helpline at 1-888-969-0155. Online access is also available at https://www.guidanceresources.com/groWeb/login/login.xhtml, (click register, and use the WebID: UofAK). The University of Alaska employee health insurance program also contains benefits for some in-patient and out-patient treatment.

State and National Resources for Students and Employees

- AA Alaska Online Meetings
- Akeela House Recovery Center: 800-478-7738
- Alaska AL-ANON
- Alaska Tobacco Quit Program: 1-800-QUIT NOW (1-800-784-8669)
- Alcoholics Anonymous of Alaska: 907-272-2312
- Alcoholics Anonymous online support
- Careline Mental Health and Suicide Prevention Hotline: 800-273-8255, Text 4 Help to 839863

- CoDA Meetings (Co-Dependents Anonymous): 888-444-2359
- Fallen Up Ministries Substance Misuse Crisis Line: 907-815-SAVE (907-815-7283)
- <u>Ideal Option</u>: 877-522-1275
- Iknowmine
- Marijuana Anonymous online support
- Narcotics Anonymous- Alaska Region 866-258-6329
- Narcotics Anonymous online and Skype options
- National Alliance for Mental Illness Helpline: 800-950-6264
- National Institute on Drug Abuse Hotline: 800-662-HELP (4357)
- Recover Alaska
- Reddit Recovery virtual hang out and support during recovery
- Sober Recovery online forum for those in recovery and their family and friends
- The Trevor Project Lifeline Suicide Prevention for LGBTO+ Youth: 866-488-7386
- This is Quitting (text to guit vaping): Text "DITCHJUUL" to 88709
- True North Recovery: 907-313-1333
- VA Alaska health care: 888-353-7574
- We Connect Recovery online groups for substance use/mental illness

Local Resources for Students and Employees

Bethel (Kuskokwim)

- Bethel Family Clinic: 907-543-3773
- KUC Mental Health Professional: 907-543-4526
- McCann Treatment Center: 907-543-6398
- Yukon Kuskokwim Ayagnirvik Healing Center: 907-543-6735
- Yukon Kuskokwim Health Corporation: 907-966-8721

Dillingham (Bristol Bay)

- Bristol Bay Health Corporation: 907-842-5201
- Jake's Place: 907-842-5266

Fairbanks

- Alaska Behavioral Health: 907-371-1300
- All Together: 907-452-6251
- Athabascan Recovery Center
- Community Opioid Intervention Project: 907-452-6251
- Continuing Hope Counseling: 907-451-8208

- Fairbanks Alcohol Safety Action Program (FASAP): 907-452-6144
- <u>Fairbanks Memorial Hospital</u>: 907-452-8181
- Fairbanks Public Health Center: 907-452-1776
- Fairbanks Vet Center: 907-456-4238
- Fairbanks Wellness Coalition: 907-888-3430
- Family Centered Services of Alaska: 907-474-0890
- Interior Aids Association: 907-452-4222
- New Hope: 907-452-6251
- <u>Pacific Rim Counseling</u>: 907-452-5252
- Pathways to Recovery: 907-452-6251
- Preparing Future Leaders: 907-452-6251
- Ralph Perdue Center: 907-452-6251
- Restore Inc.: 907-374-1097
- Turning Point Counseling Services: 907-374-7776
- <u>UAF Student Health and Counseling Center</u>: 907-474-7043
- Women and Children Center for Inner Healing: 907-452-6251

Juneau (Lena Point Fisheries Facility)

- AA/NA: www.aajuneauak.org
- <u>Bartlett Regional Hospital</u>: 907-796-8900
- Bartlett Outpatient Psychiatric Services (BOPS): (907) 796-8498
- CARES Sobering Center: 907-789-5535
- Four A's: (907) 500-7465
- Gastineau Human Services: 907-780-4338
- Housing First: 907-500-7369
- JAMHI Health & Wellness: 907-463-3303
- Private Practice Providers
- SEARHC Behavioral Health: 907-364-4445
- T&H Community & Behavioral Services Healing Center: 907-463-7305
- Non-Congregate Shelters: 907-463-7365
- UAS Counseling Services: 907-796-6000
- Valley Medical Care: 907-586-2432
- Veterans Affairs (VA) Outreach Clinic: 907-796-4300

Kotzebue (Chukchi)

Manilag Health Center: 907-442-3231

Nome (Northwest)

• Kusqui House: 907-443-4536

• Norton Sound Regional Hospital: 907-443-3311

Seldovia (Kasitsna Bay)

• <u>Seldovia Village Tribe Health and Wellness</u>: 907-435-3262

• <u>Set Free Alaska INC</u>: 907-235-4732

Seward Marine Center

• Providence Seward Medical Center: 907-224-5205

• <u>SeaView Seward Mental Health Center</u>: 907-224-5257

• Seward Community Health Center: 907-224-2273

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• <u>Tanana Chiefs Conference Inc (Upper Tanana Behavioral Health Program)</u>: 907-883-5106 or 907-883-5107

Overview of Events and Programs 2023-2024

Outreach Event	Organizer(s)	# of Students Reached
Boozless Bash	NDAC-Prevention & Wellness and ResLife RA Event	15
Sobear Lounge (Biweekly event)	NDAC-Prevention & Wellness and NPEN-Nanook Prevention & Education Network	524 Students/Faculty/St aff Attended
Harm Reduction Self-Care Bags at Starvation Gulch	NDAC-Prevention & Wellness and ORCA	100 bags distributed
Pour a Drink Game and Mocktails	NDAC-Prevention & Wellness and ORCA	50
Trivia (Alcohol Misuse Prevention Themed)	NDAC-Prevention & Wellness, ORCA and Residence Life	70
National Harm Reduction Coalition Presentation	NDAC-Prevention & Wellness	35
S'Mores and Mock Toddies - at McIntosh Fire Pit	NDAC-Prevention & Wellness, Nanook Prevention & Empowerment Network & ORCA	30
Nacho Alcohol Education and Pour a Drink Game	NDAC-Prevention & Wellness, Nanook Prevention & Empowerment Network & ORCA	20
Opioid Awareness and Narcan Training	ORCA	50 (kits distributed through ORCA)
21st Birthday Project - Organized but never implemented due to short staff.	NDAC-Prevention & Wellness and ORCA	N/A
Boo Bags - Harm Reduction Supplies	NDAC-Prevention & Wellness and ORCA	100
Mardi Gras Alcohol Misuse Prevention Tabling	NDAC-Prevention & Wellness	50
"8 Keys" Alaska Fetal Alcohol Spectrum Disorder Film Screening	ORCA Prevention & Outreach Division and Disability Services	16
"A Shot of Reality"—Mission Improvable Group—Improv Troupe Event for Alcohol Misuse Prevention/Safety	ORCA Prevention & Outreach Division	25
National Collegiate Alcohol Awareness Week—Alcohol Prevention Trivia (16+)	ResLife and NDAC-Prevention & Wellness	25

Outreach Event	Organizer(s)	# of Students Reached
Drink or Drank - ResLife RA Event	Residence Life	Unknown
Sip and Paint - ResLife RA Event	Residence Life	4
Spooky Sip and Paint with RAs Daisy and Riley - ResLife RA Event	Residence Life	5
Wake and Bake - ResLife RA Event	Residence Life	5
Pop Up SoBearoke	ORCA POD	31

Alcohol-Free Options

Substance Free Dorms:

Freshman housing provides a substance-free environment and can be available to students under 21 upon request (depending on availability). All first-time freshmen are required to live in on-campus housing if they are taking in-person classes. Exceptions can be requested through the Department of Residence Life. For the fall semester of 2024 Bartlett Hall, Eileen House, and Wickersham Hall will be substance-free dorms.

Trainings and Education:

Events that are educational in nature are provided by a variety of departments throughout the year. National Collegiate Alcohol Awareness Week occurs annually on campus and is composed of a variety of educational and awareness-raising events on campus. Additional educational opportunities include in-person alcohol and drug awareness classes, online judicial educators hosted by 3rd Millennium, opioid overdose awareness and naloxone training, and programming hosted by Residence Life Resident Assistants.

Events on Campus:

Numerous events on campus are designed to build community while promoting a safe alternative activity on campus during evenings and weekends. Events in which alcohol will be available for consumption are clearly labeled as 21+ events, with underage alternative or similar substance-free experiences usually being provided.

The SoBear Lounge:

ORCA values student engagement and strives to provide programming that promotes student health and wellbeing. The SoBear Lounge has been up and running at UAF since the fall semester of 2023. ORCA's goal is to establish a fun, lively, and supportive experience for students to enjoy themselves in an alcohol-free setting. ORCA Staff and Residence Life staff create an atmosphere very similar to a cafe (with wait staff/and catering) allowing students to relax and remain seated after a long day of studying. The SoBear Lounge offers a variety of mocktails, an assortment of appetizers, and a selection of entertainment. The SoBear Lounge creates a sense of community that enriches student success and strengthens campus culture for all. Fairbanks Social Service and Health Service Providers are invited to provide resources at each event night; providing materials about substance misuse prevention, healthy relationships, and wellness. The SoBear Lounge occurs bi-weekly on Thursday evenings from 6-8:00 pm.

Student Clubs, Boards, and Organizations:

UAF supports a variety of student clubs, boards, and organizations on campus annually. Many of these organizations provide late-night, alcohol-free campus events throughout the year. Additionally, clubs, boards, and organizations are expected to attend required training and uphold community standards.

Wellness and Community Fairs:

Departments regularly host wellness and community fairs that showcase campus and community resources, including organizations related to alcohol and/or substance abuse education and recovery. For these events, we also partner with community organizations that provide relevant resources.

Analysis of Efficiency of Alcohol and Other Drugs Use and Abuse Efforts

Effectiveness

Out of the 231 sanctions assigned to students, 207 were consistent with the matrix. The matrix was 89.6% accurate representing sanctioning for DOA responsible cases for the 2022-2023 academic year.

Out of the 130 sanctions assigned to students, 115 were consistent with the matrix. The matrix was 88.5% accurate representing sanctioning for DOA responsible cases for the 2023-2024 academic year.

Additional sanctions are assigned to students if sanctions are not completed or other policy violations occur.

The observed trends for sanction follow-through and recidivism (referenced below) indicate we are on the right track with our educational interventions. In addition, sanctions being typically consistent with the matrix indicates our student conduct administrators are sanctioning within the prescribed guidelines.

Recidivism with Alcohol and Other Drug Violations

For the 2022-2023 academic year 29% of the students who had a responsible drug or alcohol violation had two or more responsible drug or alcohol violations during the 2022-2023 academic year.

For the 2023-2024 academic year 22% of the students who had a responsible drug or alcohol violation had two or more responsible drug or alcohol violations during the 2023-2024 academic year.

Less than 4% of students who had a responsible drug or alcohol violation during the 2022-2023 academic year had one or more responsible drug or alcohol violations during the 2023-2024 academic year.

Biennial Goals and Achievements

Note: Following is an assessment of the 2022 Biennial recommendations.

The pandemic posed an entirely new situation to our campus and across the country. We saw a drastic increase in reports of students in crisis. Meanwhile, we were experiencing an exodus of the student population away from campus activity and on-campus housing. Compared to our previous Biennial report where drug and alcohol violations were trending downward, the pandemic reversed the trajectory. Students have struggled with barriers from 2020 to the present; including a lack of social engagement and instability in the classroom as well as at home. Routines have regularly been disrupted, causing destabilization and an inability to make long-term plans. With COVID-19 a little more understood, and with increased options for medical intervention, Fall 2022 has seen increased opportunity for programming. These increasing opportunities bring new hope of restoring our vibrant campus life. Recommendations for future programming and tools to continue meeting the campus community needs around drug/ alcohol use and abuse, include:

- Implementation of AlcoholEDU as a way to create foundational and consistent education around use/misuse of alcohol and drugs (Tentative Spring 2023)
- On-going education training with student conduct administrators around the importance of timely responses for addressing concerning behavior
- Reigniting the Social Norms Campaign through Center for Student Engagement to create campus awareness around current student behaviors
- Directive to the Prevention and Wellness Committee to guide alcohol/drug educational efforts and assessing programs on a semesterly basis
- Strategic initiatives for programming support from CORE leadership at UAF
- Creating consistency in partnerships across campus for prevention and education programming - which can be facilitated through the Prevention and Wellness Committee (Nanook Prevention and Empowerment Network)

Key Challenges during 2020-2022:

• Online/distance challenges to programming and outreach

- Lack of social support
- Low on-campus living leading to lack of disclosure/campus awareness
- Additional basic needs stressors caused by the global pandemic
- Returning from the pandemic we saw an increase in social concerns, decreased willingness for conflict resolution, and abrupt change in social pressures surrounding substance use
- Increased reports of chronic mental health diagnoses

Successful Responses in 2022-2024:

- Implemented AlcoholEdu for Residential, First Years, International, Emerging Scholars, Athletes, North Star College students
- On-going education training with student conduct administrators around the importance of timely responses for addressing concerning behavior
- Directive to the Prevention and Wellness Committee (Nanook Prevention and Empowerment Network) to guide alcohol/drug educational efforts and assessing programs on a semesterly basis
- Creating consistency in partnerships across campus for prevention and education programming - which can be facilitated through the Prevention and Wellness Committee (Nanook Prevention and Empowerment Network)
- Established partnership with the Department of Health and Social Services' Project HOPE for naloxone/opioid overdose prevention kits and overdose prevention training
- As students transitioned back to campus, more intentional programs and awareness of risk-taking behavior
- As on-campus population increases, more disclosures to Residence Life staff regarding concerns

- CARE team partnerships with other departments to connect students with basic needs concerns to resources. Development of emergency fund resources to decrease financial barriers due to extenuating circumstances
- University funded TimelyCare, an online resource for all students enrolled at UAF to include access to psychiatric services

Alcohol and Drug Program and Policy Recommendations

Key objectives for 2024-25 and 2025-26 include:

- 1. Promoting and Improving Data Sharing: Encouraging the collection and dissemination of data regarding student beliefs, attitudes, behaviors, and the impact of Alcohol and Other Drug (AOD) programs, interventions, services, and policies. Qualitative narrative is also highly encouraged.
- 2. Improve surveying of the campus community for evaluation of the community's knowledge of the alcohol and drug policy, the effectiveness of the drug prevention program, and the enforcement of the disciplinary sanction for both students and employees.
- 3. Create a system with Registrar and/or Human Resources to more thoroughly distribute reports to incoming students and employees who are enrolled after add/drop and employee orientation dates.
- 4. Facilitating Collaboration: Pooling ideas, resources, and staffing solutions to develop and implement strategies that more effectively address AOD issues. ORCA POD would like to see more involvement from concerned staff and faculty from our UAF prevention coalition (Nanook Prevention & Empowerment Network, NPEN) who would like to provide more nurturing support and AOD harm reduction education to the students that they will build rapport with at UAF's ongoing sober program, "The SoBear Lounge."

The SoBear Lounge meets bi-weekly during the fall and spring semesters. UAF ORCA Prevention and Outreach Division (POD) would also like to see ongoing support from outside organizations; such as Fairbanks Wellness

Coalition and Recover Alaska, who do AOD policy creation and recovery work in the state of Alaska.

- 5. Ensuring Institutional Ownership: Promoting collective responsibility for both the problems and potential solutions, rather than isolating responsibility within a single person, department, or program (utilizing NPEN).
- 6. Collecting Feedback: Providing a platform for multiple voices to share feedback and insights regarding concerns currently occurring within the community.
- 7. Advocating for Change: Creating opportunities for diverse voices to advocate for necessary changes in staffing, funding, programming, and policies.
- 8. Continue to discuss and review the current alcohol and drug policy with NPEN and the campus community, and update as needed.
- 9. Maintaining Accountability: Establishing a level of accountability to ensure that recommendations are implemented over the next two years.

Desired outcomes:

- Continue increasing available resources and links to community organizations for those impacted by substance use, and who are in recovery.
- Through the above passive and active programming, increase general awareness, both with incoming and returning students and employees of the health effects and risks of consuming alcohol and other drugs.
 - Implement harm reduction information as more general knowledge in the campus community.
- Through prevention programming and increasing access to resources, reduce the number of serious incidents involving substances (those involving hospitalizations and arrests).

Plan for 2024-25 and 2025-26:

• Maintain harm reduction supplies and marketing

- Through existing partnership with the Alaska Department of Health and Social Services' Project HOPE, maintain naloxone (often known by the brand name Narcan) overdose response kits, fentanyl & xylazine test strips, small sharps disposal containers, medication lockboxes, and drug deactivation/disposal pouches for community access free of charge.
- Maintain Overdose Response Boxes (7 currently on the Troth Yeddha' main campus, 1 at Community & Technical College).
- Keep prevention page(s) up to date within ORCA's UAF website, adding general information about harm reduction and location of overdose response boxes.
- Distribute 5 educational flyers for students about the impacts of substance misuse, especially in Residence Halls and on ORCA POD's social media.
 - Utilize the Drug Enforcement Administration (DEA)'s "One Pill Can Kill" campaign.
- Stay informed about developments in harm reduction strategies and best practices, to update our own supplies/practices as appropriate.
- Continue providing overdose response and prevention training to various groups.
 - Especially those that work with students frequently such as Residence Life, desk staff, advising and faculty groups, and other departments.
 - Expand to student employee groups beyond Residence Life.
 - Expand to student groups such as athletes, clubs/organizations, or interested degree cohorts.
 - Expand to employee and staff groups.
- Continue alcohol misuse prevention outreach tabling and educational programming for National Collegiate Alcohol Awareness Week (NCAAW).
 - Reestablish previous partnership with Athletics and the Center for Student Engagement.

- Continue alcohol misuse prevention outreach tabling and educational programming for April's National Alcohol Awareness Month (using the NIAAA-National Institute of Alcohol Abuse and Addiction monthly awareness month guidelines).
- Assess the community's current risks and protective factors to guide future needs.
- Evaluate the effectiveness and impact of baseline Alcohol & Other Drugs education
- Create sustainable plans for these efforts to ensure that intended outcomes are manageable and ongoing. Utilize Strategic Planning and the SPF (Strategic Prevention Framework) Application for Prevention Success model for this
- Highlighting Successes: We will provide a platform for multiple UAF professional and student voices to share positive developments and successes currently occurring within the UAF community; either on social media, in print, or on UAF's faculty and staff "Cornerstone" newsletter online publication.
- Maintain professional memberships to ensure ongoing education and awareness.
- Create and maintain social media and online presence for awareness and promoting events, including on Nanook Engage, ORCA Prevention and Outreach Division (POD)'s Instagram, and by adding more harm reduction & prevention information to ORCA's website.
- In partnership with Student Health and Counseling and the Office of Rights, Compliance and Accountability, focusing on improving recovery efforts; implementing as a part of programming and promoting connections to community resources for people in recovery.

Future Programming:

- Implement and facilitate a "Smart Recovery" Peer Support Group for students who are dependent on alcohol. <u>Smart Recovery</u>.
- Procure and develop a peer support alcohol recovery program called, "Recovery Movie Meetups" and to become a fully licensed facility partner.
- SoBear Lounge Program Goals:
 - 1. <u>Secure Sustainable Funding Sources</u>

■ **Objective:** Explore and secure funding to support the growth and sustainability of SoBear Lounge events.

Strategies:

- Apply for university grants dedicated to student wellness, mental health, and substance abuse prevention.
- Partner with community organizations and local businesses for sponsorships or donations.
- Seek out external grants from national foundations focused on harm reduction, sober living, and campus health initiatives.

2. Establish a Designated SoBear Lounge Space

■ **Objective**: Identify and secure a consistent, central location on campus for SoBear Lounge events to create a recognizable and welcoming environment.

Strategies:

- Work with campus administration to designate a specific venue for ongoing SoBear Lounge events (e.g., Hess Recreation Center or the Wood Center Multi-Level Lounge).
- Design the space to be inviting, student-friendly, and adaptable for a variety of activities and entertainment options.
- Ensure the space is accessible, inclusive and can be reserved for consistent dates and times.

3. <u>Increase Harm Reduction Integration</u>

■ **Objective**: Incorporate harm reduction education and resources at every SoBear Lounge event to promote safer behaviors and student well-being.

Strategies:

- Partner with ORCA POD and Health and Counseling to offer harm reduction tabling at each event, providing students with information on alcohol, drug safety, and mental health support.
- Provide access to resources such as naloxone, safe sex kits, and educational materials on harm reduction practices.
- ORCA POD Peer Educators will encourage peer-to-peer education to normalize conversations around harm reduction and wellness.

4. Collaborate with Campus Departments and External Partners

• **Objective:** Expand SoBear Lounge programming by inviting campus departments and external agencies to contribute to events.

■ Strategies:

- Invite university departments (e.g. Residence Life, Nanook Recreation, Rural Student Services, Center for Student Engagement and Counseling Services) to host themed activities or entertainment at SoBear Lounge events.
- Collaborate with community organizations (e.g., local nonprofits or arts groups) to offer unique, sober activities such as workshops, performances, or guest speakers.
- Encourage external partners to incorporate their expertise into events, offering students diverse and engaging programming.
- Plan and implement an annual National Harm Reduction Coalition Training Summit for Troth Yeddha' main campus as well as UAF's branch campuses. This event will be open to state coalitions that are doing harm-reduction work.
- Organize and implement Harm Reduction and Alcohol Misuse Education Classes with Residence Life- Resident Directors and Resident Assistants.
- Enter the DEA and the Substance Abuse and Mental Health Services Administration's Red Ribbon Week Campus Video contest. ORCA Pod will work with UAF film and theater students, Nanook Prevention and Empowerment Network as well as the UAF Graphics Department to create our PSA video (Red Ribbon Week became an annual event highlighting the importance of preventing drug misuse in our nation's schools and communities. Each year from October 23–31, people across the United States show their commitment to a healthy, drug-free lifestyle by wearing or displaying a Red Ribbon.). 2024 Red Ribbon Week Campaign

Alcohol and Other Drug Information and Available Services

Nanook Engage:

Nanook Engage has everything students need to know about clubs, events, and activities happening at UAF. The platform is maintained by the Center for Student Engagement and serves as a single location to coordinate all programming happening on campus.

<u>Strength</u>: Easy to use and post events for those who have opted in to the platform. Helps provide a live snapshot of what events are happening on campus. Easy search options for students who are seeking involvement on campus.

<u>Weakness</u>: Hard to search for event-specific items. Variable consistency of clubs/ users going in and updating information/posting events.

National Collegiate Alcohol Awareness Week (NCAAW):

NCAAW activities vary from campus to campus but typically include informative presentations and social events that promote responsibility and healthy, safe decisions about alcohol. This year at the Troth Yeddha' campus, a variety of events took place, including the interactive game Nacho Average Pour. The game teaches students what a standard serving of liquor, wine, and beer looks like by using dyed water to imitate each type of drink. Students who successfully pour the correct measurements for each beverage win UAF's famous Pub Nachos (served outside the Pub). During the game, prevention educators share important alcohol awareness facts and safety and harm reduction tips with participants. Trivia is hosted both at Residence Life and at the UAF Pub, tabling events with resources for addiction and content around alcohol misuse and harm reduction.

<u>Strength</u>: National platform with resources pooled from many colleges to help enhance programmatic efforts. Community buy-in brings enhanced community partnerships.

<u>Weakness</u>: Limited to a single week of engagement. Requires coordination of offerings to maximize the total events for this week while avoiding crossover with competing student activities. UAF ORCA POD needs more student employees and/or staff to help assist and

could utilize more student employees and peer educators to have multiple activities during this week.

Peer Prevention Educators

Peer Prevention Educators (PPEs) are trained to support their fellow students in the areas of mental health, suicide, alcohol and drug misuse, and sexual assault and harassment.

<u>Strength</u>: Peers helping to educate peers (and model positive behaviors) is incredibly impactful. These students can get a great pulse on the struggles they and their peers are experiencing which can be used to guide programming efforts. Increases the capacity of staff to offer supportive programming and gives students a great opportunity to impact change and grow professionally.

<u>Weakness</u>: Difficulty in hiring and training of students who are interested and passionate about doing the work. Staff requires the capacity to train students and help them feel supported in this role.

Skills Building Drug and Alcohol Class

This class is in person and run in partnership with Student Health and Counseling. Students attending the class fill out both a pre- and post-class survey – used to assess their understanding of drug/alcohol risk-taking behaviors as well as help them reflect on their relationship with these substances. This class also provides students an opportunity to connect with a counselor and explore their relationship with alcohol or drugs in an individualized setting.

<u>Strength</u>: In person and individualized to the students in attendance. Ran by professionals who are knowledgeable in treating addiction and recovery.

<u>Weakness</u>: Class portion could make students feel vulnerable because of the presence of other students. Capacity limitations allow for a single monthly class – which could result in a long wait for students wishing to attend.

Campus-wide Drug and Alcohol Events Small Scale Programming

Throughout the school year, Student Affairs units coordinate programming that addresses current trends the campus community is seeing around risk-taking behaviors, specifically around drug and alcohol issues.

<u>Strength</u>: A flexible approach based on actual trends seen through student conduct and care. Many opportunities for student involvement.

<u>Weakness</u>: Requires close coordination between departments. Sometimes events conflict with one another. If programming is not intentionally coordinated it could fall off the radar of critical partners.

Conclusion

The University of Alaska Fairbanks is committed to the process of continuous improvement. We look forward to the opportunity to focus on our goals and recommendations for the next biennium. These goals will form the basis for continued efforts across all UAF campuses, Bristol Bay, Chukchi, Community and Technical College, Kasitsna Bay, Seward Marine Center, Tok, Kuskokwim, Northwest, and additional strategic planning.

Appendix A: UAF Alcohol Beverage Application

https://www.uaf.edu/dining/files/Alcohol-Beverage-Application.pdf

This UAF Alcohol Beverage Application must be submitted for all events where alcoholic beverages will be served on University property or UAF events located off-campus. Please complete all questions fully. Failure to provide all required information, or complete the form properly, may result in delay or rejection of this application.

This form must be RECEIVED by email, uaf-dining@alaska.edu, no less than 14 days prior to the event. Late requests may be denied.

I. APPLICANT INFORMATION:

Applicant - The individual requesting alcohol approval, usually the event planner.

Dean/Director – The individual authorizing alcohol to be served at their sponsored event or facility. This person must be affiliated with UAF and have authority to make such approvals for the event and/or location. Facility Approver – The Facility Approver is only used for events not affiliated with the University.

Sponsoring Organization – The College, Department or Organization sponsoring this event. If Sponsoring Organization is not affiliated with the University, the Applicant MUST be an authorized representative of the organization. They must initial and sign the form, binding the third-party Sponsor Organization to each of the provisions of this application, including the indemnification provisions and the UAF Alcohol Policy and Procedures.

II. FVFNT INFORMATION:

This section provides details of the event. Please be specific as to the location of the event; including name of hall/building and room number, or street address if located off university property. Ensure all questions have at least one response. Please note the Events Request Form must be completed for any event with alcohol.

III. AUTHORIZED REPRESENTATIVE INFORMATION:

Authorized Representative of the University – A responsible adult must be in attendance for the entirety of the event. The Authorized Representative must abstain from alcohol service and ensure Alaska state law and university policy is upheld during the event.

Authorized Representatives can include the event planner, security officer, or other designated point of contact during event.

IV. FOOD AND BEVERAGE SERVICE:

Alcohol may not be the main focus of the event. Food and non-alcoholic beverages must be available as well. Provide the name of food service provider or where it will be purchased. Also indicate if food will be sold or complimentary. A copy of the menu is required if food is not being provided by UAF Catering.

Approved Bartender/Alcohol Service Provider – Alcoholic beverages must be served by a vendor who has a certificate of insurance on file with the University and agrees to be bound by the provisions of this application, state law and regulations and UAF Policy and Procedures. The University does not recommend alcohol service providers, however we can inform you of who has approved insurance certificates on file with us.

V. SECURITY INFORMATION:

State law and University policy states alcohol must be served and consumed in a controlled environment. The information collected in this section will help determine where the designated area for alcohol service will be located and how access to and from this area will be monitored. Please contact DSCO at 907-474-6661 for questions or assistance identifying an acceptable security plan

Area where event is being held – Please indicate if this event will be located in a confined space (such as an office or room) or common area (such as lobby, hall or outside). If event will be held in an area accessible by through traffic, boundaries for alcohol service are required to be clearly defined. Please explain how the barriers for this event will be delineated.

Monitoring Exits – Describe how entry and exits will be monitored for access and ensure alcohol remains in the designated room or area specified. Individuals Under 21 – If yes, provide an explanation on how those under aged will be prevented from loitering in and around the alcohol service area. For example, stanchions will be placed around the alcohol service area and a state certified server will check ID to ensure access by only those attendees over 21. Police or Security – If yes, please indicate who will be providing security (i.e., certified servers to check ID, event staff monitoring exits, Community Security Officer (CSO), etc.).

VI. APPLICANT AGREEMENTS:

This section must be signed by the Applicant and Dean, Director or if not a university sponsored event, the Facility Approver.

REVIEW PROCESS:

DSCO will facilitate all necessary department approvals, to include UAF Risk Management, Dean of Students, UAF Police Department, Event/Facility approval, etc. If application is found to be incomplete or additional clarification is required, the form may be returned to applicant and require re- submittal once all corrections or information has been provided.

When the review is completed and the application meets all requirements, approved application will be returned to the applicant. Any conditions required during the event for approval (i.e. special signage, security), will be listed in the comment section of the approved form as well as communicated to applicant.

If a request for alcohol service at an event is denied, the form will be returned to applicant with stated reason for denial. Applicant may re-submit request for alcohol if additional actions can be taken for approval. Resubmission should not take place until all requirements have been arranged.

The approved UAF Alcohol Beverage Application must be displayed at event along with the state alcohol permit (if required).

UAF ALCOHOL BEVERAGE APPLICATION CHECKLIST:

Please submit this application with all items on checklis	it.
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- $\hfill\Box$ All questions on this form have been answered completely.
- ☐ The UAF Events Request Form has been completed.
- ☐ This form has been initialed and/or signed by:
- o Non-affiliated Sponsor Organization, page 1(if required)
- o Applicant, page 2
- o Dean/Director/Facility Approver, page 2
- ☐ Menu for food and beverage.

□ Floorplan indicating layout of event location, including entry/exits, food service, bar and alcohol service area, seating, etc.

SUBMIT APPLICATION AND ATTACHMENTS TO:

UAF Dining Services and Contract Operations (DSCO)

uaf-dining@alaska.edu

University of Alaska Fairbanks Alcohol Policy

Serving alcohol beverages at events on campus or at UAF events located off campus requires compliance with state laws and sensitivity to the public's perception of our institution. It is the university's desire to provide a safe and secure environment for all faculty, staff, students and visitors attending UAF events. All persons who consume alcohol beverages will do so in a responsible manner.

The sale and dispensing of alcohol beverages is regulated by the state Alcohol & Marijuana Control Office (AMCO). A state alcohol permit is required when alcohol is sold at a UAF event or an event held at a UAF facility. The UAF Alcohol Beverage Application must be approved by the Director of Dining Services and Contract Operations (as the Chancellor's designee). Additional approvals from Dean of Students, Risk Management and UAF Police Department may be sought as appropriate. Individuals serving alcohol must comply with AMCO laws and regulations.

Non-compliance can lead to arrest and fines. The Police Department or authorized university official can terminate an event if the alcohol permit is not displayed, if alcohol is served by anyone that does not have an approved alcohol server education card, or if alcohol is served to anyone under the age of 21. The university can take additional actions as deemed necessary. Sponsoring departments, organizations and individuals should be cognizant of vicarious liability and the consequences to the organization should a vicarious liability suite be filed against the university when a person, regardless of age, attending an event and consuming alcohol beverages is involved in an accident resulting in personal injury and/or death. Organization should also be aware of their exposure to legal risk when event sponsors permit the violation of laws concerning alcohol at their event. These laws include serving alcohol to minors and/or intoxicated individuals.

University of Alaska Fairbanks Alcohol Procedures

Approval is required of the Chancellor or designee to serve alcohol on campus or at a UAF event off-campus. Anyone who intends to serve alcohol must submit a UAF Alcohol Beverage Application no less than 14 days prior to the event to the Director of Dining Services and Contract Operations, as the Chancellor's designee, at uaf.aux@alaska.edu.

- UAF events and non-university events held at a UAF facility must comply with all Alcohol & Marijuana Control Office (AMCO) laws and regulations.
- Alcohol served at any event in a university facility is limited to beer and wine.
- An alcohol permit must be obtained for any event at which alcohol is either offered for sale or distributed. The Event Planner is responsible for completion of the UAF Alcohol Beverage Application, obtaining the alcohol permit from AMCO (if applicable) and proper display at the event.
- Access to all events where alcohol is served must be restricted to individuals 21
 years of age or older, except when accompanied by parent, legal guardian or adult
 spouse. Alcohol beverages may NOT be served to anyone under the age of 21.
- Alcohol beverages must be served in a controlled environment and may not be removed from the room(s) or area(s) specified.
- Alcohol beverages must be served by UAF Dining Services or other licensed caterer, or by UAF employees assigned to the function. Any individual serving alcohol must complete an alcohol server education course approved by the AMCO.
- The event must be a private function (not open to the public) unless specifically approved by the Director of Dining Services and Contract Operations.
- If the applicant intends to charge those in attendance for alcohol beverages, the
 applicant must provide specific information as to the format (i.e. cash bar, ticket
 price). Admission charge for UAF events may not include the cost of the alcohol
 beverage that will be served, unless specifically approved by the Director of Dining
 Services and Contract Operations.
- Alcohol may not be the main focus of the event. Alcohol beverages will not be approved for functions at which alcohol is the inducement for attendance. Food and non-alcohol beverages must be provided and prominently displayed at the event. Large quantity containers of alcohol are not permitted. Contests involving the consumption of alcohol are not allowed. Events where alcohol beverages are to be

served shall not be advertised or publicized. The use of symbols and pictures implying the presence of alcohol at an event is prohibited. Fund raising events involving alcohol, e.g., wine tasting, are required to meet the AMCO requirements.

Warning signs are required to be displayed at all events serving alcohol beverages. Signs must be at least 11'''x14'' and lettering must be at least 1/2 inch in contrasting colors. It is the responsibility of the license holder to ensure that the following warning signs are displayed properly:

WARNING: Drinking alcohol beverages such as beer, wine, wine coolers and distilled spirits or smoking cigarettes during pregnancy can cause birth defects.

WARNING: A person, who provides alcohol beverages to a person under 21 years of age, if convicted under AS 04.16.051, could be imprisoned for up to five year and fined up to \$50,000.

- WARNING: A person under 21 years of age, who enters these premises in violation of law under AS 04.16.049 (e), could be civilly liable for damages of \$1,500.
- All invitations to UAF events where alcohol is to be served will include the following statement: "Attendees must be twenty-one (21) years old or older unless accompanied by parent, legal guardian, or adult spouse." At the option of the sponsor, such event may be restricted to individuals at least age 21 ("no minors under the age of 21").
- The area serving alcohol beverages must be roped off at any event where unaccompanied minors will be present.
- An authorized representative of the university must be present for the duration of the event to ensure all obligations specified in the application and permits are fulfilled.
- In cases where an individual becomes intoxicated, event sponsors will immediately alert the UAF Police Department to intervene and remove the person from the premises and prevent that individual from driving.
- Alcohol shall not be served at university functions or events designated for students unless approved by the Dean of Students (in addition to the other required approvals)

- The event planner is required to have the approved UAF Alcohol Beverage Application visible at the event.
- The Wood Center Pub will operate within its rules, policies and license.

The university reserves the right to amend this policy in accordance with the law, community standards or best interests of the university. Please direct questions about the alcohol policy and procedures to the Director of Dining Services and Contract Operations at 907-474-6661

Appendix B: University of Alaska Fairbanks Drug-Free Schools and Communities Act Notification

https://www.uaf.edu/orca/files/2024-DFSCA-Notification.pdf