Tanana Lakes Ice Skate
February 3, 2019 | Students: $15, Faculty/Staff: $18

Sunday February 3, 2019
10:00am  Meet in the Outdoor Adventures, gear up and depart
10:30am  Arrive Tanana lakes recreation area and skate
12:00pm  Eat lunch
3:30am  Finish skating and head back to Outdoor Adventures
4:00pm  Arrive back at UAF

Trip description:
This trip will be an introduction to ice skating at Tanana Lakes recreation area. Tanana Lakes is a popular place for boating and swimming in the summer. During the winter, they prepare for ice skating and skiing. This is a great way to try skating outside. We will bring hot cocoa to enjoy, don’t forget your lunch!

Pack list:
• Ice skates
• Synthetic long underwear
• Fleece jacket or wool sweater and/or vest
• Puffy coat
• Winter Gloves
• Warm (wool or synthetic) socks
• Warm wool or fleece hat
• 2–1 liter water bottles
• Warm synthetic pants for skating
• Camera if wanted
• Lunch and snacks

Items in Bold Face are available from Outdoor Adventures for free use on our trips!
OA also provides group gear such as stoves, cooking pots, fuel, water filters, rain tarps, a first aid kit, and other safety gear. Please reach out to your tip leader if you see something on this list that you do not have or are not familiar with.

Refund Policy:
Payment in full is required to sign up for a trip. A 100% refund is available if you notify the Outdoor Adventures Office of the cancellation more than two weeks (14 days) before the first day of the trip. Cancellation one week to 3 days (13 to 3 days) before the trip entitles the
participant to a 50% refund. No refund is provided if the participant does not show up or cancels 2 days prior to the trip.

**Safety and Risk Management:**
Due to the nature of outdoor travel there are certain inherent risks in all of Outdoor Adventure’s trips. Acceptable risks include but are not limited to; hiking over rough uneven terrain with a heavy backpack on, hiking up and down steep inclines with muddy and loose footing, crossing creeks and swampy ground, having wet feet and clothing. Conditions may include below freezing temperatures, thunderstorms, rain, sleet and high winds. Driving risks may include slick roads, poor visibility and wildlife. Alaska is a wild place – you need to take ultimate responsibility for your own safety as only you can. **For your protection we require you to carry health insurance.** You can purchase insurance for $2.60/day from the University (ask for details). All info is subject to change due to safety, weather, current conditions, etc.!

Essential Eligibility Criteria are available for this trip on the Outdoor Adventures Web Site: uaf.edu/recreation/outdoor-adventures/