

# Chena Rec Area Cabin Ski and Soak

February 9-10, 2019 | Students: \$70, Faculty/Staff: \$85

## Thursday, February 7th

6:00pm Pre-trip meeting at Outdoor Adventures- Please bring the clothing and gear that you are planning on bringing and OA will supply the gear you don't have and also discuss menu options

## Saturday, February 9<sup>th</sup>

10:00am Meet in the Outdoor Adventures, gear up and depart  
11:00am Arrive at ski destination, start skiing  
3:00pm Finish ski, drive to Chena Hot springs

## Sunday, February 10<sup>th</sup>

9:00am Wake up, get ready and ski out  
3:20pm Finish ski, drive to Chena Hot Springs  
3:20pm Enjoy Chena Hot Springs  
5:00pm Depart, drive back to UAF  
6:00pm Arrive UAF

## Trip description:

On this ski trip we will be exploring the Chena Rec area. We will embark on a seven mile ski through the forest to a cabin destination. We will camp at the cabin for the night and wake up to ski out. Before we head back to Fairbanks, we will stop at Chena Hot Springs for a relaxing soak after our ski. Come prepared for a weekend out in the winter OA will supply all the technical gear needed for this trip including skis. Outdoor Adventures will also provide meals during this trip.

## Pack list:

- Synthetic long underwear base layers
- Windbreaker or rain coat
- Fleece jacket or wool sweater
- Puffy coat
- Snow pants
- Winter Gloves and/or mitts
- 2 pairs warm (wool or synthetic) socks
- Warm wool or fleece hat

- Neck gaiter or facemask
- Light shoes or booties for at the cabin are nice but not necessary
- Swimsuit
- Towel
- Camera is optional
- Money for hot springs soak or tour

Items in Bold Face are available from Outdoor Adventures for free use on our trips!

OA also provides group gear such as stoves, cooking pots, fuel, water filters, rain tarps, a first aid kit, and other safety gear.

#### Refund Policy:

Payment in full is required to sign up for a trip. A 100% refund is available if you notify the Outdoor Adventures Office of the cancellation more than two weeks (14 days) before the first day of the trip. Cancellation one week to 3 days (13 to 3 days) before the trip entitles the participant to a 50% refund. No refund is provided if the participant does not show up or cancels 2 days prior to the trip.

#### Safety and Risk Management:

Due to the nature of outdoor travel there are certain inherent risks in all of Outdoor Adventure's trips. Acceptable risks include but are not limited to; hiking over rough uneven terrain with a heavy backpack on, hiking up and down steep inclines with muddy and loose footing, crossing creeks and swampy ground, having wet feet and clothing. Conditions may include below freezing temperatures, thunderstorms, rain, sleet and high winds. Driving risks may include slick roads, poor visibility and wildlife. Alaska is a wild place - you need to take ultimate responsibility for your own safety as only you can. For your protection we require you to carry health insurance. You can purchase insurance for \$2.60/day from the University (ask for details). All info is subject to change due to safety, weather, current conditions, etc.!