Intro to XC Skiing on Campus Trails
January 19, 2019 | Students: $10, Faculty/Staff/Alumni: $12

Saturday, January 19
10:00am   Meet in the Outdoor Adventures, gear up
10:30am   Ski around the campus trails
1:00pm   Return to Outdoor Adventures

Trip description:
Come over to Outdoor Adventures to learn the basics of classic XC skiing. Our informative staff will be able to give you tips for getting out on your own. All gear and instruction is included in the price of the trip. No experience necessary.

Pack list:
- Synthetic long underwear
- Fleece jacket or wool sweater and/or vest
- Puffy coat
- Day pack
- Snacks if needed
- Synthetic pants for skiing
- Winter Gloves
- Warm (wool or synthetic) socks
- Warm wool or fleece hat
- Skis, boots, poles

Items in Bold Face are available from Outdoor Adventures for free use on our trips!

OA also provides group gear such as stoves, cooking pots, fuel, water filters, rain tarps, a first aid kit, and other safety gear. Please reach out to your tip leader if you see something on this list that you do not have or are not familiar with.

Refund Policy:
Payment in full is required to sign up for a trip. A 100% refund is available if you notify the Outdoor Adventures Office of the cancellation more than two weeks (14 days) before the first day of the trip. Cancellation one week to 3 days (13 to 3 days) before the trip entitles the participant to a 50% refund. No refund is provided if the participant does not show up or cancels 2 days prior to the trip.
Safety and Risk Management:
Due to the nature of outdoor travel there are certain inherent risks in all of Outdoor Adventure’s trips. Acceptable risks include but are not limited to; hiking over rough uneven terrain with a heavy backpack on, hiking up and down steep inclines with muddy and loose footing, crossing creeks and swampy ground, having wet feet and clothing. Conditions may include below freezing temperatures, thunderstorms, rain, sleet and high winds. Driving risks may include slick roads, poor visibility and wildlife. Alaska is a wild place - you need to take ultimate responsibility for your own safety as only you can. For your protection we require you to carry health insurance. You can purchase insurance for $2.60/day from the University (ask for details). All info is subject to change due to safety, weather, current conditions, etc.!

Essential Eligibility Criteria are available for this trip on the Outdoor Adventures Web Site: uaf.edu/recreation/outdoor-adventures/