

# REQUIRED IMMUNIZATIONS

## MUST BE COMPLETED BY JULY 31

*Per Board of Regents' policy 09.11.010, all students living in high density campus housing must provide immunizations.*

### IMMUNIZATION REQUIREMENTS FOR FALL 2021:

- Meningococcal (MCV4)  
*(Last one administered after the age of 16. Required for those 16-20 years of age.)*
- Tetanus (Tdap, TD)  
*(Last one administered in the last 10 years.)*
- 2 Mumps, Measles, Rubella (MMR)
- Tuberculosis Skin Test (TB)  
*(Required with initial move in.)*

### HOW TO UPLOAD YOUR RECORDS:

- Sign into your Patient Portal: [uafchc.uaf.edu](http://uafchc.uaf.edu)
- Login using your UA student ID number and password
- Enter your birth date
- The next page will provide you with a menu to view your immunization record and upload immunization documents

### HOW TO CHECK IF YOU ARE COMPLIANT:

- Log into your MyHousing Portal through UAOnline
- Click 'Personal Information'
- Click 'My Info'

## NON-COMPLIANCE AFTER JULY 31 WILL RESULT IN CANCELLATION OF YOUR HOUSING ASSIGNMENT.

*If you are missing a required immunization or have issues accessing your portal contact the UAF Student Health and Counseling Center at*

**907-474-7043.**



# MOVE-IN ESSENTIALS

## CHECKING IN:

To reduce crowding, please make an appointment for a fifteen minute window to check-in to your hall.

### → **FIRST-YEAR & TRANSFER STUDENTS:**

Those participating in New Student Orientation  
**August 18, 8 a.m. - 3 p.m.**

### → **ALL OTHER RESIDENTS:**

**August 19th, 8 a.m. - August 23, 8 a.m.**

## LEARN MORE:

Make your check-in appointment and more at:  
**[uaf.edu/reslife/move-in](http://uaf.edu/reslife/move-in)**

## NANOOKS CARE COMPACT:

- All residents are asked to sign the Nanooks Care Compact, a pledge committing to follow UAF safety protocols.
- Read and sign the Compact in the MyHousing Portal under the 'Applications and Forms' tab.

## POLAREXPRESS CARD:

- Apply for your PolarExpress card at:  
**[uaf.edu/bursar/polarexpress](http://uaf.edu/bursar/polarexpress)**
- You can pick up your card when you move in.

## DON'T FORGET:

### BATH:

- ☐ Wash Cloth/ Towels
- ☐ Bathrobe
- ☐ Toiletries
- ☐ Shower caddy
- ☐ Shower flip flops

### BED:

- ☐ Bed sheets (XL Twin)
- ☐ Blanket
- ☐ Pillow & Pillow cases

### LAUNDRY:

- ☐ Laundry Bag
- ☐ Detergent
- ☐ Fabric softener

### KITCHEN:

- ☐ Can opener
- ☐ Coffee maker
- ☐ Mini fridge\*
- ☐ Microwave\*
- ☐ Utensiles

*\*Provided for Wickersham residents.*

### DOCUMENTS:

- ☐ Banking information
- ☐ Emergency contacts information
- ☐ Debit/credit card
- ☐ Driver's license/ID
- ☐ Medical insurance

### MISCELLANEOUS:

- ☐ Computer chargers
- ☐ Phone chargers
- ☐ Batteries
- ☐ Power strip
- ☐ Fan
- ☐ Small tool box
- ☐ Face covering

### PERSONAL MUST HAVES:

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

# COVID-19

## TESTING POLICY



### 3 THINGS YOU NEED TO KNOW

**1** All students living in Moore, Bartlett, Skarland, Cutler, McIntosh Wickersham, and Garden Apartments are **required** to follow the UAF COVID-19 testing policy.

**2** Students are encouraged to schedule and take their test within **72 hours** before arriving on campus. This will allow you to participate in activities as soon as possible.

**3** If you need access to a test, you can request one free of charge by July 16. Go to: [bit.ly/COVIDTestRequestForm](https://bit.ly/COVIDTestRequestForm) and fill out the form.

**THE FINAL TESTING POLICY WILL  
BE COMMUNICATED IN A  
FUTURE CORRESPONDENCE.**



Residence Life

UA is an AA/EO employer and educational institution and prohibits illegal discrimination against any individual:  
[www.alaska.edu/nondiscrimination](http://www.alaska.edu/nondiscrimination).

# WHAT'S IN THE KIT



# HOW TO TAKE THE TEST

**\*TAKE 72 HOURS BEFORE ARRIVING TO CAMPUS.**

- 1 Create an account at [everlywell.com/register](https://everlywell.com/register) and register your test kit.
- 2 Watch the collection video at [everlywell.com/collect](https://everlywell.com/collect).
- 3 Fill out the kit ID sticker. Write your full name, date of birth, and date of collection. Make sure the sticker information matches your register information.
- 4 Collect the sample by inserting the swab 1 inch in your nostril and rotating it three times.
- 5 Assemble your shipping box, disinfect the mailer, and ship your sample.
- 6 Monitor your kit status through email and text. Test results available 24-48 hours of the lab receiving your sample.

*\*Detailed instructions provided with the kit.*

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