

Knitting for the Beginner: NONC F040 - FQ1 - crn #36550

Wintermester 2020

Room Number: The Nook Collaborative Commons in 319 Bunnell Bldg.

Days: Friday, January 3rd, 2020

Monday, January 6th, 2020

Friday, January 10th, 2020

Times: 6pm to 9pm

Instructor: Ginny Kinne

Email: vrkinne@alaska.edu

Prerequisites: Be able to read English and perform fine motor skills. Must have a good attitude, patience, and the ability & ambition to learn!

Required Materials:

- ☐ The Astrid Hat pattern **PROVIDED**
- ☐ US #10.75 or #11 size 40" circular knitting needles (Wood, Metal, Plastic or Bamboo) **PROVIDED**
- ☐ Skein of Super Bulky weight yarn (try to avoid super dark colors, as they're harder to see mistakes) **PROVIDED**
- ☐ A crochet hook to help with fixing mistakes (recommended, not required)
- ☐ A Darning Needle (thicker than a sewing needle that will fit your yarn)
- ☐ A fun project bag or gallon ziplock to hold all your stuff
- ☐ Pen & Notebook for additional notes
- ☐ Reading glasses if you need them

Course Description:

This course is designed for people who are absolutely new to the world of knitting. During this course students will learn the basics of knitting technique, the language used and materials involved. We will discuss the differences between Continental and English style knitting as well as learn the knit stitch, the purl stitch and understand how to identify and fix mistakes. The course will also teach you about the materials and tools involved in knitting, and most importantly what's needed and not needed to knit and finish a project.

Student Learning Outcomes:

After completing this course students will:

- Understand the difference between needle sizes, types, and materials.
- Understand the difference between different weights of yarns and fibers, natural and artificial and why it is important to know the difference.
- Understand how to read knitting patterns by understanding the nuances of knitting language and abbreviations used, including gauge.

- Be able to knit & purl.
- Be able to articulate the difference between garter stitch, stockinette and ribbing stitch patterns.
- Be able to identify and fix mistakes in a knitted project.

Course Goals:

Be able to understand and decipher simple knitting patterns in their entirety, as well as be able to start, continue and complete a desired simple knit project.

Course Outcome:

A new winter hat!

Course Calendar (tentative):

First Class:

- | | | |
|-----------|---------------|----------------------|
| • Fibers | • Needles | • Purl stitch |
| • Weights | • Cast-On | • Garter stitch |
| • Colors | • Knit stitch | • Stockinette stitch |

**HOMEWORK: Practice knit, purl, stockinette stitch & ribbing.*

Second Class:

- Review knit, purl, stockinette
- Gauge measurement
- Interspersing knit and purl stitches (recognizing yarn overs)
- Fixing mistakes & picking up stitches
- “TINKING” vs. “FROGGING”
- Read the Astrid Hat pattern through
- Cast-on hat and join
- Discuss online help, ravelry, youtube, other resources

**HOMEWORK: Continuing knitting hat in pattern for 7”.*

Third Class:

- Continue knitting hat, showing progress, fixing boo-boos
- Decreases: K2tog vs. SSK
- Cast-off
- Weave in ends & blocking
- Other project examples
- Review cast-on, knit, purl, ribbing, stockinette stitch and cast-off
- Last minutes questions, examples of advanced techniques: cables, lace, entrelac, intarsia, fair-isle, charts, socks, mittens, sweaters & general knitwear construction

**HOMEWORK: Make a Ravelry account, upload your first project, log your first set of needles, and search for your NEXT project!*

Recommended Books & Electronic Resources:

- <https://www.ravelry.com/> - This website is a fantastic tool for tracking your knitting tools, projects and progress on projects. It also allows you to search for patterns based on yarn and yarn based on patterns. It connects you to other knitters, designers, patterns and chat forums about anything you can think of. Knitters who love Golden Retrievers? Got em! Knitters who are Game of Thrones fanatics? They're there too!
- Helpful video of how to navigate Ravelry: <https://vimeo.com/23156998>
- [Stitch and Bitch by Debbie Stoller](#) - This was the first knitting book I ever bought. It has super simple explanations of terms, is hip and fun (or at least it was 15+ years ago)!
- Long-tail Cast-on Tutorial: <https://www.youtube.com/watch?v=9vMQ0IvpvSo>
- <https://carleton.ca/healthy-workplace/wp-content/uploads/Interweave-Knits-Learn-to-Knit.pdf> - This is a beautiful beginning knitting e-book and is a fantastic reference and supplement to this course.
- <http://tincanknits.com/patterns-free.html> - These are some beautiful, classic, easy to read and follow projects that are timeless... and FREE!
- <https://suziesparklesknitting.wordpress.com/2015/05/19/to-swatch-or-not-to-swatch/> - A great explanation about gauge and why swatching for a hand knit where size matters is important!



“Properly practiced, knitting soothes the troubled spirit, and it doesn’t hurt the untroubled spirit either.” - Elizabeth Zimmermann

“Find something you’re passionate about and keep tremendously interested in it.”
- Julia Child