



Portugal was the first country to establish diplomatic relations with the newly minted United States of America in 1791. It is an exquisite sun-filled country on the shores of the eastern Atlantic Ocean, filled with history, wine, cork trees, music, tiled roofs, and incredible art. Even the sidewalks are artistically patterned.

This fourteen-day adventure will take you from Lisbon, the capital city, all the way to Porto in the north. Along the way we will venture into the history, see evidence of the Roman Empire in Évora, and explore the Joanina Library at the University of Coimbra, which was built in 1717. We will enjoy Peneda-Gerês National Park, Portugal's lone national park, and experience exquisite landscapes including the Douro Valley, world famous for its vineyards. We will explore museums, visit vineyards, and taste amazing food. On this Summer Sessions journey, you will come to understand why Portugal is such a desirable travel destination.

For More information, visit us at [www.uaf.edu/summer/travel](http://www.uaf.edu/summer/travel).

**Important note:** Travel insurance is always recommended for any travel out of the United States. There are several ways to purchase coverage. Some credit card companies insure trips that are purchased with their card. Another option is to check with a local travel agency.

**Note about Mobility:** Our tours are designed for people who are able to walk comfortably for up to 3 miles per day, sometimes on uneven terrain, as well as handle stairs easily. If you have any concerns about this tour, please contact Summer Sessions.

### *Tour Dates:*

March 1 –  
March 14, 2024

### *Tour Cost:*

\$7,500.00  
Single Supplement  
\$1,500.00

### *Inclusions*

- 24/7 Tour Director/Guide
- Educational Programs
- Accommodations
- Ground transportation
- Entry fees
- Three meals per day
- Transfer to and from the airport
- Gratuities

Transportation costs to and from Portugal are NOT included in this tour price. All travelers must arrange their own transportation to and from the starting and ending cities.

## *Day 1, March 1: Lisbon*

- Welcome to Portugal. Late afternoon orientation, a welcome cocktail and dinner.

## *Day 2, March 2: Lisbon*

- Morning walking tour of Lisbon. Lunch will be at the Gulbenkian Museum, followed by a private tour of Calouste Gulbenkian's eclectic and unique collection totaling over 6,000 pieces from all over the world. Next, enjoy the Royal Treasury Museum to experience the magnificence of Portugal's opulent past and the tricks that the resourceful Portuguese royals employed to keep up appearances when money became scarce.

- Late afternoon walking tour along the Tagus River in Belém where you'll also have a chance to sample the hyper-local award-winning Portuguese egg tart known as Pastel de Belém.

- Dinner will be a traditional Fado Dinner Show!

## *Day 3, March 3: Lisbon*

- Today we experience the Portuguese Riviera: Sintra, Cascais, and Estoril. Our first stop will be the beautiful village of Cascais, one of the wealthiest counties in Portugal where we will have walking around the gorgeous little seaside village. Next is a visit to the new Casa Chabad in Cascais where you'll meet Rabbi Eli Rosenfeld who will share a brief overview of the Jewish diaspora in Portugal. We then stop for a guided tour of Casa das Histórias Paula Rego .

- Our three course lunch is prepared by the students at the local hospitality school (Escola de Turismo de Estoril).

- In the afternoon we drive to the westernmost point of the European continent, Cabo da Roca. Our final stop is Sintra, a UNESCO World Heritage Site, 17 miles west of Lisbon. This picturesque village is known for its century-old castles, magical gardens, and delicious local pastries, where we will have private tour of Pena Palace, a colorful Romanticist castle that looks like something out of a fairytale.

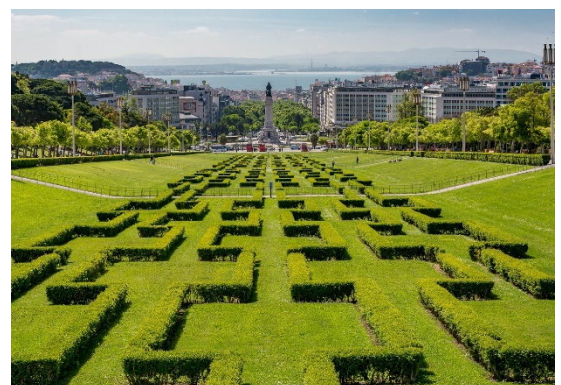
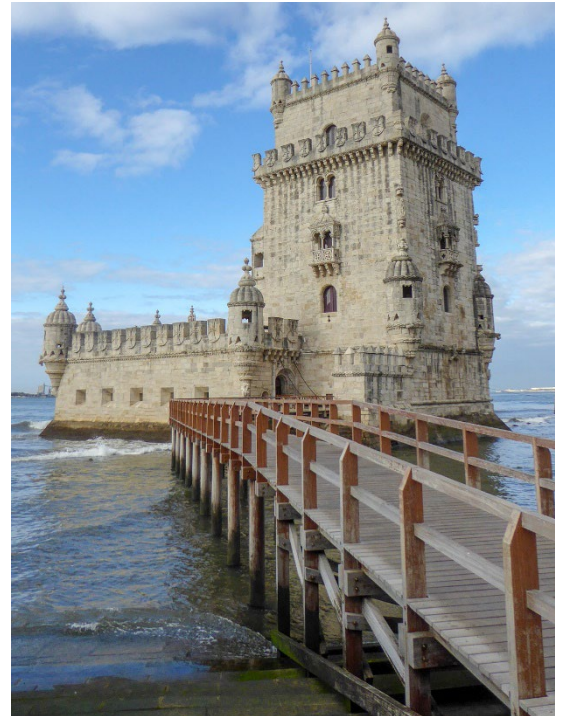
## *Day 4, March 4: Lisbon*

- Today we learn about a different side of Lisbon's history through the lens of the African Diaspora.

- Following lunch we visit the National Tile Museum to learn about the origins and evolution of this art form in Portugal.

- Late afternoon we tour the Marques da Fronteira Palace and Gardens that's described as a 1671 hunting pavilion of Don João de Mascarenhas. The palace continues to be a private residence of the Marquesses of Fronteira.

- Special dinner program tonight: "The African Diaspora and the Fulbright Commission in Portugal".







## *Day 5, March 5 - Évora*

- Today we travel south to Évora where we have a morning walking tour.
- After lunch we visit a family-owned winery to learn how this winery masterfully combines grapes grown in two diverse terroirs to create award-winning blends and will enjoy a narrated wine tasting with regional charcuterie and cheese boards.
- A late afternoon walking tour in Évora will include Giraldo Square, the Moorish Quarter, the Aqueduct, and the Roman Temple.

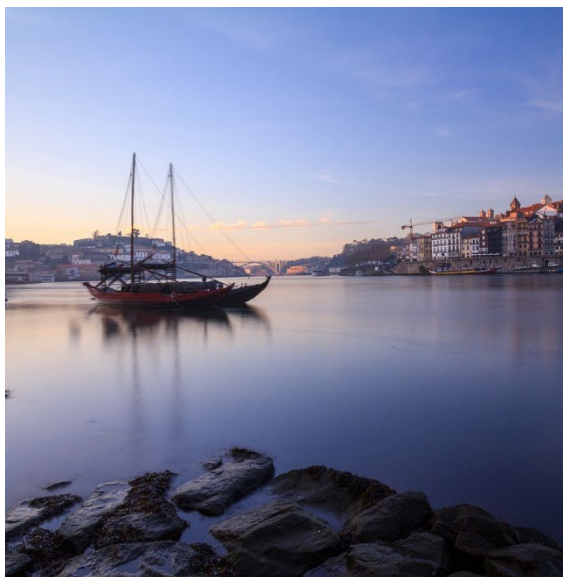
## *Day 6, March 6 - Évora*

- Today begins with a brief overview of the social political importance of the Alentejo Region during the Estado Novo (1933–1974) to present times, followed by a visit to a private cork estate dedicated to sustainable living and sustainability forestry. A traditional "hunter's lunch" will feature locally made dishes that have been served on this estate for generations.
- That afternoon we have a scenic drive to Elvas, an important fortified outpost located 5 miles from the Spanish border where our guide will take us on a scenic walking tour around the city. Enjoy a traditional Alentejo dinner this evening at a local tavern in town.



## *Day 7, March 7 – Douro Valley*

- Early morning departure. Sit back, relax, and enjoy the hour drive from Évora to Coimbra where we will have a walking tour around this colorful university town known as the Cambridge of Portugal. Visitors are instantly reminded of Harry Potter when they visit this magical place that includes The Joanina Library, the University of Coimbra, and the Coimbra Cathedral.
- After lunch, we continue north to the Douro Valley.



## *Day 8, March 8 – Douro Valley*

- We head to the city of Vila Real to have a round table discussion with faculty from UTAD (University of Trás-os-Montes and Alto Douro) about the complex socio-political history of the region. Lunch will be on campus followed by a tour of the stunning 18th century Mateus Palace created by Nicolau Nasoni, the well-known Italian architect who specialized in Portuguese Baroque.
- A scenic drive follows to the picturesque town of Pinhão for a relaxing 60-minute private boat ride along the magical Douro River. The finale of the day is a visit to a well-known estate that produces both port and table wines to sample fabulous 10 and 20 year-old Port wines produced on the estate.



## *Day 9, March 9 – Douro Valley*

- Enjoy the two hour scenic drive to Vila Nova de Foz Côa, one of the main towns on the Eastern tip of the Douro River before it crosses over into Spain. Here you'll find the Côa Valley Archeological Site, declared by UNESCO, as a World Heritage Site, to learn about the Côa Valley in the Upper Douro Region as well as the prehistoric rock art that was found in the early 1990s. Lunch will be at the museum followed by a hike down to the archeological site. This will surely be an experience you'll never forget!

## *Day 10, March 10: Porto*

- This morning begins with a walking/driving tour of Lamego that will include a visit to the magnificent Sanctuary of our Lady of Remedies, a historic chapel dating to the 18th century with a Baroque and Rococo facade and an ornate altar.
- Then on to Porto to enjoy lunch at the well-known Bom Sucesso Market. In this local food hall, you'll have the chance to sample an array of dishes from Northern Portugal.
- After lunch, join Pedro for a walking/driving tour where you'll visit and learn about the Porto including the Cathedral, Ribeira, São Bento Train Station, Clérigos Tower and Church, and the Bolsa Palace.
- Late afternoon hotel check in.

## *Day 11, March 11: Porto*

- Today we have a full day exploring the gems of Northern Portugal: Guimarães and Braga. In Guimaraes, you'll visit one of the most important monuments in Portugal: The Guimarães Castle.
- We continue onto Braga, a millenary city, which was founded by the Romans as Bracara Augusta, in honor of Emperor Caesar Augustus, is the oldest city in Portugal. This city's long history is visible in its monuments and churches that display various styles from Roman to Baroque. Braga is also known as the City of the Archbishops or Portuguese Rome, due to its vast religious heritage.

## *Day 12, March 12: Porto*

- We will explore the natural beauty of Portugal's only national park: Peneda-Gerês is a UNESCO Biosphere Reserve, which covers over 700 square km of protected land with stunning mountain trails, river beaches, and historical villages. The Peneda-Gerês National Park consists of four main mountain ranges: Peneda, Gerês, Amarela, and Soajo. A local park guide will greet you and give you an overview of today's activities with a break for lunch.
- Late afternoon, we return to Porto.

## *Day 13, March 13: Porto*

- Today we visit the Serralves Museum which is one of the most important cultural institutions in Portugal. It includes a contemporary art museum, a park, and a villa, each one considered an example of Modernism and contemporary architecture. Strolling through the Serralves Park, you'll find outdoor sculptures as well as a lovely rose garden, treetop walk, and the stunning Casa de Serralves. Enjoy an express lunch at the Serralves museum cafe.
- The afternoon is set aside to enjoy free time to explore Porto as you wish. Late afternoon, visit the new WOW cultural center which is a unique cluster of museums, restaurants, bars, and wine cellars, telling the story of Porto's history.
- In the evening, enjoy a lovely bon voyage dinner as you reminisce over your past two week tailor-made journey around Portugal.

## *Day 14, March 14: Porto*

- Breakfast at hotel.
- Depart for airport and return home.

