## Welcome to the Toolik Sauna

## Monday, Wednesday, Friday, Sunday

Mens: 6:00-7:30p | Womens: 7:30-9:00p | All genders: 9:00p+

Transgender, non-binary, & genderqueer folks: Sunday, 4:30-6:00p



## Always observe your gender's designated hours.

Trans, Two Spirit, & genderqueer residents can attend the hours they feel most comfortable attending.

- Alcohol is not allowed on the sauna premises.
- Don't ask about tattoos, scars,
  & other body modifications.
- Don't make others feel uncomfortable with inappropriate behavior & awkward, stretching poses
- Be mindful of your words. No shoptalk or crude, sexually inappropriate talk.
- Only ask once don't pressure anyone to sauna.
- Don't boat in the vicinity of the sauna during operating hours.

- Clothing is optional respect the decision to do either.
- The sauna is not a hangout area. Be mindful of others & share the space. Don't stay in there too long.
- Stay hydrated. Bring water.
- The sauna is not a full replacement for showers. Do both!
- Rogue saunas must be approved by the station manager - no rogue saunas on Saturdays.

The sauna is intended to always be a welcoming place for all. If rules aren't being followed, kindly remind fellow residents of the rules or let the station managers know.