PSY 201 Culture and Psychology

| COURSE TITLE: | PSY 201: Culture and Psychology (3cr) |
| :--- | ---: |
| INSTRUCTOR: | TBA |
| MEETING DAYS: | TBA |
| TIME: | TBA |
| ROOM: | TBA |
| FINAL EXAM: |  |
| OFFICE HOURS: | TBA |
|  | TBA |

## Course Description.

Presents a survey of both historic and contemporary psychological research and theory on culture. Includes discussion on cross-cultural, multicultural, and cultural perspectives in psychology. Also introduces students to diversity-based clinical and community applications of psychological research. (3+0) Prerequisite: PSY 101: Introduction to Psychology.

## Required Textbooks.

American Psychological Association (2009). Publication Manual of the American Psychological Association (6th ed.). Washington, D.C.: Author.

Heine, S.J. (2008). Cultural psychology. New York: Norton.
Additional readings from the following texts will be provided by the instructor:
Richards, P. S., \& Bergin, A. E. (Eds.). (2000). Handbook of psychotherapy and religious diversity. Washington, DC: American Psychological Association.

Guthrie, R. V. (1998). Even the rat was white (2nd ed.). Boston, MA: Allyn \& Bacon.
Course learning objectives.
By the end of the semester the student will have advanced competence in the ability to discuss the fundamental theories, methodologies, and findings in the field of psychology as it is applied to culture. This competence will be demonstrated through achievement of scores on a combination of graded materials that attain an overall point total equal to (or higher than) $60 \%$ of the total possible points attainable for the course ${ }^{1}$. Specific learning objectives include:
The identification and comprehension of key concepts in the study of culture through psychology.
The application of key concepts in the psychological study of culture to the students' current personal lives, in order to gain insight regarding the effects of culture on themselves and others in our society.
${ }^{1}$ Per the requirements that majors achieve a "C" letter grade or better in courses that comprise their major, students who have listed psychology as their major will need to attain a point total equal to or greater than $70 \%$ of the total possible points attainable for the course.

The identification and comprehension of common methods for scientific inquiry about culture as a psychological phenomenon.
The ability to evaluate these methods as to their suitability for illuminating different aspects of the relationship between culture and psychology.
The identification and analysis of historical trends and probable future trajectories in the science of psychology.

Changes to the course.
The instructor reserves the right to change portions of this syllabus, including the schedule of due dates, format of activities, assignments, and tests. If he does so, he will provide written notification in the announcements section of the Website associated with this course.

Course requirements.
The requirements for this course are rather straightforward:
Study the assigned readings and materials prior to attending the day's class meeting.
Participate in in-class discussion and activities to the degree that the student feels comfortable (active listening is participation).
Perform at an average passing level on graded materials.
Teaching strategies.
Lecture, in-class activities, demonstrations, discussions, and video/multi-media presentations.

Blackboard and email familiarity.
Given that this is a 200-level course, students are expected to be familiar with, and have access to Blackboard and their UA email accounts. If students are unfamiliar with Blackboard, they should attend a training on utilizing it (these are regularly scheduled).

## Learning resources.

Journals and books are available at the Rasmuson Library. You can also access the library's journal databases online at their Website. Resources required in addition to those held in this facility can be interlibrary loaned. Interlibrary loans can take some time to process, so early ordering is probably necessary in these instances.

Internet resources.
Internet-based resources are provided throughout the course's Website. Links are indicated by underlined words. Links often provide individualized extended learning opportunities for both the discipline in general, as well as course-specific content.

Absences and missed material.
If you miss class, you are responsible for acquiring the material covered in that class from a classmate. This includes lecture notes, power points, or assignmentsimpromptu or otherwise. Absences do not extend deadlines.

Student conduct \& expected etiquette.
All guidelines and provisions of the UAF Student Code of Conduct and Student Behavioral Standards will apply; see the current UAF Catalog or go to the UAF Website for the current catalog for further details.

Cheating and plagiarism.
Engaging in cheating or plagiarism will result in a failing grade for this course, as well as referral to the office of the Associate Vice Chancellor for Student Life. The instructor does randomly select submitted materials and checks them for plagiarism or other forms of cheating. Likewise, he will check those assignments or papers that lead him to question whether or not a particular assignment or paper was completed by cheating or plagiarizing. If the student is unsure about standards for properly citing sources, he or she should consult the current edition of the Publication Manual of the American Psychological Association.

Disability services.
The Office of Disability Services (ODS) implements the Americans with Disabilities Act (ADA), and insures that UAF students have equal access to the campus and course materials. Disability Services, a part of UAF's Center for Health and Counseling, provides academic accommodations to enrolled students who are identified as being eligible for services. The UAF faculty makes every effort to work in conjunction with ODS to provide the necessary accommodations for all identified students enrolled in our courses. If students believe they are eligible for services, they should contact Disability Services on the UAF campus, by phone at 907-4745655, by email at uaf-disabilityservices@alaska.edu, by visiting their site on the Web, or by contacting a Student and Enrollment Services staff person at their nearest local campus.

Support services.
Writing support services are available on the UAF Campus in the Writing Center, located in 801 Gruening. For more information, students can contact them by telephone at 474-5314. Students are encouraged to use this resource to meet writing expectations. Other services are available to students, such as tutoring, financial assistance, and study workshops, to list a few. Please see Student Support Services personnel for information on the availability of these and other services.

Individual communication.
In order to best meet student needs, I am available to talk to individual students in a number of ways. Appointments can be scheduled 48 hours in advance during available non-office hours (most early afternoons and late mornings). During my office hours I meet with people on either an appointment basis or on a first-come-firstserved basis if no appointments are scheduled.

I maintain a general calendar that students can find through their Google Apps Calendar program (my calendar is assigned to my UA Email address: talower@alaska.edu). Students wishing to schedule appointments should propose
an appointment on my Google Calendar through their Google Apps Calendar program. In order to protect your privacy, I have made the details of appointments listed on my calendar invisible to the public.

For a number of reasons (including your own academic privacy), I will only communicate by email regarding course performance with students via the email listings associated with the student's UAF email account. Do not use non-UAF email accounts to send materials or to communicate with me. Emails that come directly from email addresses other than that assigned to the student by the university will not be opened.

Grading Information.
Grades are determined based on the total number of points a student receives as a proportion of the total points possible for the course. The points received for each of the student's individually graded items are added together at the end of the course to derive the total points a student receives for the course. This score is then compared to Table 1. A student is assigned the grade associated with the range of points that includes the total number of points the student received in this course. The instructor does not assign +/- grades. The points possible for each of the individually graded items are delineated in Table 2.

Table 1. Point ranges and their associated grades.
Point Range Grade

| $360-400$ | $A$ |
| :--- | :--- |
| $320-359$ | $B$ |
| $280-319$ | $C$ |
| $240-279$ | $D$ |
| less than 240 | $F$ |

Table 2. Delineation of points according to individually graded items.


Incomplete grades. An incomplete grade (I) for the course will be assigned only if two conditions have been met: (1) the student has completed 50\% of course work at the time of the request for an incomplete with a grade of " C " or better; and (2) documented evidence is submitted to substantiate the fact that course completion was prevented (e.g. medical or family emergency). Failure to complete the course, or portions of the course in a timely manner will result in a, "F" letter grade for the course. If the student is notified that they will receive an incomplete or an extension for this course, that student is responsible for acquiring, completing, and presenting to
the instructor for his signature all necessary forms to assign the incomplete or extension, as well as to assign the final grade when the course is completed. These forms should be completed and presented to the instructor prior to whatever deadlines apply (it is the students responsibility to know and comply with these). The student must additionally notify the instructor each time that he or she submits an outstanding item that is required for the resolution of the incomplete.

Orientation Tasks (5 points). Students are required to complete the three orientation tasks by the end of the second full week of class. Students not completing these tasks by the deadline risk immediate faculty withdrawal from the course. The orientation tasks are designed to ensure that students understand the practicalities of submitting materials to be graded for this course. They also present an opportunity to ensure that any technological issues are resolved before students attempt to submit questions or assignments, or attempt to complete a test. There are three tasks in all, which are described in the Orientation Tasks section of the Blackboard shell associated with this site.

Student Questions (15 points). Students are required to submit 10 questions during the course. Each question is worth 1.5 points, and is graded in an all-or-nothing fashion. Only one question per class meeting is allowed, however. Questions should be submitted by students through the online Student Questions form, which can be found on the course Website. All kinds of questions are invited. For instance, students might ask for further explanation about a concept in the text or previous day's lecture. They might ask how a given finding, concept, or theory presented in the text or lecture would explain a personal experience they have had. They could also ask about how a given finding, concept, or theory presented in the text or lecture would explain other people's or groups of people's behavior.

There are some requirements as to the contents of the questions, however. In order to receive credit, student questions should:
regard a phenomenon which the student does not fully understand and genuinely wants to understand (i.e., rhetorical questions are not allowed), be related to the readings assigned for either the subsequent day's class meeting or the previous meeting's lecture, be submitted in a timely fashion (i.e., sometime after class on the day of the previous class meeting and 11:59pm on the day prior to the next class meeting, and contain a brief (1-3 sentences) explanation of the reason the student is interested in having it answered.
Points for questions will not be tabulated until the end of the semester, so students will need to keep track of how many questions they have submitted by any given point in the course. Questions selected by the instructor from those submitted by the students will be utilized anonymously during the questions and answers (AKA stump the professor) portion of each class meeting. This is, therefore, an opportunity to earn points for student engagement in the learning process. Students can impact this course in a manner that increases its applicability to their own lives if they take the
opportunity and ask the questions that would most benefit their personal or professional goals.

Assignments (40 points). There are two assignments listed for this course. Each assignment is worth 20 points. These assignments promote not only self-assessment and self reflection, peer evaluation and discussion, and the development of academic skills, but also the integration of learning from other coursework across several disciplines, as well as the development of disciplinary skills (both professional and scientific). Directions for completing each assignment can be found in class meeting pages of the Lecture and Learning Materials section of the course Website as well as in the Assignments section of the Blackboard shell for this course. Assignments are to be submitted via the Assignments section of the Blackboard shell associated with this course. Due dates are noted on the course Website's course calendar. Unless otherwise noted, written assignments should be formatted, referenced, and styled according to the most current edition of the Publication Manual of the American Psychological Association. It should be noted that the requirements listed for each assignment are the requirements for a passing grade on the assignment (i.e., 12 out of 20 points). Those wishing to earn the maximum amount of points possible for the assignment should aim to exceed the requirements listed for the respective assignment. For additional general information on assignments, please see the FAQs and Assignments sections of the course Website.

Tests (240 points). There will be three tests for this course. Each test will be worth 80 points. The items on the tests are derived from the readings, lectures, activities, and assignments. Tests can be found in the Tests section of the Blackboard site associated with this course. Tests are to be taken online in one sitting. Students will have 90 minutes to complete the test once they attempt to take it. Students may attempt to take each test only one time. Class will not meet on the day the test is scheduled. Students may take the exam any time after 12:01am on the day the test is scheduled, but must complete the exam by midnight of the exam day (so, the latest students should start an exam is 10:30pm). Students may not consult with others while taking the test, though they may use their text, notes, and other study materials. The test will consist of 40 multiple choice questions worth two points each. The dates on which tests will be given are listed on this Website's course calendar.

Final Exam (100 points). There will be a comprehensive final exam for this course, which will be worth 100 points. The final exam will be taken in-class on the day the university has scheduled for the final. Students will have two hours to complete the exam. The items on the exam are derived from those created by students in the projects they completed for this course. Students must purchase and bring a Scantron answer sheet and a pencil for the final exam. The instructor will not have answer sheets or pencils to supply to those students who do not have them, nor will extra time be given to those who need to leave and buy them at the bookstore. Students may not consult with others while taking the test, nor may they use their text, notes, or other study materials.

Penalty for Disruptive or Disorderly Behavior.
Given that this class concerns topics that can be quite sensitive for individual students to discuss, it is imperative that students maintain a respectful attitude toward their peers and the information provided during the class. Therefore, there will be a penalty for disruptive or disorderly behavior that is displayed during this course, which will be incorporated into the grading criteria. The penalty for disruptive or disorderly behavior is -10 points per incident. Things that will lead to penalties include:
Intentionally derogating or insulting another person in the class. If this is intense or frequent, it may result in additional penalties, including (at my discretion) immediate instructor-initiated dismissal/withdrawal from the course.
Being disrespectful while another person in the class is leading a discussion or asking a question (e.g., engaging in side conversations, making loud noises indicating discontent with the speaker). If disrespect is intense or frequent, it may result in additional penalties, including (at my discretion) immediate instructor-initiated dismissal/withdrawal from the course.
Disrupting the ability to educate students. If this is intense or frequent, it may result in additional penalties, including (at my discretion) immediate instructor-initiated dismissal/withdrawal from the course.
If such an incident occurs, I will immediately stop the class and point out the offending behavior. Based on my experience at UAF I do not anticipate that such behavior will happen, but please be advised if it does, I will take prompt action.
Please note that I am not requiring students to agree with a particular view presented by the professor or other students during a particular class during this course (other than those established as necessary components to competent and ethical practice as a researcher or professional in the field). I am not requiring students to speak on any particular topic during a given class meeting. I am simply requiring that students attend and be respectful of others.

## Schedule of Topics

Week 1: Defining and describing culture and its relation to psychology
Readings: Heine, chapter 1
Week 2: Typical research methods and settings
Readings: Heine, chapter 3
Week 3: Historic research efforts, biases/mistakes, and lessons learned
Readings: Guthrie, chapters 1 \& 4
Week 4: Evolution and variation in cultural systems
Readings: Heine, chapter 2
Week 5: Development and socialization
Readings: Heine, chapter 4
TEST \#1 will occur on Thursday, October 4th.
Week 6: Self and personality
Readings: Heine, chapter 5

Week 7: Motivation
Readings: Heine, chapter 6
Assignment \#1 DUE
Week 8: Morality, religion, and justice
Readings: Heine, chapter 7; Richards \& Bergin, chapter 1
Week 9: Emotions
Readings: Heine, chapter 8
Week 10: Cognition and perception
Readings: Heine, chapter 9
TEST \#2 will occur on Thursday, November $8^{\text {th }}$.
Week 11: Mental and physical health
Readings: Heine, chapter 10

Week 12: Interpersonal attraction \& close relationships
Readings: Heine, chapter 11 (462-486)

Week 13: Groups
Readings: Heine, chapter 11 (487-507)

Week 14: Multicultural living
Readings: Heine, chapter 12
TEST \#3 will occur on Thursday, December $6{ }^{\text {th }}$.
Final Exam: Per university schedule
Assignment \#2 DUE

