Submit original with signatures + 1 copy + electronic copy to Faculty Senate (Box 7500).

See http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/ for a complete description of the rules governing curriculum & course changes.

| BMITTED BY: | | | | | | | | | | | |
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| n | | | T-Mr | | C 11 | <i>10.</i> 1. 1. | | | | 45. | |
| Department | Counseling | | College/School Phone aska.edu Faculty Contact | | | School of Education | | | | | |
| Prepared by | Jane Monah | an | | | | | | 474-530 | | | |
| Email Contact | jmmonahan | @alaska.ed | | | Faculty | Contact | | Anthony Stran | | | trang |
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| B. PROPOSED | COURSE TITLE: | | | | | | Internship IV | | | | |
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| (Requires app | roval of both depar | tments and dea | ans invo | olved. | Add line | s at end of f | orm for such | signature | s.) | | |
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Signature of Provost (if applicable)

Offerings above the level of approved programs must be approved in advance by the Provost.

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| aculty Senate Review Committee:Curriculum Review | GAAC | |
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UAF Counseling Program Internship IV (COUN F696) 3 Credits

Day/Time: TBA

On Campus Location: TBA
Audio Conference/Video Conference number: TBA

Instructor: Tony Strange, Ed.D Office: 709-A Gruening Building

Office Hours: Tuesday and Wednesday 2:00-4:00 pm, or by appointment

Office Telephone: 907-474-7701 Home Telephone: 907-378-5876 E-mail: atstrange@alaska.edu

Course Description:

The course is designed to give counseling program candidates experience and supervised practice in the broad scope of activities (e.g., record keeping, individual and group counseling, information and referral, consultation, in-service and staff/faculty meetings, and supervision) engaged in by either fully credentialed school counselors or licensed professional counselors. Students must have completed three semesters of field placement. This course is designed to give the candidate an opportunity to engage in in-depth case discussion and to receive feedback regarding their role as a professional counselor. The internship requires a minimum of 300 hours of which a minimum of 240 hours must be in direct services.

Course Objectives:

To improve skills developed during other courses and provide students with a practical training experience that allows them to function as a professional counselor in an approved clinical setting under the supervision of an appropriately trained counselor.

Student Learning Outcomes

After completing this course, students will be able to:

- Understand and perform a variety of professional activities (e.g., record keeping, information and referral, consultation, in-service and staff/faculty meetings, supervision).
- Relate theory to practice and evaluate and test counseling philosophies and attitudes within the context in which they must be made.
- Use an understanding of multicultural and diversity issues and needs in order to provide culturally responsive services.
- Evaluate their professional strengths and weaknesses and evaluate their professional growth.
- Use their professional experiences to gain an understanding and appreciation of professional, ethical, and legal issues and behavior

Instructional Methods

Classes will consist of distance student and on campus students connected by audio/video conferencing. Five major methods will be used in the class to facilitate the students' understanding the course information: (a) lecture, (b) readings, (c) student presentations, (d)

student projects, and (e) student participation with weekly updates on their internship experiences.

Required Texts:

Conyne, R. K., & Bemak, F. (Eds.) (2005). *Journeys to professional excellence*. Alexandria, VA: American Counseling Association. ISBN-10: 1556202423 ISBN-13: 9781556202421

Erford, B. T., Eaves, S. T., Bryant, E. M., & Young, K. A. (2010). *Thirty-five techniques every counselor should know*. Upper Saddle River, NJ: Prentice Hall. ISBN-10: 0131702823 ISBN-13: 9780131702820

University of Alaska Fairbanks Graduate Program in Counseling. *Internship manual for master's degree in counseling* (Revised Ed., 2012). Fairbanks, AK: Author.

Recommended Texts:

Golden, L., & Hendersen, P. (2007). *Case studies in school counseling*. Upper Saddle River, NJ: Prentice Hall. ISBN-10: 0130494844 ISBN-13: 9780130494849

Rochlen, A. B. (2007). *Applying counseling theories: An online, case-based approach*. Upper Saddle River, NJ: Prentice Hall. ISBN-10: 0131700820 ISBN-13: 9780131700826

Wedding, D., & Corsini, R. J. (2011). *Case studies in psychotherapy* (6th Ed.). Boston, MA: Brooks Cole. ISBN-10: 0840032579 ISBN-13: 9780840032577

Other readings may be assigned by the instructor throughout the term.

Course Requirements:

Students will be evaluated based on four major criteria: class participation, theorist integration paper/presentation, case conceptualization, and case notes. All papers need to be typed, double-spaced, and include a list of references where applicable. Papers are expected to be well-written, well thought out, and be grammatically correct. Unless stated otherwise, writing should conform to APA style, including citations and references. Completion of course requirements includes the timely submission of all assignments and paperwork including: informed consent agreement, proof of insurance for community placements, site supervisor information form, log of hours, case notes, and on-site supervisor evaluations.

Students are expected to be knowledgeable of and adhere to the American Counseling Association's 2005 Code of Ethics and Standards of Practice and/or the American School Counselor Association's 2010 Ethical Standards for School Counselors. Failure by the student to adhere to the their professional codes will result in disciplinary actions. Depending upon the severity and duration of the ethical breach, disciplinary actions may include: educative advisories

or warnings, being placed on probationary status, suspension of training, or expulsion from training.

- 1. Class Participation: Attendance and participation in class is required. Graduate seminars require a high level of personal involvement, accountability, and integrity. It is expected that students will come to class prepared – having completed readings, completed assignments, and ready to participate in discussion. At times students will be asked to participate in blackboard discussions. Students must answer all required blackboard posts with a minimum of a 250-word response of directly related content. Absence does not relieve a student from the responsibility of completing all assignments prior to the due date, or for material presented in a missed class session. Late assignments will not be accepted without prior approval from the instructor, and if accepted may reflect an automatic minimum 10% decrease in grade (emergency situations will be considered). Your participation grade will reflect your attendance, your ability to integrate information, adequately discuss your viewpoints, and appropriately respond to feedback. All personal information shared in class, within the course blackboard site, and with agency or school personnel should be kept confidential. Students are expected to communicate in a timely manner any questions, concerns, conflicts, or needs to the appropriate supervisory personnel; and demonstrate teamwork, mutual respect, leadership, and an openness to professional feedback.
- 2. Self Evaluation/Student Feedback: Students are to write a self-critique of their development as professional counselors. In doing so, each student will first develop a set of personal goals he/she wishes to pursue to refine his/her counseling knowledge and skills this is due by the second class session. Students are to present their goals to a classmate to gain feedback, and allow interns to practice providing appropriate feedback to others. The critique should address the following points: (a) reflection and evaluation of initial goals, areas of strength, areas of desired professional improvement; (b) a plan for improvement; and (c) an overall evaluation of the student's present state of readiness to assume the duties of a professional counselor. As done initially, students are to present their evaluations with the same classmate and integrate the feedback into their final paper.
- **3.** <u>Case Conceptualization</u>: Students are required to complete an in-depth case study using the case conceptualization format in the internship manual. Students will present their case study to the class for discussion purposes. As time allows, additional cases may be presented either formally or informally as requested by the instructor.
- 4. <u>Case Notes:</u> Students are required to complete a log of their internship hours, a weekly log of their on-site activities, and case notes for all on-going individual and group counseling sessions. The final log with original signatures must be submitted by the last night of class unless otherwise arranged with the university instructor. In addition, students are to coordinate three (3) site visits with their on-site supervisor and UAF supervisor(s) per semester (see internship manual for specific requirements, timelines, and forms). Off campus students will have one site visit and two audio/video conferences with university supervisor.

Note: In many academic disciplines students are evaluated solely on their academic performance. However, students in the Counseling Program are evaluated on both their academic

performance as well as their professional characteristics. Although a student may be in good academic standing, they must receive satisfactory evaluations from faculty members regarding their professional characteristics in order to continue on in the program. The faculty will evaluate the student's professional characteristics in relation to their ability to become a viable member of the counseling community. Students will meet with the faculty following each evaluation and the results of the evaluation will be discussed. Insubordinate and argumentative behavior in response to feedback in one or more environments may be a basis for dismissal from the Counseling Program.

Evaluation and Grading:

Your grade will be determined by your satisfactory completion of all the requirements outlined in the syllabus, along with your university supervisor's evaluations of your competency and practical skills. Specific grading components include: (a) performance at the internship site (including completion of paperwork as required by university and site guidelines); (b) completion of hours; (c) supervision evaluations; (d) case presentations; (e) self-evaluation; and (f) class attendance and participation. Assessment of practical skill will be based on the following evaluations (forms located in the Counseling Program Internship Manual): university supervisor site visit evaluations (3), on-site supervisor evaluation (1), on site supervisor professional characteristics feedback form (1). While the site and university supervisor's evaluation will be considered in determining your grade, the university course instructor will assign the final grade for practicum.

Class Participation 10% (100 points)
Self Evaluation/Student Feedback Paper 15% (150 points)
Case Conceptualization 35% (350 points)
Case Notes 10% (100 points)
Evaluation 30% (300)

A = 1000 - 900 B = 899 - 800 C = 799 - 700 D = 699 - 600

Course Policies:

Students are required to obtain a university-issued username for use of email and Blackboard. If the university server is not your primary email address, you are expected to set it up so that all emails are forwarded from the university server account. Additionally, students are required to access Blackboard regularly for announcements, documents, and other postings.

An incomplete grade (I) will be assigned only if two conditions have been met. First, the student must have completed the majority of course work, written assignments, presentation, and examinations, and earned a grade of "C" or better. Normally, a grade of "I" will be given only when there has been participation until at least the last three weeks of the semester. Second, documented evidence must be submitted to substantiate the fact that course completion was prevented because of personal problems, such as a medical or family emergency. Failing to complete the course, whether due to negligence or indifference, will result in a grade of "F" unless there has been an official course withdrawal. If an "I" is assigned, completion of all course work is the responsibility of the student. All course work must be completed within one year following the semester that the "I" was given.

Students must abide by academic integrity standards as outlined in the Student Code of Conduct found in the UAF Catalog: Academic and Regulations Chapter. The UAF Code of Conduct can be found online at http://www.uaf.edu/catalog/current/academics/regs3.html#Student_Conduct In this course if it is found that a student has knowingly plagiarized they will receive a failing grade for the course.

Plagiarism is representing someone else's ideas and work as your own. Plagiarism includes not only copying verbatim, but also rephrasing the ideas of another without properly acknowledging the source. As they prepare and submit work to meet course requirements, whether a draft or a final version of a paper or project, students must take great care to distinguish their own ideas and language from information derived from sources. Sources include published primary and secondary materials, electronic media, and information and opinions gained directly from other people. (Capella University Learner Handbook, 2006, p. 14)

Support Services:

Writing support services are available on the UAF Campus in the Writing Center, located in 801 Gruening Building, or can be reached at 907-474-5314 or 1-800-478-5246. The web site address is http://www.uaf.edu/English/writingcenter/

<u>Disability Services</u>: The Office of Disability Services (ODS) implements the Americans with Disabilities Act (ADA), and ensures that UAF students have equal access to the campus and course materials. Disability Services, a part of UAFs Center for Health and Counseling, provides academic accommodations to enrolled students who are identified as being eligible for services. The faculty of the Counseling Program makes every effort to work in conjunction with ODS to provide the necessary accommodations for all identified students enrolled in our courses. If you believe you are eligible, please contact Disability Services on the UAF campus at 208 Whitaker, 907-474-5655, fydso@uaf.edu, or visit http://www.uaf.edu/chc/disability.html on the web or contact a student affairs staff person at your nearest local campus.

| Class Session | Readings to be Discussed |
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| Week 1 | Syllabus & Review of Course Requirements/Guidelines Internship manual for master's degree in counseling (Revised Ed., 2012) |
| Week 2 | Self Evaluation Discussions |
| Week 3 | Conyne, R. K., & Bemak, F. (Eds.) (2005). Journeys to professional excellence |
| Week 4 | Erford, B. T., Eaves, S. T., Bryant, E. M., & Young, K. A. (Ch 1 - 3) |
| Week 5 | Erford, B. T., Eaves, S. T., Bryant, E. M., & Young, K. A. (Ch 4 – 8) |
| Week 6 | Erford, B. T., Eaves, S. T., Bryant, E. M., & Young, K. A. (Ch 9 – 12) |
| Week 7 | Erford, B. T., Eaves, S. T., Bryant, E. M., & Young, K. A. (Ch 13 – 16) |

| Week 8 | Erford, B. T., Eaves, S. T., Bryant, E. M., & Young, K. A. (Ch 17 – 21) |
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| Week 9 | Erford, B. T., Eaves, S. T., Bryant, E. M., & Young, K. A. (Ch 22 – 26) |
| Week 10 | Erford, B. T., Eaves, S. T., Bryant, E. M., & Young, K. A. (Ch 27 – 29) |
| Week 11 | Erford, B. T., Eaves, S. T., Bryant, E. M., & Young, K. A. (Ch 30 – 32) Case Conceptualizations Presentations |
| Week 12 | Erford, B. T., Eaves, S. T., Bryant, E. M., & Young, K. A. (Ch 33 – 35) Case Conceptualizations Presentations |
| Week 13 | Case Conceptualizations Presentations |
| Week 14 | Case Conceptualizations Presentations |
| Week 15 | Final Evaluation and Case Notes Due |