#197-UNC: Revised 4/17/2013

#### FORMAT 1

Submit original with signatures + 1 copy + electronic copy to Faculty Senate (Box 7500). See  $\frac{http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/}{complete description of the rules governing curriculum & course changes.}$  for a

TRIAL COURSE OR NEW COURSE PROPOSAL											
SUBMITTED BY:											
Department	Justice			College/School			CLA				
Prepared by	Mike Daku			Phone	Phone 907-4				474-5717		
Email Contact	Mjdaku@alask	ka.edu		Facul	ty Conta	ict				M	ike Daku
1. ACTION D	ESIRED (CHECK ONE)	Tria	l Cour	se			New C	Cours	e Z	XXX	
2. COURSE I	Dept	Л	JST	Course #		F320		To. of redits	<b>;</b>	3	
Justify upper/lower division status & Junior class standing, along with completion of Justice 310 (Principles of Corrections) as a number of credits:  Junior class standing, along with completion of Justice 310 (Principles of Corrections) as a prerequisite. 45 contact hours in the classroom for a total of 3 credits (3+0).											
3. PROPOSED	COURSE TITLE:		(	Correctio	nal Counse	eling	and Re	habilit	ation		
4. To be CR		No	I	f yes,			Course #				
· -	YES/NO  Dept:  (Requires approval of both departments and deans involved. Add lines at end of form for additional required signatures.)										
5. To be STA	ACKED? YES/NO	No	I	f yes, Dept.			Со	urse	#		
and graduate different cou different (i. undergraduate the committee	Stacked course applications are reviewed by the (Undergraduate) Curricular Review Committee and by the Graduate Academic and Advising Committee. Creating two different syllabi-undergraduate and graduate versions—will help emphasize the different qualities of what are supposed to be two different courses. The committees will determine: 1) whether the two versions are sufficiently different (i.e. is there undergraduate and graduate level content being offered); 2) are undergraduates being overtaxed?; 3) are graduate students being undertaxed? In this context, the committees are looking out for the interests of the students taking the course. Typically, if either committee has qualms, they both do. More info online - see URL at top of this page.										
6. FREQUENCY OF OFFERING: Spring											
		Fall, S			(Every, Tears) —					s, c	or Odd-
7. SEMESTER & YEAR OF FIRST OFFERING (AY2013-14 if approved by 3/1/2013; otherwise AY2014-15)  Spring 2013											
8. COURSE FORMAT:  NOTE: Course hours may not be compressed into fewer than three days per credit. Any course compressed into fewer than six weeks must be approved by the college or school's curriculum council. Furthermore, any core course compressed to less than six weeks must be approved by the core review committee.  COURSE FORMAT:  (check all that apply)  1 2 3 4 5 XX 6 weeks to full semester  OTHER FORMAT											
(specify)  Mode of delivery (specify lecture, field trips, labs, etc)  Lecture/Group Discussion/Role Play/ Structured Exercises											

9. CONTACT HOURS PER WEEK:	3	LECTURE		LAB		PRACTICUM		
Note: # of credits are based on contact hours. 800 minutes of lecture=1 credit. 2400 minutes of lab in a science course=1 credit. 1600 minutes in non-science lab=1 credit. 2400-4800 minutes of practicum=1 credit. 2400-8000 minutes of internship=1 credit. This must match with the syllabus. See <a href="http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/guidelines-for-computing-/">hours /week</a> Note: # of credits are based on contact hours. 800 minutes of lecture=1 credit. 2400-4800 minutes of practicum=1 credit. 2400-4800 minutes of internship=1 credit. This must match with the syllabus. See <a href="http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/guidelines-for-computing-/">https://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/guidelines-for-computing-/</a> for more information on number of credits.								
OTHER HOURS (specify type)								
O. <u>COMPLETE</u> CATALOG DESCRIPTION including dept., number, title, credits, credit distribution, cross-listings and/or stacking (50 words or less if possible):								
xample of a <u>complete</u> description:  ISH F487 W, O Fisheries Management  3 Credits Offered Spring Theory and practice of fisheries management, with an emphasis on strategies utilized for the management of freshwater and marine fisheries. Prerequisites: COMM F131X or COMM F141X; ENGL F111X; ENGL F211X or ENGL F213X; ENGL F414; FISH F425; or permission of instructor. Cross-listed with NRM F487. (3+0)								
JUST 320—Correctional Counseling and R								
A study of the various treatment and rehabilitative/restorative methods utilized in correctional settings. Topics include the roles of correctional personnel, the assessment and treatment of juveniles and adults, casework in correctional settings, crisis intervention, and the assessment and treatment of special populations in the correctional setting. Prerequisites: Junior standing, JUST 310 and ENGL F211/ENGL 213x. (3 + 0).								
11. COURSE CLASSIFICATIONS: Undergood Council to apply S or H classi H = Humanities			tely	otherwise l				
Will this course be used to for the baccalaureate core?		-		YES:		NO: X		
IF YES, check which core requ  O = Oral Intensive,  Format 6		= Writing Inten		Natura	l Scie	ence,("X" Format 8		
1.A Is course content related to northern, arctic or circumpolar studies? If yes, a "snowflake" symbol will be added in the printed Catalog, and flagged in Banner.  YES  NO X								
2. COURSE REPEATABILITY:								
Is this course repeatable for credit?		YES		NO X				
Justification: Indicate why the course can be repeated (for example, the course follows a different theme each time).								
How many times may the course be repeated for credit?								
If the course can be repeated for credit, what is the maximum number of credit hours that may be earned for this course?  CREDITS								
If the course can be repeated	If the course can be repeated with <u>variable</u> credit, what is the maximum number of credit hours that may be earned for this course?							

13.	GRADING SYSTEM: Specify only one. Note: Later changing the grading system for a course constitutes a Major Course Change.  LETTER: X PASS/FAIL:								
	LETTER: X PASS/FAIL:								
RES	TRICTIONS ON ENROLLMENT (if any)								
14.	PREREQUISITES  Junior standing, JUST 310 and ENGL F211/ENGL 213x.								
	These will be required before the student is allowed to enroll in the course.								
	15. SPECIAL RESTRICTIONS, CONDITIONS								
16	. PROPOSED COURSE FEES \$								
	Has a memo been submitted through your dean to the Provost for fee approval?  Yes/No								
17.	PREVIOUS HISTORY								
	Has the course been offered as special topics or trial course previously?  Yes/No								
	If yes, give semester, year, course #, etc.:  JUST 492 Spring 2011 & 2012 (Special Topic)								
18	ESTIMATED IMPACT								
	WHAT IMPACT, IF ANY, WILL THIS HAVE ON BUDGET, FACILITIES/SPACE, FACULTY, ETC.								
	Minimal: Needs will include classroom space; faculty is available to instruct the course and has already delivered the course as a special topics class in Spring, 2011 and Spring 2012.								
19.	LIBRARY COLLECTIONS								
	Have you contacted the library collection development officer (kljensen@alaska.edu, 474-6695) with regard to the adequacy of library/media collections, equipment, and services available for the proposed course? If so, give date of contact and resolution. If not, explain why not.								
	No  Yes  X  Justice 320 augments an existing course (JUST 310  Principles of Corrections) which is an elective in  Justice. Students will be able to access the library  materials/collection on corrections issues, just as they have with the JUST 310 course.								
	20. IMPACTS ON PROGRAMS/DEPTS								
	What programs/departments will be affected by this proposed action? Include information on the Programs/Departments contacted (e.g., email, memo)								
	Include information on the Programs/Departments contacted (e.g., email, memo)  This course does not directly impact other departments or disciplines. Justice faculty have spoken with faculty in Psychology, Social Work and Communications, and no concerns were voiced by those faculty members. The implementation of the course allows the Justice Department to better utilize the expertise of its faculty members. This course will positively impact the Justice Department because it augments the proposed minor in Dispute Resolution also housed in the Justice Department.								

### 21. POSITIVE AND NEGATIVE IMPACTS

Please specify **positive and negative** impacts on other courses, programs and departments resulting from the proposed action.

The Justice Department does not perceive this course as negatively impacting any departments or programs. The course is part of curriculum changes being proposed for the Bachelor of Arts in Justice, and a proposed curriculum for a new minor in Dispute Resolution systems. The course and the proposed minor are likely to be beneficial for Social Work, Psychology and Sociology majors.

The course, proposed minor and curriculum changes to the Justice major reflect the Department's effort to create a restorative justice emphasis in its undergraduate program. Restorative Justice has been adopted as the operational paradigm for Alaska's Division of Juvenile Justice, and consequently, the

TIFICATION FOR ACTION F				12	V
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ne course will represent one of t urse will focus on counseling, re olving to address restorative iss eets the need to address these is	he elective c ehabilitative sues in the cr	hoices in the p and restorati	roposed new re issues with field, and Ju	offenders	. The Justice program is
nis supports course and referen ange enhances the University's r the workforce, and enhance re	ability to ed	lucate student	nsistent with s, serve diver	the UAF s se commu	trategic plan in that this nities, prepare students
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Signature, Dean, College/School of:		'	

ATTACH COMPLETE SYLLABUS (as part of this application). The guidelines are online: http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/uaf-syllabus-requirements/ The Faculty Senate curriculum committees will review the syllabus to ensure that each of the items listed below are included. If items are missing or unclear, the proposed course (or changes to it) may be denied. SYLLABUS CHECKLIST FOR ALL UAF COURSES During the first week of class, instructors will distribute a course syllabus. Although modifications may be made throughout the semester, this document will contain the following information (as applicable to the discipline): 1. Course information: □Title, □ number, □credits, □prerequisites, □ location, □ meeting time (make sure that contact hours are in line with credits). 2. Instructor (and if applicable, Teaching Assistant) information:  $\square$  Name,  $\square$  office location,  $\square$  office hours,  $\square$  telephone,  $\square$  email address. 3. Course readings/materials: lacktriangle Course textbook title, lacktriangle author, lacktriangle edition/publisher.  $\square$  Supplementary readings (indicate whether  $\square$  required or  $\square$  recommended) and any supplies required. 4. Course description: lacksquare Content of the course and how it fits into the broader curriculum; ☐ Expected proficiencies required to undertake the course, if applicable. lacksquare Inclusion of catalog description is strongly recommended, and lacktriangle Description in syllabus must be consistent with catalog course description. 5. • Course Goals (general), and (see #6) 6. U Student Learning Outcomes (more specific) 7. Instructional methods: lacksquare Describe the teaching techniques (eg: lecture, case study, small group discussion, private instruction, studio instruction, values clarification, games, journal writing, use of Blackboard, audio/video conferencing, etc.). 8. Course calendar: lacksquare A schedule of class topics and assignments must be included. Be specific so that it is clear that the instructor has thought this through and will not be making it up on the fly (e.g. it is not adequate to say "lab". Instead, give each lab a title that describes its content). You may call the outline Tentative or Work in Progress to allow for modifications during the semester. 9. Course policies: ☐ Specify course rules, including your policies on attendance, tardiness, class participation, make-up exams, and plagiarism/academic integrity.  $\square$  Specify how students will be evaluated,  $\square$  what factors will be included,  $\square$  their relative value, and  $\Box$  how they will be tabulated into grades (on a curve, absolute scores, etc.)  $\square$  Publicize UAF regulations with regard to the grades of "C" and below as applicable to this course. (Not required in the syllabus, but may be a convenient way to publicize this.) Faculty Senate Meeting #171: http://www.uaf.edu/uafgov/faculty-senate/meetings/2010-2011-meetings/#171 11. Support Services: lacksquare Describe the student support services such as tutoring (local and/or regional) appropriate for the course. 12. Disabilities Services: Note that the phone# and location have been updated. The Office of Disability Services implements the Americans with Disabilities Act (ADA), and ensures that UAF students have equal access to the campus and course materials.

 $\square$  State that you will work with the Office of Disabilities Services (208 WHITAKER BLDG,

474-5655) to provide reasonable accommodation to students with disabilities.

# Justice 320 Correctional Counseling and Rehabilitation 3 credits

Mike Daku

Office: 501A Gruening Bldg.

Phone: 474-5717

Office hours: M/W 9:00--12:00

mjdaku@alaska.edu

Class Meeting Time: TBA

Location: TBA

Course Description: A study of the various treatment and rehabilitative/restorative methods used in correctional setting. Topics include the roles of correctional personnel, the assessment and treat of juveniles and adults, casework in a correctional setting, crisis intervention, the assessment and treatment of special populations in correctional settings and the evaluation of treatment and rehabilitation programs/approaches. Course Prerequisite: Junior standing, JUST 310 and ENGL F211/ENGL 213x. (3 + 0)

## **COURSE GOALS**

- \*Introduce students to the various treatment modalities utilized in treating offenders.
- \* Expose students to various correctional settings and programs
- \* Review the basic competencies required of the correctional counselor

**STUDENT LEARNING OUTCOMES**: At the completion of the course, students should be able to explain:

- The role and competencies required in correctional counseling
- The legal and ethical considerations in correctional work
- Assessment and Treatment Planning for offenders

- ♣ The theoretical approaches which are implemented in counseling offenders
- The basic constructs of family, group and substance abuse counseling
- ♣ The issues presented by juvenile, female and sex offender populations
- How to evaluate the effectiveness of offender treatment
- Ethical considerations in dealing with the offender population

Required text: Correctional Counseling, Hanser, Robert D. and Mire, Scott M. Pearson, 2011

# Student Grading/Evaluation

(3) Exams @ 100 Pts. Each

(5) Chapter Reviews at 20 Pts. Each

Class Participation @ 100 Pts.

Total Points: 500 Pts.

## Grading Scale:

450-500 Pts. = A

400-449 Pts. = B

350-399 Pts. = C

300-349 Pts. = D

< 300 Pts. = F

## **INSTRUCTIONAL METHODS:**

Class participation: As you will note, a heavy emphasis has been placed (100 pts.) on class participation. Attendance is vital if you have the expectation of garnering all of the available participation points. During the course of the semester students will have plenty of opportunity to participate in structured activities, role plays, pairing up with fellow students to work on in-class exercises, etc. Student participation is really the life-blood of the course; I highly encourage you to do so. Each class period will consist of lecture time and review of pertinent course materials, followed by hands-on exercises and scenarios to illustrate the therapeutic concepts in working with clients. After each exercise, the instructor will provide feedback to students and evaluation of their therapeutic work.

## Participation Rubric:

Turticipation Ruoric.					
Activity	90-100%	80-90%	70-80%	60-70%	0-60%
Positive Attributes:	Almost	Frequently	Occasionally	Seldom	Almost
	Always				Never
Enters into Class discussions					
Offers questions or comments					
during class					
Offers questions or comments via					
email.					
Engages in Discussion Boards					
Negative Attributes					

Skips class			
Late for class			
Sleeps in class			
Engages in disruptive behavior			
(includes cell phone, text, or			
internet distractions).			

Chapter Reviews: Each student will complete a total of (5) chapter reviews from the text. This will include summarizing each chapter, and writing an analysis of each. The analysis is an application of what you have learned from the chapter, to include a synthesis of what you may already know about counseling or the topic of the chapter, along with an integration of your own ideas regarding a career in correctional counseling. The focus of the reviews should go beyond a mere regurgitation of the chapter. The length of the reviews may vary, but each should be no less than (3) pages, double-spaced. The course schedule will reflect due dates and the selected chapters for review.

Exams: There will be a total of (3) exams which will be a combination of multiple choice and essay. A review will be provided prior to each exam. The exam dates are posted in the course schedule and will normally occur on Thursdays. Make-up exams will be allowed with prior notification to the instructor.

**Plagiarism and academic dishonesty** will not be tolerated, and is subject to disciplinary action per the Student Code of Conduct, Board of Regents policy 09.02.01 (noted on p. 51 2011-12 UAF Catalog).

Course Schedule:

WEEK 1: The Role of the Correctional Counselor

Reading: Chapter 1

Differentiating between Counseling, Guidance and Therapy The Role of the Correctional Counselor Counseling Settings Development of the Counselor

WEEK 2: Legal, Ethical and Cultural Issues

Reading: Chapter 2

\*\*Chapter 2 Review due Thursday Feb. 7\*\*

Legal/Ethical Issues: Confidentiality/Duty to Warn/Case Notes/Informed Consent

WEEK 3: Assessment, Diagnosis and Treatment Planning

Reading: Chapter 3

Data Gathering Assessment Classification Treatment Planning

WEEK 4: Goal Setting and Implementation

Reading: Chapter 4

\*\*Exam I Thursday, Feb. 21\*\*

Practical Skills/Interpersonal Skills Problem Identification Implementation of Goals

WEEK 5: Theoretical Approaches in Counseling

Reading: Chapter 5

\*\*Chapter 5 Review due: Thursday, Feb. 28th\*\*

Common Behavioral Approaches Cognitive Approaches Reality Therapy Gestalt Therapy

WEEK 6: Family Counseling

Reading: Chapter 6

Introduction to Family Systems Bowenian Systems Behavioral Family Therapy

WEEK 7: Group Therapy

Reading: Chapter 7

Facilitator Skills Advantages/Disadvantages of Group Work Stages in Group Process

\*\*Spring Break\*\*: March 10-16

WEEK 8: Substance Abuse Counseling/Co-occurring Disorders

Reading: Chapter 8

Recognition of and Progression of Substance Abuse Screening, Assessment and Diagnosis of Substance Abuse/Dependency Denial as a clinical issue Relapse Prevention \*\*Chapter 8 review due: Thursday, March 28<sup>th</sup>\*\*

WEEK 9: Juvenile Offenders

Reading: Chapter 9

Child Abuse/Neglect as Correlates with Delinquency

Special Issues with Juvenile Offenders: Peers/Subculture/Gangs

\*\*Exam II: Thursday, April 4\*\*

WEEK 10: Anger Management/Domestic Abuse Counseling

Reading: Chapter 10

Overview of Domestic Battering Groups

Treatment Approaches with Batterers (Category 1, 2 and 3)

WEEK 11: Counseling with Female Offenders

Reading: Chapter 11

Characteristics of Women in Therapy Empowerment Principles with Women Cognitive Restructuring Autonomy Development Assertiveness Training

WEEK 12: Sex Offender Counseling

Reading: Chapter 12

Four Domains of Sex Offender Treatment Common Treatment Techniques Cognitive/Behavioral Interrogation Oriented Techniques

\*\*Chapter 12 review due Thursday, April 25\*\*

**WEEK 13:** 

Reading: Chapter 13

Dealing with Special Populations: HIV/AIDS Elderly Offenders Suicide Issues Grief

WEEK 14: Program Evaluation

Reading: Chapter 14

Quantitative/Qualitative Evaluation Importance of Evaluation Data collection Ethics in Evaluation

\*\*Chapter 14 review due Thursday, May 2\*\*

Final Exam: TBD

**DISABILITY SERVICES**: Students in need of special accommodations should contact UAF Disability Services at 474-5655, or <a href="www.uaf.edu/disability">www.uaf.edu/disability</a> (208 Whitman Bldg.) Instructor will work with the Office of Disability Services to provide reasonable accommodations to students with disabilities.

**UAF WRITING CENTER**: Additional student support can be available through the UAF Writing Center: 474-5314.