

AGENDA  
 UAF GOVERNANCE COORDINATING COMMITTEE #49  
 May 3, 2001  
 2:00 p.m.  
 Chancellor's Conference Room, 330 Signers' Hall

- I Call to Order
  - A. Roll Call
  - B. Adopt Agenda
  
- II NEW BUSINESS
  - A. Health Issues Executive Summary  
(Attachment 49/1)
  - B. Staff Council's Approval of Executive Summary  
(Attachment 49/2)
  - C. Faculty Senate Response to Executive Summary Pending
  - D. ASUAF Response to Executive Summary Pending
  
- III COMMITTEE REPORTS
  - A. Health Issues M. Combellick
  - B. Intercollegiate Athletics R. Bird and B. Anderl
  
- IV GOVERNANCE REPORTS
  - A. ASUAF S. Banks
  - B. Faculty Senate L. Duffy
  - C. Staff Council S. Culbertson
  
- V COMMENTS OR QUESTIONS
  
- VI ADJOURNMENT

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 ATTACHMENT 49/1  
 UAF GOVERNANCE COORDINATING COMMITTEE #49  
 MAY 3, 2001

Revised 3/5/01  
 EXECUTIVE SUMMARY  
 By members of the UAF Governance Health Issues Committee

I. The newly funded FY03 initiative position (Assistant Recreation Manager) for the SRC is highly welcomed by the Health Issues Committee (HIC). As stated in the initiative this position will be assisting with the UAF LIFE program. The Health Issues Committee would like to recommend the following duties as part of the Asst. Recreation Manager's job description:

- Recruitment and retention of fitness instructors
- Schedule activities related to the wellness program (spring, fall and summer semesters).
- Develop training programs for fitness instructors in the areas of, but not limited to: aqua aerobics, step and floor aerobics, kick boxing, and group dance classes.

In addition, the HIC recommends that the revenue generated by the UAF LIFE program be used to pay salaries of fitness instructors and lecturers (fitness instructors at \$12-15/hr and lecturers per individual negotiations) Therefore, this committee urges action to designate 75% of the revenue generated from LIFE activities for ongoing support of the program.

RATIONALE: Fitness instructors and lecturers offering their services to the UAF LIFE have been operating on volunteer power since the program's inception in the fall of 1997. Current participation in UAF LIFE at the SRC shows 75-100 faculty and staff each fall and spring semesters. We would like to see this program grow. However, without financial support, growth is impossible, as instructors are unwilling and cannot be expected to continue to volunteer their services.

II. The Health Issues Committee recommends that the UAF administration support an additional staff or student position to act as a facility monitor during high use hours at the Student Recreation Center.

This individual would be responsible for:

- Returning weights to their storage racks
- Insuring that clients are using equipment correctly

- Acting as a safety monitor for users and their children (i.e., children are using equipment without adult supervision)
- Formally reporting unsafe or damaged equipment to the SRC manager.

RATIONALE: Liability issues could easily arise if equipment is not properly maintained and in a timely manner. SRC users have expressed great concern about unsupervised children using the equipment and the facility in general. These problems could be managed if a staff person was given the authority to "roam" or "assist" users in the appropriate use of equipment, encourage proper behavior in this type of facility, and help keep the facility risk free.

### III. FUTURE GROWTH

The HIC wishes to encourage the UAF administration to support other possibilities for growth of this program. Our suggestions are:

- Offer punch cards for aerobics class participation or specific programming with shorter duration or participation periods. Clients would only be able to get into the facility during the specified times of the activities.
- Offer a one time payment plan for a full one year membership for UAF LIFE - suggested price \$200/year-a reduction of \$25/year.

Find a location within the SRC to hold a babysitting area for children age 4 and under. Single parents are not able to participate in many programmed activities because they have no care for their children.

RATIONALE: Many students and staff are single parents and are not involved in SRC or UAF LIFE programmed activities. A childcare option would encourage greater participation by single parents.

These suggestions, if acted upon, would mean a healthier and happier faculty and staff population. While students participate and are included in all of our activities, it is important that UAF's active and proactive in improving their health and well being. A well-supported and successful wellness program is a small investment with an excellent return--our staff will feel valued and will be more productive. Statistics have shown that the rate of sick leave decreases and savings in health care costs are realized. UAF LIFE is a win-win situation for all involved!

It is our hope that the UAF administration will support our goals and help us make this program successful.

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ATTACHMENT 49/2  
UAF GOVERNANCE COORDINATING COMMITTEE #49  
MAY 3, 2001

The UAF Staff Council passed the following at it's meeting #125 on April 4, 2001:

MOTION PASSED AS AMENDED (unanimous)

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The UAF Staff Council moves to endorse the Health Issues Executive Summary with the following recommendations to extend the benefits to rural sites and provide a one day pass to the Student Recreation Center to new employees.

EFFECTIVE: Immediately