FORMAT 1

Submit original with signatures + 1 copy + electronic copy to UAF Governance. See http://www.uaf.edu/uafgov/faculty/cd for a complete description of the rules governing curriculum & course changes.

		TRIAL C	OURSE OF	R NEW CC	URSE PRO	POSAL			
BMITTED BY:									
Department	Department of Social Human Development			Colle	ege/School	UAI			ural And
Prepared by Veronica Plumb Email contact vmplumb@alaska.edu		lumb	ıb		Phone		Community Developmen 455-2038		
		lu	Faculty Contact		Veronica Pluml				
1. ACTION I	DESIRED (CHECK O	NE):	Trial Co	urse		New Cou	rse	X	
2. COURSE I	DENTIFICATI	ON: De	ept	ECE	Course #	306W	No. Credi	1	3
division	pper/lower status & credits:	B.A. Fa	ss will be used mily Support intensive.	d as a requir Concentrati	ement within th on as well as m	ne Child Develo	pnient a ments of	nd Famil an uppe	y Studies r division
3. PROPOSED	COURSE TIT	LE:	Buildi	ng Bridg	es to Suppo	ort Family	Menta	l Heal	th
YES/NO (Requires	OSS LISTED?	.85	No tments and	If yes, Dept: deans in	avolved. A	Course		f form	for suc
signatu 5. To be ST YES/NO		1	No.	If yes, Dept.		Course	#		
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Demonstration and examples of str	tance to families who live in environments with multi-risk range together to provide the best possible interventions. rategies that help multi-risk families that assists in bringing attion techniques from a variety of theoretical approaches, a programs. $(3 + 0 + 0)$
11. COURSE CLASSIFICATIONS: (unde	
on Page 10 & 17 of the manual. sheet.)	ergraduate courses only. Use approved criteria found If justification is needed, attach on separate
H = Humanities	S = Social Sciences
Will this course be used to for the baccalaureate core?	fulfill a requirement YES NO X
IF YES, check which core requ O = Oral Intensive, Format 6	w = Writing Intensive, Format 7 Yes Natural Science, Format 8
12. COURSE REPEATABILITY: Is this course repeatable for a	credit? YES NO X
Justification: Indicate why to be repeated (for example, the course followhere each time).	the course can N/A
How many times may the course	be repeated for credit? N/A TIMES
If the course can be repeated maximum number of credit hour:	with variable credit, what is the S/A credits that may be earned for this course?
13. GRADING SYSTEM: Specify only LETTER: X PASS/FAIL:	one.
RESTRICTIONS ON ENROLLMENT (if any)	
14. PREREQUISITES ENGL 211X	
These will be required before	the student is allowed to enroll in the course.
15. SPECIAL RESTRICTIONS, CONDITIONS	N/A
16. PROPOSED COURSE FEES \$0.00 Has a memo been submitted through fee approval?	your dean to the Provost & VCAS for Yes/No
17. PREVIOUS HISTORY	
Has the course been offered as previously?	special topics or trial course Yes/No No
If yes, give semester, year, course #, etc.:	N/A
18. ESTIMATED IMPACT WHAT IMPACT, IF ANY, WILL THIS	HAVE ON BUDGET, FACILITIES/SPACE, FACULTY, ETC.
ECE 306W will be offered cross-region	nally through distance delivery methods, or locally from the UAF e UAF campus, there will be minimal impact on facilities/space.
19. LIBRARY COLLECTIONS Have you contacted the library c 474-6695) with regard to the ade	collection development officer (kljensen@alaska.edu, equacy of library/media collections, equipment, and osed course? If so, give date of contact and

ECE F306W Building Bridges to Support Family Mental Health 3 credits

Yes

s X

February 1, 2011; Library collections are adequate. If we need anything, let them know.

20. IMPACTS ON PROGRAMS/DEPTS

What programs/departments will be affected by this proposed action? Include information on the Programs/Departments contacted (e.g., email, memo)

Not aware of any programs/departments that will be affected by this proposed action.

21. POSITIVE AND NEGATIVE IMPACTS

Please specify **positive and negative** impacts on other courses, programs and departments resulting from the proposed action.

There are no known negative or positive impacts on other courses, programs and departments.

JUSTIFICATION FOR ACTION REQUESTED

The purpose of the department and campus-wide curriculum committees is to scrutinize course change and new course applications to make sure that the quality of UAF education is not lowered as a result of the proposed change. Please address this in your response. This section needs to be self-explanatory. Use as much space as needed to fully justify the proposed course.

Current research in the area of family mental health stresses the importance of healthy families. Awareness of challenges developed around relations between maternal depression, mother-child interactions, infant attachment and toddler social-emotional problems and competencies as well as additional psychopathology and environmental risks which can lead to low school success and other social problems, have been related to family mental health.

Work force expansion around home visiting and other family support programs has created a demand for enhanced education focusing on family support issues. People working with families need to be able to recognize and read symptoms that are often attributed to challenges with family mental health. With regard for the importance of family mental health and early childhood work force development in this area, ECE 306W Building Bridges to Support Family Mental Health has been developed to support the request for training.

ECE 306W has been developed to meet the writing intensive requirements at the BA level within the Family Support concentration; a program goal is to have a writing intensive in each concentration.

To course will be offered through an optional 11-week schedule or traditional 15-week schedule. Working with rural students, the CDFS program has been facilitating classes though a pilot program on an 11-week schedule. When this schedule is used, classes begin later in fall and end with the semester dates, and begin with the semester schedule in spring and end in early April. This schedule is meeting the needs of students that participate in subsistence activities in the fall and springs, helping them attend all classes, complete course work in a timely manner. Through the two semesters that this schedule has been used, there has been lower drop-out and higher completion rates in the pilot classes.

Verneah Clino	Date Dept 29,	11
Signature, Chair,		11
Program/Department of: Chuld (Devand Fain Stude	25
	Date	267-05
Signature, Chair, College/School Curriculu Council for:		
	Date	Correspondence (Contraction of Contraction of Contr
Signature, Dean, College/School of:	7 3 4 6 6	
	Date	(DEE)
Signature of Provost (if applicable)	Date	C. San P. Ja
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	MISSION TO THE GOVERNANCE OFF:	
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Yes

February 1, 2011; Library collections are adequate. If we need anything, let them know.

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Please specify positive and negative impacts on other courses, programs and departments resulting from the proposed action.

There are no known negative or positive impacts on other courses, programs and departments.

JUSTIFICATION FOR ACTION REQUESTED

The purpose of the department and campus-wide curriculum committees is to scrutinize course change and new course applications to make sure that the quality of UAF education is not lowered as a result of the proposed change. Please address this in your response. This section needs to be self-explanatory. Use as much space as needed to fully justify the proposed course.

The proposed action is in response to early childhood workforce demand and the need for development of additional knowledge and skill within the area of family Support. This course is also proposed to be writing intensive for the *Family Support* concentration.

To course will be offered through an optional 11-week schedule or traditional 15-week schedule. Working with rural students, the CDFS program has been facilitating classes though a pilot program on a 11-week schedule. When this schedule is used, classes begin later in fall and end with the semester dates, and begin with the semester schedule in spring and end in early April. This schedule is meeting the needs of students that participate in subsistence activities in the fall and springs, helping them attend all classes, complete course work in a timely manner. Through the two semesters that this schedule has been used, there has been lower drop-out and higher completion rates in the pilot classes.

A	PPROVALS:	
	Veronica ha Qunb	Date 9/29/2011
	Signature, Chair, Program/Department of: Child Dev and	1 Fam Studies
	Quel Re Cono	Date 10-5 2011
	Signature, Chair, College/School Curriculu Council for:	teco '
	Peter Pring	Date 10/7/11
	Signature, Dean, College/School of:	,
		Date
	Signature of Provost (if applicable) Offerings above the level of approved programs must the Provost.	be approved in advance by

University of Alaska Fairbanks

College of Rural and Community Development Child Development and Family Studies (CDFS)

Course Syllabus

Course Title: Building Bridges to Support Family Mental Health

Course No: ECE 306 W Credits: 3 (3 + 0 + 0)

Prerequisites: Engl 211X or 213X **Instructor:** Veronica Plumb

604 Barnette Street Suite 220

Phone: 455-2038

E-mail: vmplumb@alaska.edu

Office or Contact hours: Instructor will post office hours for students at first class.

Location: Distance Delivered possibly in conjunction with local Fairbanks site.

Dates: TBA 2012 Times: TBA

ECE 306W will meet 20 times for 2 hours each over 11 weeks.

Text:

Landy, S., Menna, R., (2006). Early intervention with multi-risk families: An integrative Approach Baltimore, MD. Paul H Brookes Pub Co. ISBN 13: 978-1557666918

American Psychological Association. (2009). *Publication Manual of the American Psychological Association*, (6th ed.). ISBN-13: 978-1433805615

Course Description:

Understanding and providing assistance to families who live in environments with multirisk factors requires professionals working together to provide the best possible interventions. Demonstration and examples of strategies that help multi-risk families that assists in bringing together the most effective intervention techniques from a variety of theoretical approaches, parenting strategies and innovative programs. (3+0+0) Prerequisite: ENGL 211X or 213X

Written Intensive:

This course is designated as Writing-Intensive (W). This designation means that the "W" is evident in the course number on the syllabus. The designation applies to upper-division courses and means that a majority of the graded work in the course will be derived from writing activities. Here are the general guidelines for the writing expected in this course:

- *Students will complete an un-graded writing sample on or near the first day of class to help the teacher assess writing ability and general competence.
- *Students will receive comments from the teacher and/or peers on drafts of written work. In other words, students will work through a draft-and-redraft process so that they can

apply feedback and become more effective writers. If students complete a major research project, the teacher will supervise the students' writing in stages.

*Students will have opportunity to individually discuss their writing with the instructor either face-to-face or through audio conference.

As the instructor for this course, I have strived to develop a relevant workload that is streamlined throughout the objectives. I am open to ideas and suggestions that can be done that will alter this course to be more receptive to the relevancy of culture and student needs regarding the topic of family mental health.

Course Goals:

Students will learn about and understand how to help multi-risk families through effective engagement when they may be resistant to intervention. They will discover specific, practical ways to help parents and families in risk situations.

Student Learning Objectives:

At the end of this course students will be able to:

- 1. Articulate the characteristics of multi-risk families
- 2. Evaluate the effectiveness of various early intervention approaches
- 3. Classify parent's defense functioning
- 4. Illustrate needs of parents who have unresolved loss and trauma
- 5. Develop plans for enhancing parents' interactions with infants and young children
- 6. Synthesize strategies to enhance a parent's sense of competence and social support
- 7. Demonstrate understanding of service delivery systems
- 8. Understand and appropriately use the elements of composition
- 9. Writing of relevant topic research papers using APA formatting

NAEYC Standards addressed in this course:

Standard 2: Building family and community relations

Standard 3: Observing, documenting and assessing to support young children and their families

Standard 4: Using developmentally effective approaches to connect children and families

Standard 6: Becoming a Professional

Instructional Methods:

The method of instruction will be a combination of reading assignments, Blackboard (Bb), audio conferencing. Audio lectures will be recorded and blackboard discussion forums continually monitored. Students will demonstrate their understandings of course content and proficiency of skill through assignments and discussion. All assignments will be communicated through the assignments section of the course Bb site. Other communication will take place through email.

Requirements and Assignments:

- <u>Diagnostic composition</u> will be required on the first day. Points will not be taken away for mistakes, but will provide the basis for writing ability. Your composition should be at least 5 paragraphs in length and be properly structured, with correct grammar and spelling. The topic of this composition will be "Specific interests in literacy and objectives you hope to gain from participation in ECE 304w." Please write your composition and attach it within the Initial Diagnostic Composition area within the Assignment section of the class Black board site.
- Reading Reflection: One written response for each chapter of the text will be completed and turned in through the assignments section of Blackboard. Reading reflections will be in response to 5 reading response papers due for 5 article assignments. There are two article options within each section. Please choose 1 option within each assignment and complete. Please complete your reading response using APA formatting. The write-ups will be used as guidance for improvement of the APA formatting required for the final research paper. The reading response papers should be 1.5-2 pages. Reading response papers should address which article you have read, how any emotional responses that developed, questions and thoughts that may have come up, as well as any points you may have learned from the reading. What did you like? Was there anything that you found troublesome? Did you detect any errors in the material? Did it affirm your present beliefs?
- Video Assignment: Students will watch a series of 3 video clips that will be posted on Bb. A one-page response will be written for each of the video clips. Video clip links and specific questions to focus written reflection on will be posted within the content section of Bb.

• Final Paper:

A scholarly paper demonstrating your knowledge on a key aspect of this course, topic to be determined by (Date). An editor (writing center) should review a first draft by (Date). Information regarding the writing center for local or rural students will be posted on the ECE 304W Black Board site. A semifinal draft is due to the instructor for review by (Date). Final completed paper is due (Date), and posted on the Bb site by (Date) as well. **The paper will be written using APA formatting.**

The final paper will be worth 100 points total broken down in the following chart

Student Action	Due Date	Points	Total
Turn in topic of interest	DATE	5	
1 st draft	DATE	5	
2 nd draft	One eve prior to scheduled mtg	5	
Individual meetings developed around the progress of your research paper.	These meetings will be scheduled between DATE	5	

Final	Paper	DATE	70	:
Infor	mal Presentation	DATE	10	

Course Evaluation:

A letter grade will be issued for participants. (Note that you must receive a C or higher for this course to count towards your CDFS BA Degree. Grading is based on:

•	Diagnostic composition	25	8.5%	
•	Reading assignments responses (8@12.5 pts ea)	100	33.3%	
•	Video Assignment	50	17%	
•	Final Assignment	100	33.3 %	
•	Ending Reflections	25	8.5 %	
	Total	300	100%	

All coursework will be evaluated on the following:

- a) Organization
- b) Clarity
- c) Consistency of thought and format
- d) Reflection of course content
- e) Thoughtful assimilation/accommodation with evidence of conceptual connections and understanding of content
- f) Written work contains no or few distracting elements such as spelling errors.

Grade	Points	Definition
A = 100% - 90%	300-270	An honor grade. Demonstrates your work has met and exceeded criteria (a) though (f).
B = 89% - 80%	269-240	Better than the average. Demonstrates that your work has met and moderately reflected criteria (a) through (f).
C = 79% - 70%	239-210	Average. Demonstrates that your work has barely met and reflected moderately on criteria (a) through (f).
D = 69% - 60%	209-180	Below average. Demonstrates that your work has not met one or more criteria (a) through (f)
F = below 60 %	179- below	Student was not able to meet 60% or more of criteria (a) through (f).

Draft Class Calendar

When the class is to be offered, appropriate dates for the semester will be used.

Date	Topic and Assignment
Class Meeting 1)	
	In class today
	Review course expectations; introductions;
	Following discussion will include thoughts for field experiences
	Preparation for next class:
	Reading Assignment: Chapter 1 Early Intervention with Multi-risk Families
	All classes will be recorded
	To retrieve recording at a later date:
	Dial 1-800-230-8546
	Use your normal participant pin which is 8930399.
	You will be asked to give the date in a 6 digit number. For the September 10

	class meeting it would be 091008. You will then be asked to give the chapter code. We will use 0 Listings for retrieval codes of following days will be posted on the announcement page of blackboard.
Class Meeting 2)	
, o	In class today:
	· · · · · · · · · · · · · · · · · · ·
	Lecture Topic: Characteristics of multi-risk families
	Group discussion
,	Preparation for next class:
	Homework: Reading Response Chapter I
	Read through peer responses and pick one to respond to.
	Reading Assignment: Chapters 2 and 3 Early Intervention with Multi-risk
	Families.
Class Mastins 2)	Tummes.
Class Meeting 3)	
	In class today:
	 Lecture Topic: Evaluation of the effectiveness of various early
	intervention approaches: Implications for practice
	An Integrative Theoretical Framework for Early Intervention with
	Multi-Risk Families
	TAGIN INDIC (WITHINGS
	Dranavation for next class
	Preparation for next class:
	Prepare one topic question for group discussion
Class Meeting 4)	
	In class today:
	Group discussion
	Preparation for next class:
	Homework: Reading Response Chapter 2 and 3
	Read through peer responses and pick one to respond to.
	Reading Assignment: Chapter 4 and 5 Early Intervention with Multi-risk
	Families.
Class Meeting 5)	
	In class today:
	Lecture Topic: Illustrative Case Studies
	Reaching and Engaging Multi-risk Families
	Reaching and Engaging Water Fish Fallines
	Propagation for payt alocs
	Preparation for next class:
	Prepare one topic question for group discussion
Class Meeting 6)	
	In class today:
	Group discussion
	Preparation for next class:
	Homework: Reading Response Chapter 4 and 5
	Read through peer responses and pick one to respond to.
	Reading Assignment: Chapters 6 and 7 Early Intervention with Multi-risk
	Families
OI 14 11 T	rumnes.
Class Meeting 7)	
	In class today:
	 Lecture Topic: Improving Parents Defense Functioning
	 Enhancing Parents Self Reflectivity and Empathy for the Child
	Preparation for next class:
	Prepare one topic question for group discussion
Class Meeting 8)	Trepare one topic question for group diseasion
Class Meeting o)	In class todays
1	In class today:

	Group discussion
	Preparation for next class:
	Homework: Reading Response Chapters 6 and 7
	Read through peer responses and pick one to respond to.
	Reading Assignment: Chapter 8 Early Intervention with Multi-risk Families.
Class Meeting 9)	
	In class today:
	Lecture Topic: Enhancing Parents' Sense of Competence and Social
	Support
	D
	Preparation for next class:
Class Mastins 10)	Prepare one topic question for group discussion
Class Meeting 10)	In along to down
	In class today:
	Group discussion
	Preparation for next class
	Preparation for next class: Homework: Reading Response Chapter 8
	Read through peer responses and pick one to respond to.
	Reading Assignment: Chapter 9 Early Intervention with Multi-risk Families.
Class Meeting 11)	Treating resignment. Chapter 2 Daily thervention with white-risk Publices.
Class Meeting 11)	In class today:
	Lecture Topic: Helping Parents who have Unresolved loss and trauma
	Lecture Topic. Helping Falcius who have Officsofved loss and trauma
	Preparation for next class:
	Prepare one topic question for group discussion
Class Meeting 12)	1 repaire one topic question for group discussion
Class Meeting 12)	In class today:
	Group discussion
	Group discussion
	Preparation for next class:
	Homework: Reading Response Chapter 9
	Read through peer responses and pick one to respond to.
	Reading Assignment: Chapters 10 and 11 Early Intervention with Multi-risk
	Families.
	Arrange student instructor conferences regarding final assignment and
	writing.
Class Meeting 13)	
	In class today:
	Lecture Topic: Enhancing Parents' Interactions with Infants and
	Young Children
	Encouraging Emotion Regulation in Parents
	Preparation for next class:
	Prepare one topic question for group discussion
Class Meeting 14)	
	In class today:
	Group discussion
	Preparation for next class:
	Homework: Reading Response Chapters 10 and 11
	Read through peer responses and pick one to respond to.
	Reading Assignment: Chapters 12 and 13 Early Intervention with Multi-risk
	Families.
Class Meeting 16)	
	In class today:

	Lecture Topic: Enhancing Parenting Knowledge and Encouraging
	Positive Attributions of the Child
	Enhancing Parents' Problem-solving and Planning
	Preparation for next class:
	Prepare one topic question for group discussion
Class Meeting 17)	
	In class today:
	Group discussion
:	
	Preparation for next class:
	Homework: Reading Response Chapters 12 and 13
	Read through peer responses and pick one to respond to.
	Reading Assignment: Chapters 14, 15 and 16 Early Intervention with Multi-
	risk Families.
Class Meeting 18)	
	In class today:
	Lecture Topic: Pulling it all together
	Preparation for next class:
	Prepare one topic question for group discussion
Class Meeting 19)	
	In class today:
	Group Discussion
	Sharing projects
	Preparation for next class:
	Video Assignment. Details and specific video links are posted on Bb
Class Meeting 20)	In class today:
	Sharing Projects
	We are done with class meetings.
	Complete Final Research Project Have turned in no later than XXXXXX

Student Support Services:

The University has many student support programs. If you need assistance please contact any of the following service programs or departments.

UAOnline

http:// uaonline.alaska.edu/

Your resource for transcripts, accounts and other personal information

Disabilities Services:

The Child Development and Family Studies program will work with the Office of Disability Services to provide reasonable accommodation to students with disabilities. Disability Services provide a variety of services to assure equal access for all students. Interpreting services, educational assistants, note taking, and exam accommodations for students are the most frequently provided accommodations.

The Office of Disability Services implements the Americans with Disabilities Act (ADA), and insures that UAF students have equal access to the campus and course materials. (203 WHIT, 474-7043) I will work with the Office of Disabilities Services to provide reasonable accommodation to students with disabilities.

Disability services also provides assistance to the university's rural campuses; Bristol Bay, Chukchi, Interior-Aleutians, Kuskokwim, and Northwest. Questions should be directed to the Director of Disability Services at (907)-474-5655.

http://www.uaf.edu/disability/

Representatives from the office also regularly meet students in the CTCC building. Check with the CTCC student services for more information, 455-2851 or 2849.

UAF Office of Disability Services 612 N. Chandalar, PO Box 755590 University of Alaska Fairbanks Fairbanks, Alaska 99775-5590

Phone: (907) 474-5655 | TTY: (907) 474-1827 | Fax: (907) 474-5688

E-mail: fydso@alaska.edu

Writing Center

http://www.alaska.edu/english/studentresources/writing/

The Writing Center is a student-staffed, student-oriented service of the English Department.

801 Gruening Bldg., P.O. Box 755720

Fairbanks, Alaska 99775-5720

Phone: (907) 474-5314 Fax: 1-800-478-5246

* The UAF Writing Center and Computer Lab offers free writing tutoring to any student in any subject via telephone and fax or over the Internet. Students can call 907-474-5314 for information on how to fax a paper and have it tutored over the telephone, or engage in an interactive Internet session. Both services are free.

Rural Students Services

http://www.uaf.edu/ruralss/

Rural Student Services (RSS) is an academic advising department with over 35 years of experience in working with students from all over the state of Alaska. We are here to assist you in achieving student success by linking you to current information pertinent to your education, lifestyle, and goals. RSS is known for its welcoming and friendly environment. Many students find meaningful connection at UAF through RSS. We can help you with:

- Academic requirements
- Registration for classes
- Finding financial aid
- Explaining housing options
- Declaring a major
- Career exploration

CONTACT US AT:

P.O. box 756320, Fairbanks, AK 99775-6320 1-888-478-1452 (toll free within Alaska) or (907) 474-7871 Email us at fyrss@uaf.edu

Library Services for off campus students http://library.uaf.edu/offcampus Off-Campus Library Services is a unit set up to serve rural UAF students and faculty who do not have access to appropriate information resources in their town or village. We work in support of The College of Rural & Community Development and The Center for Distance Education and Independent Learning.

We can supply your information needs for the courses you are taking. For example, if a research paper is required in the teleconference or correspondence course that you are taking, you can contact us, explain your information need, and we will send library materials to you so that you can write your paper.

Contact us at Off-Campus Services, Elmer E. Rasmuson Library

310 Tanana Loop, PO Box 756800 Fairbanks, Alaska USA 99775-6800

Phone: 1-800-478-5348 Email: fyddl@uaf.edu

For more off campus help go to:

http://www.uaf.edu/library/instruction/ls101/other/Distance Resources.html

Computer, Internet and Software

Problem: you cannot get your email Make sure your Internet connection is working; to test it, you can try to go to a new web page and see if it loads.

- If you are having problems with a UAF account, you will need to contact the **UAF help desk 1.800.478.4667**. If it is another company's account, you will need to contact their customer support. There is very little we can do to assist you as we have no control or access to the computers that serve the email.
- Check with your email program's Help.

Problem: you forgot your password

• Only the organization that issued your password can do anything to change it. You will need to contact them. For UAF email and Blackboard it is the UAF help desk 1.800.478.4667. For most web services there is a link you can click if you forgot your password. I also recommend writing them down somewhere for back up.

Problem: you are having problems with Blackboard

• You will need to contact the Blackboard administrator, at: http://classes.uaf.edu/ Office of Information Technology Help Desk 474.6564 or 1.800.478.4667.

Fair .